Yules Pride Farm (Continued from Page A28)

results in a 35,000 lb. producing 2-year-old which is gone by age 4. Here's where the cow's family can provide performance records over a decade.

Sires used in the Yules herd are

mostly Canadian, but which are really American sires sold to Canada: Hilltopper Warden, Hanover Hill Starbuck and Kingstead Valiant Fab. Also, an American bull, Bearpath Fantastic.

Dick Yule has practiced a lifelong method of improving his work and making life interesting. He sets goals. When he attains one,

Cholesterol

(Continued from Page A1)

ress Day here last week, McCharen said that it looks like new facts will show there's no reason for the general public to restrict egg consumption because of cholesterol.

While the standard of 300 milligrams of cholesterol per large egg has been the standard, McCharen expects the new figures to come in at about 240 milligrams. At that level, even a treatment diet for high blood cholesterol will allow three egg yokes per week. Some of the reason for the optimism has been the recent tests by the Pennsylvania Department of Agriculture to confirm or disprove claims of low cholesterol in eggs from Lancaster County producers.

"We've known for a long time that the USDA data was based on weak research done in the 1940s. Now not only has the analytical chemistry changed, so has the egg industry. In fact, there's no basis for the quantitive recommendations for dietary cholesterol. It's intuitive," McCharen said.

For some reason 300 milligrams per day was picked and everyone started to repeat the figure. McCharen said the Egg Nutrition Center works with health professionals in nutrition education, works in supermarket on consumer education, works with media relations, and conducts research.

When the final figures are in, McCharen said she believes they will have a new major news story. In another topic during the day-

long session, Mitchell Woodward, Nutrition Management Specialist, said excess manure management is something we are going to continue to be faced with if we are going to farm as we have in the past. Woodward said profitability and safety were two major concerns. He discussed the farm nutrient management plan that uses computer programs developed by Penn State University to help balance the more nutrients with crop needs. "That's really how we are going to control the excess problem," Woodward said.

Woodward said that over 70% of the soil tests that come from Lancaster County have excessive nutrients. As the nutrient level increases, Woodward said the possibility of the profitable response to fertilizer application decreases and the possibility of ground water contamination increases.

Dr. Hugh Johnson, Director of Poultry Department, American Farm Bureau Federation, discussed the animal welfare movement and said the group wants to eliminate animals from food, research and pleasure. Johnson listed the media, legislative action and the legal defense fund as methods this group uses to oppose agricultural animal programs.

This Sixth Annual Poultry Progress Day was sponsored by the Education Committee of the Lancaster County Poultry Association and the Penn State Extension

A34-Lancaster Farming, Saturday, March 12, 1988 he sets another. This probably started as early as kindergarten. He accompanied his father to a cattle sale at that early age where his father bought a registered breeding bull. That registered quality stuck with him. As he got older, he set his mind on owning registered cattle.

When he was in fifth grade, he skipped school one day, rode his bicycle 14 miles to a cattle sale where he bought a registered heifer with his savings. He led (or tried to lead) the heifer home behind his bicycle. The task was not an easy one and he was spotted by a state trooper. The trooper made a call to Dick's home to an unsuspecting mother not aware of her son's "school day" activities. His mother's wrath was properly administered, but the calf was bought and taken home to his residence which at that time was no longer in a farm setting. The only shelter available was the garage.

The heifer created a whole new family life for Dick and his parents. Weekend trips were made without Dick who had to stay home to care for his stock. But, he showed the calf and purchased other calves. Eventually, he had acquired five head in the garage. When he reached age 13, he got a job on a farm, took his small herd with him and made the farm his home until he got married. This was 1962. His small herd had grown to eleven. He bought an additional 30 head and he and his new wife Virginia went into farming. That was 26 years and seven children ago.

The Yule children have helped on the farm as they were growing up, but only 16 yr. old Dan works on the farm at present. One other of the children, Dottie, has gone into farming with her husband in West Winfield, N.Y.

Darline, 10, and Daphne (both at home) are in 4-H. Both showed calves at the 1978 Bloomsburg Fair. Darline was first in Class and 2nd in open for Sr. calf. Daphne was 2nd in class for yearling.

Dave Yule is working locally and Diane just finished college majoring in the field of human services. Another daughter, Debbie has remained in New York with her family.

The Yules travel all over Pennsylvania to attend Jr. Holstein Asso. Conventions. Dick acts as advisor to this group. There are nearly 1800 members statewide. The Yules have been very active with young people. They were 4-H leaders for four years prior to this recent advisory post.

Last October, Dick took on a

full time helper, Randy Sones. Along with son Dan, the two can manage the farm on occasions when Dick and Virginia attend conventions and other related meetings which may take them away for several days.

With all the pressing duties Dick and Virginia seem to accomplish, they also find time for hobbies. Each winter Dick tries to make some piece of furniture for the house. Last year it was a cherry corner cupboard. This winter he's working on a pair of oak end tables. Virginia enjoys wooden craft construction. She also paints. One of her attractive pieces hangs in her kitchen, a scene of the Yules farm reproduced on a replica of a cross cut saw.

Dick has already set his next goal -- to have a 1988 Progress Breeders Award added to his bronze plaque. If past experience has any value in attaining this award or in the effort put forth toward that end, the dairy industry can only benefit from Yules Pride Farm's dedication.

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