

# THE MICRO WAY LANI BLOOMER



**Turkey Leftovers Are Great!**  
One of the nice things about that big Thanksgiving turkey is all the leftovers! There are so many ways to use the cooked meat in your microwave.

Hot turkey sandwiches, with or without the gravy, are delicious. For best results in the microwave, heat the gravy on high first until it is hot. Then warm the sliced meat on medium power (50,5) so it doesn't get dried out or tough.

When the meat is warm, assemble the sandwich, and microwave for about 20 seconds each on high power. If you put the sandwich together cold, then try to heat it all together, the bread or rolls will be rubbery or hard by the time the meat is hot.

If you are tired of turkey right now, cube the meat and freeze it in two-cup quantities. Then use it in one of these quick casseroles some day next month when you're worn out from holiday shopping. You'll have your dinner half done before you start!

Mushrooms, ripe olives and half and half make this recipe a great company casserole. If you want a

simpler meal for your family, replace the mushrooms and olives with a 10-ounce package of frozen peas and carrots. Use skim milk instead of the half and half to reduce the fats and calories.

**Turkey Tetrazzini**  
4 ounces thin spaghetti  
2 tablespoons margarine or butter  
1 medium onion, chopped  
1 cup sliced fresh mushrooms, optional  
1/3 cup flour  
1/2 teaspoon salt  
1/4 teaspoon paprika  
1 cup turkey broth (or use 1 chicken bouillon cube and 1 cup water)  
1 cup half and half or milk  
2 cups chopped cooked turkey  
1/4 cup sliced ripe olives, optional  
1/4 cup grated Parmesan cheese

1. Break uncooked spaghetti into pieces, then cook conventionally.  
2. Combine margarine, onion and mushrooms in a 2-quart casserole. Microwave on high for 3 to 4 minutes, stirring once, until the onion is tender.  
3. Stir in flour, salt and paprika. Then slowly stir in broth and half

and half until smooth. Microwave on high for 3 to 5 minutes, stirring twice, until sauce boils and is thick. Stir in cooked spaghetti, turkey and olives. Sprinkle cheese on top.

4. Microwave on high for 5 to 8 minutes, until heated through. Let stand a few minutes before serving. Serves 4.

**Tip:** If using a package of frozen vegetables, microwave them on high (right in the box) for 5 to 6 minutes until almost cooked before adding to the casserole.

Cook rice conventionally while you make this Chinese style dish.

**Sweet and Sour Turkey**  
1 green pepper, cut in 1/4-inch strips  
1 tablespoon oil  
1 15-ounce can pineapple chunks  
1 1/2 tablespoons cornstarch  
1 tablespoon brown sugar  
2 teaspoons vinegar  
2 tablespoons soy sauce  
1 can sliced water chestnuts  
2 cups cubed, cooked turkey

1. Put pepper in a 2-quart casserole and dribble oil over, tossing to coat. Cover and microwave on high for 2 minutes until partly cooked.  
2. Drain pineapple chunks, reserving juice in a 2-cup measure. Set pineapple chunks aside. If needed, add water to juice to make 3/4 cup liquid. Stir vinegar and soy sauce into juice. In a small bowl, combine sugar and cornstarch, then stir into pineapple juice.

Microwave on high for 2 to 3 minutes, stirring every minute, until sauce boils and thickens.

3. Add pineapple, water chestnuts and turkey to peppers. Pour sauce over, stirring. Microwave on high for 3 to 4 minutes, stirring once, until heated through. Serve immediately. Serves 3 to 4.

**Tips:**  
— Green pepper will still be crunchy if you want it cooked soft.

microwave for 4 minutes in step 1.  
— Other Chinese vegetables, such as bamboo shoots, may be used instead of the water chestnuts. Or, use button mushrooms.

**Note:** The times above are for microwaves with 600-700 watts of power. For 500 W, add 10-15 seconds to each minute of cooking time.

Copyright, 1986, Lani Bloomer

## Rural Electric Assoc. Honors Gov. Thornburgh

**CARLISLE** — Gov. Dick Thornburgh recently received the Pennsylvania Rural Electric Association's Miracle Mile Award for "longstanding service to the state's rural electric cooperatives and for exemplary and outstanding service to the rural residents of Pennsylvania."

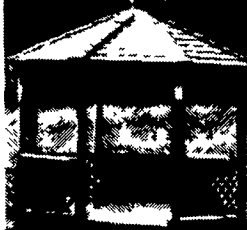
At the organization's annual fall meeting at the Embers Convention Center here, Thornburgh was given the organization's highest award, by Carl Driscoll, board chairman of PREA, and James

Henderson, board chairman of the Allegheny Electric Cooperative.


