

# Holidays From The Heart

The Lebanon County Extension Service offers a four-day workshop November 10-13 at the Prescott Fire Hall, Lebanon. "Holidays from the Heart" will be repeated each day from 9 a.m. to 2:30 p.m. Registration fee is \$2.75.

9:00 a.m.- "Creative Ideas for the Holidays"- Dennis G. Mellott, Floral Designer, Lebanon. The holidays are a fun-time to let your creative ideas become reality. If you are needing some inspiration, Dennis Mellott will give you ideas for your home that will draw attention to your uniqueness and give you a feeling of accomplishment. These "do-able" suggestions will start at the front entrance with an unusual door arrangement and easy-to-assemble topiaries, then move into living areas with suggestions for foyer, dining table, coffee table. Put a special face on your home for the holidays. (Presented on Wednesday evening and each day).

10:00 a.m.- "Are You a Holiday 'Magician?'"- Letie Schadler, Extension Home Economist. Managing your time and energy can be a special challenge at holiday time. Planning is the key. You and your family decide what kind of holiday you want and can manage in terms of time, energy, dollars, emotions and even calories and nutrition. Then share the joy of making it happen. (Easier said than done sometimes!). Learn ideas for modifying recipes for better nutrition, plan ahead techniques for

entertaining, easy cooking dishes that allow the "cook" to be part of the celebration, too. We'll weigh the choices of "new and different" and "old fashioned" traditions in the kitchen and out. (Presented on Wednesday evening and each day).

11:00 a.m.- "On Your Mark...Get Set...Sew a Home-spun Christmas"- Denise Ecenroad, Crafter, Myerstown. Denise Ecenroad has been creating special ornaments and gifts from fabric for years. These are keepsake gifts that become part of her friends and family tradition. She will show you how easy it is to create unique fabric items and how easy it is to machine applique with your sewing machine. She will also be demonstrating during lunchtime so you can get an up-close look. (Presented on Thursday evening and each day).

11:30 a.m.- "Stenciling for the Holidays!"- Christenna Stamm, Craft Enthusiast, Lebanon. Christenna has been making creative ornaments for 12 years. You've been seeing her work in our ornament displays for several years. This year she shows you how to stencil...what equipment to use, what to stencil on. She'll show us stencils on wood, paper, fabric and baskets. Leave your own mark on Christmas gifts. You'll have an opportunity to try it yourself during lunch if you want to try stenciling. (Presented on Wednesday evening and each day).

11:45-1:15 p.m.- Lunch. During the lunch period you will also be able to observe Lilly Hershey and Lisa Ignastosky wiring pine cone wreaths; the Flower Club members making ribbon bows (also for sale); Lebanon Quilt Guild members demonstrating quilt projects. (These will be demonstrated Thursday evening also.)

1:15 p.m.- "Just in Time for Christmas"- Sherry Kalbach, Creative Craft Lecturer. Sherry's back with a brand new collection of projects you can create. Her ideas are easy, quick, inexpensive...and fun. Find out how to make decorations, gifts, ornaments. Involve your family members. (Find out what she's done with all the lint you gave her since last year). Make some memories...just in time for Christmas! (Presented on Thursday evening and each day).

2:15 p.m.- Door Prizes- You must be present to win or have appointed someone to pick up your prize.

Note: The 4th Edition of the "American Heart Association Cookbook" will be available for a donation of \$10.00.

UPDATE ON FARM-CITY WEEK COOKING CONTEST- SATURDAY, NOVEMBER 14, 1987 LEBANON VALLEY MALL.

Prizes in each category: First prize- \$50 Boscov's Gift Certificate; Second prize- \$25 Boscov's Gift Certificate.

Schedule for Judging- 12.30 p.m.- Judge finished cheesecakes, fruit/nut bread, vegetable/nut bread, pumpkin pies. Finished entries must be delivered to fountain area between 12 noon and 12:30 p.m.

1:00 p.m.- Pork Stir-Fry Contest dish to be cooked at the Mall. Contest limited to 5 contestants. If more entries are submitted, they will be screened and 5 finalists selected.

1:45 p.m.- Chicken Stir-Fry Contest- cooking limited to 5 entries (see above on pork contest).

Recipes for all entries must be submitted in advance by November 1 to Alletta Schadler, 400

South 8th Street, Lebanon, PA 17042. Questions? Call 274-2801, Ext. 353.

## Ida's Notebook

Ida Risser



It seems as though each season brings its own type of work. Just now I'm putting some 50 new houseplants in plastic pots, clay pots and even tin cans. Those that need dry soil go into the clay pots as they don't retain moisture.

Walnuts, walnuts everywhere. So far I've picked up about six bushel and loads are still laying around. If anyone is willing to pick them up they may have them. A very kind, older gentleman from Morgantown cracked a lot of them for me last year.

This summer our aluminum boat disappeared from behind our barn where it was parked with some farm machinery. When we discovered that it was missing, we felt that we would never see it again. But my husband walked the banks of the Conestoga and finally found it, minus the two oars, about a mile from home. Apparently some young boys, who were in our meadow, needed transportation to

the other side of the river and took it.

This past weekend I drove to see our daughter, Cindy, who lives in Tunkhannock. Now this three hour drive is nothing for her but to me, driving alone, it was a long journey. The next weekend she plans to drive, alone, to a wedding in Maine and doesn't seem concerned about the very long trip.

One evening, while visiting her, I went with her to an Antique Show where she played her flute in a musical ensemble. The next day we drove to Binghamton, N.Y., where we shopped for a dress for me to wear to my son's wedding in Chicago in November. Some of the newer styles remind me of the clothing my mother and great aunt wore long, long ago-- lace collars and all. We finally found one which I would call "quietly elegant" as it is a pale gray. Shopping is not my thing!

When cooking with cheese, heat just until melted for best results. Add cheese in small pieces for quicker, even melting, and keep the heat low. When making cheese sauce, add the cheese at the last minute and heat just long enough to let it blend with other ingredients.

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