

Oriental Dish Wins Beef Cook-Off

ROME, NY — Winner of the first prize in the indoor category at the 1989 New York Beef Cook-Off is Aline Ballentine, a resident of Wawarsing. Her winning dish was Chiang Mai Steaks. The New York contest was held April 29th in Syracuse at the State Fairgrounds.

Aline will join other state Indoor Category winners from across the country at The National

Beef Cook-Off to be held in Portland, Oregon from September 17-19th. As the winner of the New York contest Aline takes home \$200 plus an additional \$500 towards her expenses to compete in Portland, where she'll be vying for the \$5,000 top prize in the Conventional category. Plus she'll have a chance at the \$10,000 prize for Best Of Beef.

The winner of the Outdoor Barbecue Category in Syracuse was Wally Saglett of Canandaigua. She prepared for the judges Wally's Flank Steak and takes home the \$200 top prize in the category. Her recipe along with others from The New England Region will now be prepared for a professional panel of judges by The Meat

Board Test Kitchens. The regional winner selected also will compete in Portland for \$5,000 plus the chance at The \$10,000 Best Of Beef prize.

The New York Beef Cook-Off was sponsored by The New York Cattlewomen in cooperation with The New York Beef Industry Council, Inc.

Chiang Mai Steaks
 4 tenderloin steaks 1" thick
 ¼ teaspoon salt
 3 tablespoons flour
 1 tablespoons butter
 1 tablespoon oil
 2 teaspoons curry powder*
 2 tablespoons peanut butter
 Coconut milk (below)

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Ida's Notebook

Ida Risser



Yesterday I spent 13 hours registering people to vote in the primary election. It is the one time that I get to see a lot of my neighbors. Long ago there was more small community interaction as people gathered at small country churches and in the summer for Sunday School picnics. Now we seem to jump in our cars and travel to a distant church or find our entertainment across the country somewhere. Then we complain about the congested roads.

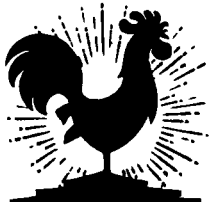
This will be a busy week for me as I plan to attend a May luncheon in Lancaster. And, I must decide on a salad to take along to the luncheon. I'm much better at preparing a variety of desserts. Recently I took an "Apple Torte" to a gathering and was complimented quite a bit for my "walnut" cake. Yes, I did put black walnuts in it which I had cracked but I

didn't think it was a big deal. The other ladies told me they would not take the trouble to crack hard black walnuts. I agree that it takes time but you can always do it while watching the evening news on television. I simply must get those bags of walnuts, hanging in my cellar, used before they get too old and rancid.

While I was writing this article the phone rang and a local grocery store told me that I had won a "fabulous prize" of ten dollars off my next grocery bill. Now I shall have to decide what to buy that is special and not usually on my list -- maybe apricots or pineapples.

When I was a young girl we called May 30 "Decoration Day" and we took some of our dark red peonies to the cemetery to put on graves of relatives. This year May 29 will be commemorated as "Memorial Day" and I'll try to

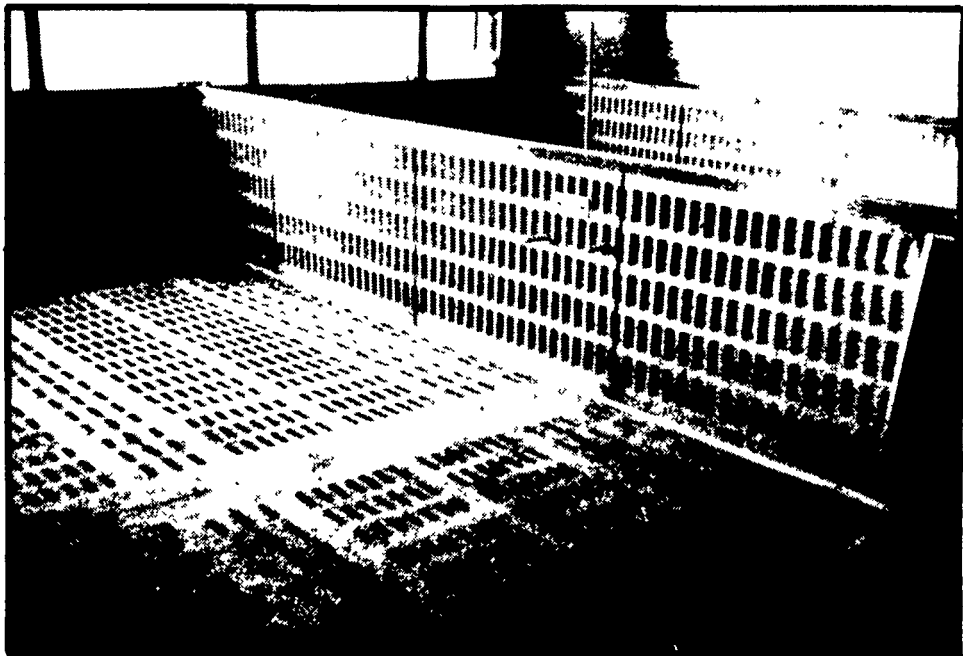
take some of my pink peonies and large blue iris to the graveyard where my parents and sisters are buried. Ancestors from both sides of my family are buried in the Landis Valley Cemetery. Some of the earliest gravestones are for Shreiners and Landises.



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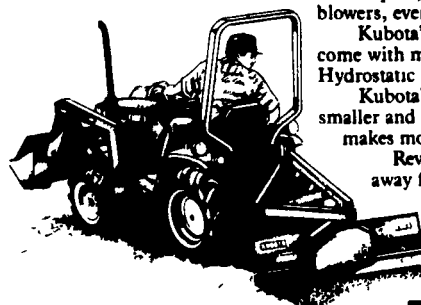
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