



Have You Heard?

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PREVENT REFRIGERATOR AND FREEZER ODORS

Today's refrigeration appliances boast many innovative features that help solve our food storage concerns. But one problem manufacturers cannot help solve is unpleasant food odor in the refrigerator or freezer.

There are several causes of refrigerator-freezer odor. Some of the more common ones are:

- * Foods stored uncovered or improperly wrapped.
 - * Poor maintenance - spills not being wiped up right away.
 - * Foods left in the refrigerator too long.
 - * Power or mechanical failure that causes food spoilage.
 - * Cleaning agents leaving a strong chemical or fragrant odor.
- The best way to deal with odors is to prevent them. Here are several ways you can avoid refrigerator-freezer odors.
- * Discard leftovers, vegetables and dairy products that are beyond safe keeping.
 - * Promptly clean any spills.
 - * Clean the refrigerator once every two weeks, as needed. When cleaning, remember to take

out all shelves and other removable parts and wash them with warm soapy water. Wash the inside walls and floor of the appliance with a solution of two tablespoons of baking soda to one quart of warm water.

* Cover or wrap foods stored in the fresh food section of your refrigerator. Cold, dry air will cause food that is not covered to dry out while it gives off odors inside the refrigerator.

* Also, the drip pan must be cleaned. The drip pan is under the unit and is frequently forgotten because it is out of sight.

To cure existing appliance odor problems, I recommend:

- * Washing your appliance with a baking soda solution.
- * Activated charcoal can be obtained at your favorite drug-store. Spread the charcoal into shallow pans and place them on your refrigerator and freezer shelves.
- * Pour dry baking soda in shallow pans and place them on your refrigerator and freezer shelves.
- * An unusual but effective technique is to remove all food items, pack each shelf with newspaper and sprinkle the newspaper lightly with water. Allow the refrigerator to run for a few days, then replace

the newspaper. This technique may take five to six days, but can eliminate strong odors.

Here are a few final tips. There are many commercial cleaning products on the market that merely mask odor and do not get rid of it; other products are hazardous to use around a food-storage appliance. Read product labels carefully to determine the best use. Also, never keep the doors closed when a refrigerator is not running. Allow enough air to circulate into the appliance to prevent odor, mold and mildew from building up.

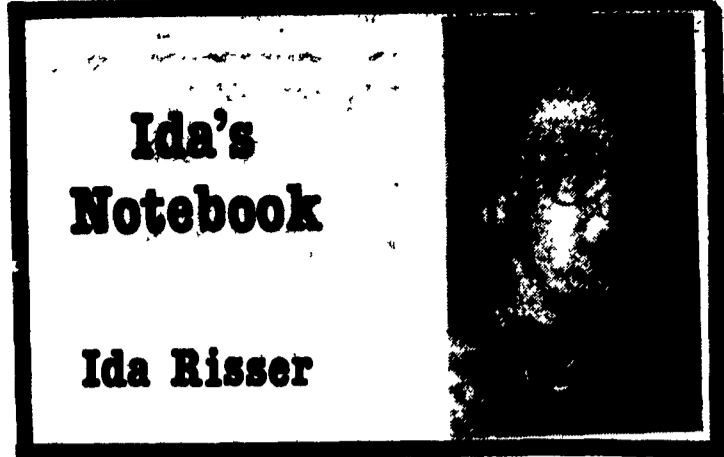
With these basic maintenance techniques you should be able to keep your appliance in odor-free operation.

Sewing And Crafts For Profit

LANCASTER — Do you have a desire to turn your craft or sewing skills into a business? Interested in learning more about a home based business as a means of increasing your income? Sewing and craft oriented, home-based businesses include specialties like drapery and home furnishings, custom-sewing, clothing alteration, bridal wear, quilting, crafts, soft toys and many more.

Home-based businesses are on the increase. Individuals are deciding to stay home to work. Some of the reasons given are the increased flexibility of time schedules, the reduction of rent and transportation costs and being your own boss as well as doing something you enjoy.

This one-day seminar is sponsored by Penn State Cooperative Extension and will be held at the Lancaster County Farm and Home Center in Lancaster. It is scheduled for Monday, April 24 from 9:30 a.m. to 3:30 p.m. Advanced



As you read this article, my husband and I expect to be in Ireland. We've been planning this trip for several months. We got passports and plane reservations a few weeks ago.

I feared my garden might not be planted before I left but somehow it was managed. You see, I had a problem finding someone to rotate the soil. And, even now I think it might have to be done over again. But the sugar peas, lettuce, radishes, onions and lettuce have all been sown.

Probably I'll be telling you a lot about our trip in the next few weeks but today I'd like to reminisce about the World's Fair of 1939. I'm sure that many people over 50 have fond memories of this spectacular tribute to George Washington with its trademark of a perisphere and a trylon.

registration by April 14, of \$20 is required. This includes lunch and all materials.

The morning program features Robin Leidhecker, Color/Image Consultant and Sewing Specialist. Her topic will be "The Art of Juggling Time and Family Effectively." She will cover tips on balancing your time effectively between your business, your family and other responsibilities.

The New York Historical Society is exhibiting many photographs, cards and souvenirs to commemorate the 50th anniversary of the fair which, when it closed in 1940, had entertained 45 million people.

I was privileged to visit the fair not once but twice. It remains as one of my more pleasant memories. The first time was a bus tour with high school students. It was probably the first time that I had gone that far from home and had a chance to see a big city like New York. One scene stays in my mind and that was the very beautiful display of colored fountains that shot up and down over Fountain Lake in response to orchestra music. I'm surprised that I was allowed to be there alone at night.


Another time I visited the World's Fair with my grandfather, mother and sister. We traveled by train from Lancaster and admission to the fair was seventy-five cents. Some mementos that were in our home long afterwards were a pickle pin from Heinz 57 Varieties and a small, plastic perisphere and trylon. The musical horn on the small transportation carts were also a trademark of the fair. One thrilling experience of this long ago fair was the parachute jump. It brought my stomach up to where my heart should have been. Years later, when I vacationed in New York City, I discovered it had been moved to Coney Island.

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