

Four Judges Named For Farm Show Recipe Cookoff

Three home economists and a chef have been selected by the Pennsylvania Dairy Promotion Program to judge its low-calorie, low-fat recipe cookoff on January 11 during Farm Show Week.

Now in its third year, the Make-it-with-Milk contest is co-sponsored by the Penn State Cooperative Extension and the Pennsylvania Department of Agriculture.

The judges are Nancy Covert of DuBois, the County Extension Director for family living in Jefferson County; Beth Whitman of Bethlehem, an agent with the family living extension in both Northampton and Lehigh Counties; Marg Melhorn of Mechanicsburg, who heads the family living extension in Cumberland County; and Charles H. Gipe, Jr., who heads the food services curriculum of the Dauphin County Technical School.

The low-cal, low-fat theme is a first for the Pennsylvania Dairy Promotion Program and possibly Pennsylvania itself, according to PDPP Marketing Manager Donna Verner who announced the judges.

Verner noted that the contest was "right in step" with the PDPP's low-fat White Lite campaign.

The contest has been updated in several ways, she said. First, the grand prize is \$1,000, a record for the contest. Secondly, the contest has targeted main dish recipes only. And thirdly, the seven finalists will compete in a cookoff in

January, 1988.

In accepting the invitation to judge, Beth Whitman pointed out that the contest offered "alternatives" for consumers who prefer low-fat dairy products, and felt it complimented her work as an extension home economist.

The judges will score the seven finalists on effective use of low-fat dairy products, taste and visual appeal, originality and creativity, ease of preparation and nutritional quality.

The cookoff will be held at the Pennsylvania Academy of Culinary Arts in Camp Hill, PA.

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One Matag wringer washing machine, round tub, good condition \$100 Lanc Co. 717-354-9357.

24 nice Yorkshire feeder pigs 25-30 lbs 3 good young sows, 3 farrowing crates. Schuylkill Co 717-345-8980.

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Oliver combine, pull type, 7' cut, with auger, worn but works. Make offer. Berks Co. 215-944-8371.

Manure spreaders: JD 34, Int. 550, single beater w/ endgate, Percheron 12 yr. horse; Zimmerman 24' feeder wagon. Franklin Co 717-532-3989.

Parts for Grove rear unloading forage box, gear box, sprockets, shafts, web. Franklin Co 717-328-5206

Thunderbird 16' boat 35HP motor and trailer \$800 Seats need recovered and motortuned Winter project. Cumberland Co 717-532-4544 eves

Antique boards out of an old blacksmith shop located 1 1/2 mis. W. of Intercourse along Centerville Rd. S.L. Stoltzfus, 351 E. Eby Rd., Leola, PA 17540.

Two Guernsey heifers due till Feb. N897 left on Fivepointville Rd., right on Kramer Mill Rd., first farm on right. Lanc. Co.

AKC cocker spaniel pups, 6 wks. PS Do not stand good After sold shots and wormed. Lanc. Co. 717-665-5437.

Eight yr. old standardbred carriage horse, needs work. Also hydraulic unit. Henry L. Beiler, 534 Liberty Lane, Kirkwood, PA 17536

450-G Farnall WFE, new rear tires. Best offer. 717-354-8745 or 355-2231

Milking eq 200 tank, 450 gal tank, milkers bray breeding chart J.J. Herschberger, 1148 Goshen Mill Rd., Peach Bottom, PA 17563

AC Mod. 60 no-till corn planter liq. fert., monitor, excellent condition \$2500 OBO 717-249-2300.

National boiler ideal for-stoker, sawdust wood, Cub engine w/clutch & pulley, 3 bottom semi-mounted plows, JD 3 pt. rotary mower. Westmoreland Co. 412-696-4225.

Stratford coal stove used one month \$850; RCA color console TV, good condition \$200; Early American coffee table \$50. 717-354-8507.

JD 8250 drill, double disk, fert., grass, seed, excellent cond. \$2400 OBO Must Sell. Montour Co. 717-437-2721.

(Grade) Holstein heifer due Jan. 17. Lanc. Co A B Zook, 5701 Buena Vista Rd., Gap, PA 17527

Large Bolney and sausage stuffer, NH 402 crimpers and 455 mowers; NI 12A, 17, 18, 206 manure spreader. 717-656-9733

Large butchering hog wanted. Rollaway egg nests Amos M Fisher, 494 White Oak Rd., Strasburg, PA 17579.

Blue-ribbon reg. Holstein heifer due to calve early March. Adams Co. 717-528-4543 after 7PM

24" sawmill planer 4 sided \$2200; 30" cordwood saw, elect., \$850; 4x8' wall forms, steel frames \$50 ea. OBO. Northumberland Co. 717-286-5306.

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