

New And Old Ways

(Continued from Page B6)

CHEESY POTATO SKINS
 12 potatoes about 3 inches long
 1/2 cup butter
 1/4 cup chopped onion
 1 cup chopped green pepper
 1 cup chopped zucchini
 10 slices bacon, cooked and

crumbled
 2 1/2 cups shredded cheddar cheese
 3 tablespoons grated Parmesan cheese
 1/2 teaspoon pepper
 Sour cream, if desired
 Bake potatoes using conven-

tional or microwave oven. Split potatoes horizontally. Scoop out insides, leaving about 1/4-inch shell. Preheat oven to 450 degrees. Bake potato shells 15 to 17 minutes, or until crisp. Meanwhile, saute onion, green pepper and zucchini in butter until tender-crisp. Combine sauteed vegetables, bacon, cheeses and pepper. Fill each crisped potato skin with 2

tablespoons cheese mixture. Broil 4 to 6 inches from source of heat until cheese is melted and bubbly. Serve immediately, garnished with sour cream.

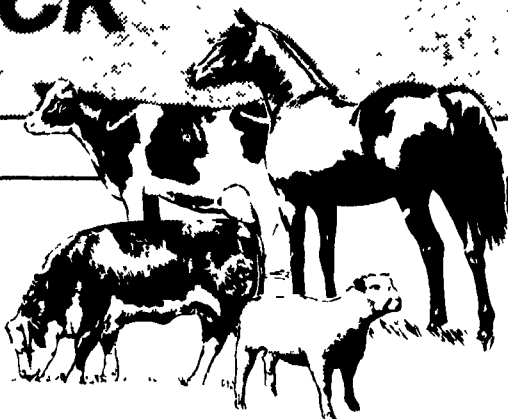
MICRO-QUICK SPICY BEEF TOPPED POTATOES
 1 pound ground beef
 2 large baking potatoes

1/2 cup chopped onion
 1 jar (12 ounces) prepared medium picante sauce
 1/2 teaspoon salt
 2 slices (1 ounce each) Cheddar cheese, cut diagonally into quarters
 Sliced green onion
 Scrub potatoes, prick each with a fork. Microwave at High 8 to 10 minutes rotating 1/4 turn after 4 minutes. Let stand while preparing topping. Combine ground beef and onion; arrange in a ring in all-plastic sieve or small colander. Place sieve in microwave-safe bowl; microwave at High 3 minutes; stir after removing from oven. Pour off drippings. Place beef in same bowl. Add picante sauce, stirring to combine. Microwave on high 1 to 2 minutes or until heated thoroughly. Cut potatoes in half lengthwise; break up and fluff pulp with fork. Sprinkle with salt. Spoon an equal amount of beef mixture over each potato half. Top each with an equal amount of cheese; tent loosely with foil and let stand 1 minutes. Garnish with sliced green onion.

Pennsylvania

FORAGE - LIVESTOCK DAY

Beef • Dairy • Horses • Sheep



Wednesday, July 19, 1989, 9 am to 8 pm
 Milton Hershey School - Hershey, PA
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HIGHLIGHTS OF WALKING TOUR

(open all day - on your own)

- Latest in Forage Management Techniques
- NIR Van Demonstrations
- Year Round Forage Systems For Livestock
- Pasture/Grazing/Fencing Demonstrations
- Brassicas For Forage
- Alfalfa and Clover Research Trials
- Alfalfa Gross Mixtures
- Hay in a Day Demo

SPECIAL EVENTS

- 10:00 am - Discussion -Forages, Quality and herd health
 Dr. Charles Gardner, DVM
- 11:00 am - Forage Plot Harvesting and analysis - Forage Mixtures
- 1:00 pm - Repeat of Discussion - Forage Quality and Herd Health
 Dr. Charles Gardner, DVM
- 2:00 pm - Hay in a Day Demo
- 3:00 pm - Feed Ration Formulation
 NIR Van Demonstration
- 4:00 pm - Discussion on Pasture Management for Livestock
 Tom Calvert
 Sid Bosworth
- 6:00 pm - Repeat Hay in a Day
- 7:00 pm - Discussion - Health and Pasture Management
 Considerations For Horses
 Dr. Scott McAllister, DVM

Don't Miss Our Hay Judging Contest!

Direction signs will be posted for visitors

Day sponsored by PFGC in cooperation with PA sheep and Wool Growers Assoc., Penn State College of Ag, SCS & Ag Industry. Hosted by Milton Hershey School Farm.

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