"This award is particularly gratifying to me as governor of the state with America's largest rural population," said the governor. "It recognizes the efforts made by my administration toward reinforcing rural values and our strong farm economy by, among other things, helping rural electric cooperatives and providing assistance to farmers and advancing programs and policies which help strengthen rural life."



**NEED MORE ROOM?  
Read The Classified Real Estate Ads**



**Gazebos made to order.  
Also custom built storage sheds.  
Dealer Inquiries Welcome**



Pressure treated wood with cedar shake shingles  
or  
Painted choice of color with asphalt shingles.  
8 - 10 - 12 - 14 ft. wide  
You pick your own size

Your choice of 3 styles  
**Mini Barn  
Quaker Shed  
A Frame**  
Large variety of colors and sizes to choose from.

**Lykens Valley Structures**  
RD 2, Box 59, Millersburg, PA 17061  
Leave message at: **717-692-2645**  
No Sunday Calls

### SANDBLASTING AND SPRAY PAINTING

**Aerial Ladder Equipment**  
Farm Buildings  
Feed Mills  
Commercial-Industrial  
Repainting Interior/Exterior



**HENRY K. FISHER INC.**  
667 Hartman Station Rd.  
Lancaster, PA  
**393-6530**

**KEN CLUGSTON 665-6775**      **VERNON SEIBEL 665-2782**

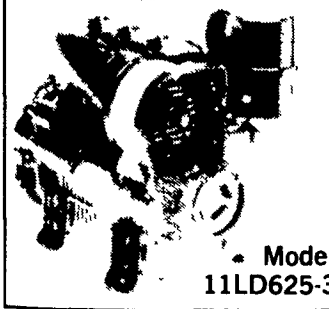
**CRAFT-BILT CONSTRUCTION INC.**

FARM-HOME BUILDING  
R.D.#2 MANHEIM, PA.  
PH: 665-4372  
BUILDING & REMODELING FOR—

DAIRY  
SWINE  
BEEF

RESIDENTAL  
POLE BUILDINGS  
STORAGE

**LOMBARDINI**  
*The Powerhouse*



Model 11LD625-3

**DIESELS**  
*The Farmer's Choice*



Model 9LD560-2

**MOWERS, BALERS, CORNPICKERS, CHOPPERS, ETC.**

We have the right size, weight, shape, price and engine available.  
4 to 80 H.P.

LOMBARDINI DIESEL USES 1/2 OR LESS FUEL THAN GAS ENGINES  
LESS DOWNTIME THAN GAS ENGINES

Is your old engine giving you a headache? Try a LOMBARDINI...World's Largest Manufacturer of Small Air-Cooled Diesel Engines.

**DIESELS OUR SPECIALTY**

**TAKE ADVANTAGE OF:**

1 12 month warranty or 2,000 hours	4 Price per horsepower
2 Low fuel consumption	5 Easy starting
3 Low maintenance	6 100% back-up with parts and service

**Let Us Know Your Service Problems  
Check Our Prices**

**Service After The Sale...That's Us!**

## HOOVER DIESEL SERVICE

255 Mascot Rd.  
Ronks, PA 17572  
(717) 656-3322  
(717) 295-1729

313 Furnace Rd.  
Quarryville, PA 17566  
(717) 786-2173

**DEALER INQUIRIES INVITED**

## WINTER RECLINER SPECIAL



**catnapper**  
*The Purr-fect Relax-urr Chair*

Style No. 1022  
Warm and mellow in its Early American feeling, this fine Catnapper recliner from the Concorde collection is a winner. Long on comfort even for the big man. And equally long on style! At the touch of a handle up pops a comfortable ottoman as the back reclines to the exact degree you want. Enjoy!







**10% Off**  
MARKED PRICE OF ANY RECLINER

LARGE SELECTION OF NEW AND USED FURNITURE: NEW SPRING AIR BEDDING INCLUDING THE FAMOUS BACK SUPPORTER. SOME MISMATCHED SETS AT BARGAIN PRICES. CATNAPPER RECLINERS, LANE CEDAR CHEST, VARIETY OF QUALITY BEDROOM, DINING ROOM, LIVING ROOM SUITES. NEW SOFA BEDS, DESKS, ROCKERS, GUN CABINETS. GOOD USED BEDS, BOX SPRINGS AND MATTRESSES, COAL, GAS AND WOOD HEATERS, CHAIRS, FILE CABINETS, SOME ANTIQUES, ETC.

## FISHER'S FURNITURE

ROUTE 896 - 6 MI. SOUTH OF STRASBURG IN VILLAGE OF GEORGETOWN  
BOX 57, BART, PA  
Mon. thru Thurs. 8-5; Fri. 8-8; Sat. 8-12