

# The Greene Philosophy:

(Continued from Page B2)

They've been to Europe twice, Hawaii once and gone "around the world in 80 days" on the QE2. They love to travel and pledged to do so while they could enjoy it to the fullest. They earned the money the hard way. Said Mary, "The whole time we had the dairy, we just kept our heads right to the grindstone. In fact, I can hardly remember ever going out to dinner all the time we had dairy cattle." Still, they've done just about everything anybody could want to do. Said Mary, "If we die tomorrow, we can't complain. It's been wonderful." And their travels have

only made them more fully appreciate what they have at home. Said John, "There's no nation on earth that's been blest like this country." The idea to share their inspirational story with others first came from Dr. B. Leonard Snider, an Erie dermatologist, and Dr. Barry D. Stamm, Chief Ophthalmologist at Hamot Hospital in Erie. The book, hot off the presses, has been endorsed by the Erie Diabetes Association. Mary had Dr. David Kirkpatrick read it over for medical accuracy. He indicated that it gave "support to the beginning diabetic to let them know that they can lead a normal life."

Other "diabetes how-to" books lay out "dos and don'ts" but Mary has a real ministry to the diabetic. She knows what it is to go to work with it and live with it. She gives no medical advice. She just speaks from her experience. Needless to say, Mary is in demand as a motivational speaker for diabetics. She is scheduled to speak at the spring rally of the American Diabetic Association, Harrisburg.

When she first wrote her book, a publisher wanted to make it into a sympathetic "feel sorry for Mary book." That's not what she had in mind. The book presents the

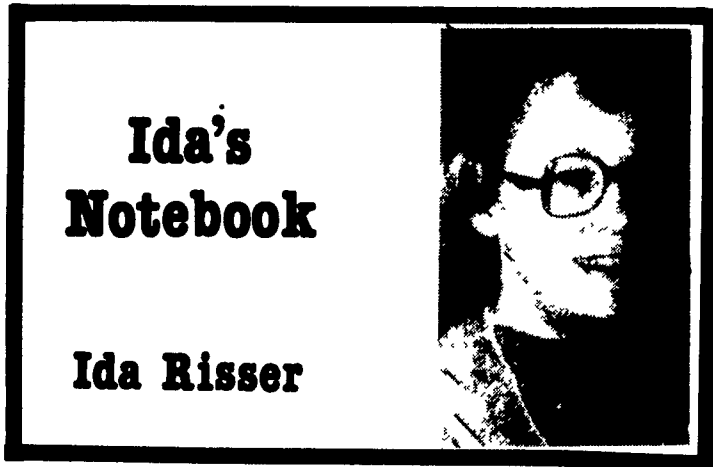
They even surprised us by inviting another couple who I knew. We were shown his big garden and allowed to pick a box of large red raspberries from some bushes in their yard. I had taken some of my garden sweet corn along for them.

We did a bit of fishing from the shores of the Susquehanna River and also Lake Stevens as we hadn't taken our boat along on the trip. I caught three small perch but threw them back. On the way home we stopped at Arnot and saw a couple that we met on the Alaska trip last year. He has a large flower garden.

Greene's basic philosophy of life. It is a personal gift. When you read it, you feel you know Mary and John Greene. Said Mary, "When I think back to 1947 when I as a young girl first faced the reality of life with diabetes, my life, I'm sure, would have been much easier had someone written their story for me."

Mary Cooper Greene's book is available for \$12.95 (plus PA sales tax) from Greene Associates, P.O. Box G, Springboro, PA 16435-9666.

When all is said and done, let it be said that the Greenes have enjoyed life to its fullest. They haven't let anything hold them back.



We had very pleasant weather for our trip to New York State. The first night was spent with our daughter, Cindy, who cooked us a nice venison meal. Then she drove us through game lands in Wyoming County and we saw five deer, one racoon and one porcupine. I'd never realized before how awkwardly a porcupine moves. This large rodent with its stiff sharp bristles lumbered across the road in front of us as we moved slowly through the woods.

We were lucky in finding the three couples that we visited as we only had their addresses. Yet each

time that we phoned, we were only a few blocks or a few miles away.

The first couple in Homer, N.Y. had recently moved from their poultry farm into a house in town. They showed us their home and garden and insisted that we stay for lunch. She even gave me several zucchini recipes as I'd taken some along for her.

The next family lived near Auburn, N.Y. — I had not seen them since 1981 when we went to Europe together. Their farm house had burned last year and a new one was built on the old foundation.



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