

Amazing Apple Uses

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fruitgrowers, explained that the cherry-flavored candy coating is heated to 300 degrees before the apples are hand-dipped. Both the candy coating and the caramel coating require constant stirring. A volunteer crew of fruitgrowers and Jaycee members coated five bins, containing 25 bushels of apples each, at the festival.

The popular apple theme is also carried over in the handicrafts. One of the most popular exhibits at the festival are the applehead dolls created by Gladys Sweigard, Halifax. Gladys explained that she carved her first doll head when she was nine years old to make herself a doll. Carving became a life-long hobby for her and when she started teaching youngsters to carve, she revitalized her own skills.

She started attending the festival 10 years ago. Gladys remembers that she was happy if she sold five of her dolls then. But, reflecting that her business has grown right in stride with the festival, this year she brought along 300 dolls for display and anticipates sale of well over 100 of these.

Gladys explains that the head is carved from any variety of unripe apple and then dipped in a lemon water and salt mixture. It is allowed to dry for three months and then is shellacked. Gladys then mounts the heads on fiber-filled doll bodies and dresses them in a variety of themes.

Each year Gladys tries to bring a new doll to the festival. This year's new creation is Kris Kringle. She is quick to add that this is not Santa Claus, but rather the more old-fashioned rendition.

People love to just stop and admire the detail of the carved faces and the expressions drying has given each doll's face. Gladys takes about 15 minutes to carve each head, unless she is doing a portrait head which then requires about a half hour.

Another popular booth at the festival is the official souvenir stand. Here festival goers can purchase hats, T-shirts, mugs, but-

tons, and an Apple County Apple Cookbook. The cookbook was first published in 1977 by the Upper Adams Jaycees.

Now in its second edition, editor Joan Bucher explained that although the cookbook has evolved from a mimeographed copy to a gloss covered, spiral bound edition it still contains lots of good homemade apple recipes from Adams County cooks.

Proceeds from the sales of the cookbook, like all the proceeds from the festival are used by the Upper Adams Jaycees. Half the money is used to maintain their 53

acre Oakside Community Park. The other half is donated to local charities.

Besides a host of mouth-watering recipes, the cookbook also has a section on apple trivia. Did you know?

One pound of apples consists of: 4 small apples, 3 medium apples or 2 large apples.

Two medium apples yield one cup grated apple.

Allow two pounds of apples for one 9-inch pie.

A peck of apples weighs about 10.5 pounds.

One bushel of apples weighs about 42 pounds and yields 18-20 quarts of canned or frozen apple slices.



Gladys Sweigard poses with her latest applehead doll creation, Kris Kringle. Gladys has brought her dolls to the National Apple Harvest Festival for the past ten years. Starting then with sales of less than a half-dozen dolls, Gladys now sells over 100 dolls each year during the festival held the first two weekends in October at the South Mountain Fairgrounds.



Kim Lott, center, candy coats one of the 125 bushels of candy apples that get sold at the National Apple Harvest Festival. They coat either candy and caramel onto the apples. Kim says for some strange reason, more people buy candy apples in the morning and more caramel apples in the afternoon.

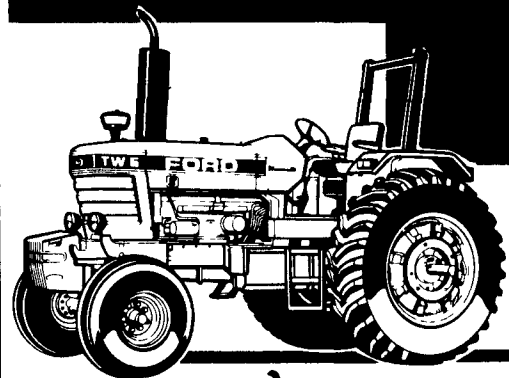
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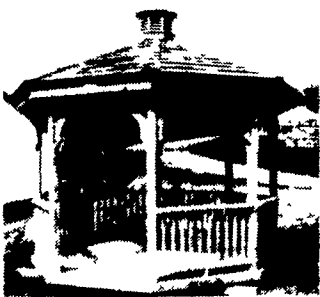
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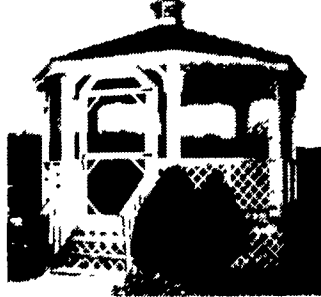
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