

Breadmaking Videos Help 4-H'ers Learn Basic Techniques

NEWARK, Del. — Delaware's 4-H leaders are taking today's video technology into the kitchen to teach youngsters how to bake bread.

With a \$2,000 grant from Nabisco Brands, area 4-H agent Joy Sparks and extension foods specialist Dr. Sue Snider have developed, videotaped and demonstrated five educational programs on basic breadmaking techniques. As a result, more than 140 4-H members in 10 clubs are participating in

bread projects this year.

"Youth today seem entranced by the television set," says Sparks. "We decided to see if we could build on that fascination to create interest in baking breads."

The video demonstrations include such topics as the measuring of ingredients and their functions, making muffins, making biscuits, making yeast breads and shaping yeast breads. The tapes are in Beta, VHS or 3/4-inch format and are available from the extension

office in each county.

In addition to the five tapes, Sparks and Snider developed a nine-page leader's guide which outlines the key points made in each video lesson and provides questions to ask 4-H'ers to make sure they understand the concepts presented.

Videotapes were chosen as the medium for the breads message because of their portability and availability. "More than one-third of America's 86 million households have VCRs, and over three-fourths

of the schools," Snider says. "The electronics industry predicts another 12½ million will be sold this next year."

Sparks and Snider also discovered that volunteer leaders like using videotapes.

"Many leaders have a VCR in their home, so they feel comfortable having their club watch the videotape and then move into the kitchen to bake some bread," Sparks says.

Last fall Sparks and Snider trained 21 adult and teen volun-

teers from nine clubs in the use of the videos and in the actual preparation of breads from different flours. Trainees were taught to shape different rolls from one type of dough and were introduced to a range of quick bread and yeast bread recipes from cloverleaf rolls to sweet potato biscuits.

After the leaders returned to their clubs, the results were extraordinary. At least 250 4-H'ers participated in breads evaluation as part of food judging contests in the first six months of this year.



Dough boy Kyle Judd of the Fantastics 4-H Club rolls out his yeast bread before shaping it into a Christmas ornament. Ten clubs throughout the state participated in the bread-making project using video tapes prepared by Joy Sparks, area 4-H agent, and Dr. Sue Snider, extension food and nutrition specialist.

Lebanon 4-H'ers Attend Horticultural Convention

LEBANON — Lebanon County 4-H members Dawn Hawryluk, Janet Kleinfelter and Regina Roof recently attended the 52nd Annual National Junior Horticultural Association Convention in Raleigh, N.C.

The convention brought together young horticultural leaders from across the nation who competed in various demonstrations and contests, toured the Research Triangle area and learned more about horticulture.

Convention delegates, ages 15 to 22, from 22 states competed for national honors in environmental beautification, production and marketing, experimental horticulture, speaking contests, gardening, plant propagation, and achievement and leadership recognition.

Some 200 delegates competed in

the judging, information and identification phases of the horticulture contest. They judged vegetables, fruits, flowers and ornamentals, took a written test on a variety of topics and identified 100 specimens.

Dawn Hawryluk was named a national winner for her artistic arrangement demonstration entitled "Creating Corsages."

Regina Roof received a blue ribbon for her extemporaneous speech on the topic of "Horticulture as a Hobby." Regina was also honored as the Outstanding NJHA Youth Coordinator for her program promotion efforts during the past year.

Janet Kleinfelter earned a red ribbon for her extemporaneous speech on "What NJHA Means to Me."

Other program highlights in-

cluded horticultural and leadership workshops; messages from experts in the horticultural field, and tours of historic sites, greenhouses, nurseries, farms, grocery warehouses and the campuses of N.C. State University, Duke University and the University of North Carolina at Chapel Hill.

Winners in regional and national competitions were announced at the awards banquet which was the climax of the four-day convention.

Membership in NJHA is achieved by enrolling or participating in a NJHA project or activity. 4)H and FFA members and other youths up to age 22 participate in various NJHA projects, demonstrations and activities, but only those 15 or older are eligible to attend the national convention.



**A LESSON
WELL
LEARNED...
LANCASTER
FARMING'S
CLASSIFIED
ADS
GET RESULTS!**
Phone:
717-394-3047
or
717-626-1164



**Gazebos made to
order.
Also custom built
storage sheds.
Dealer Inquiries
Welcome**



Pressure treated wood
with cedar shake shingles
or
Painted choice of color
with asphalt shingles.
8 - 10 - 12 - 14 ft. wide
You pick your own size

Your choice of 3 styles

Mini Barn
Quaker Shed
A Frame

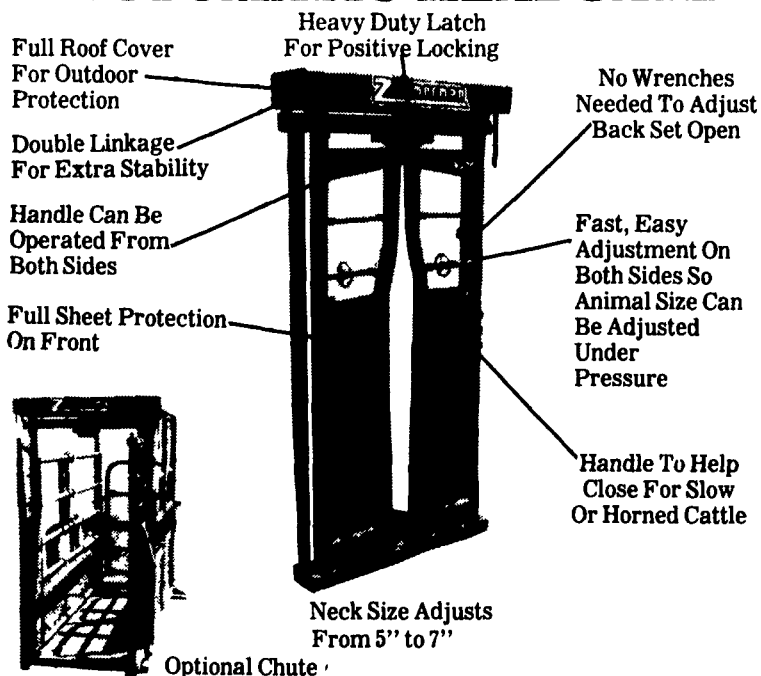
Large variety of colors and
sizes to choose from.

Lykens Valley Structures

RD 2, Box 59, Millersburg, PA 17061
Leave message at: **717-692-2645**
No Sunday Calls



AUTOMATIC HEADGATE



PAUL B. ZIMMERMAN, INC.

Call or Write For
Additional Information
And Your Nearest Dealer

295 Woodcorner Rd
Lititz, PA 17543
1 Mile West of Ephrata
Phone: 717-738-1121



YANMAR TRACTOR SALE

NEW

YANMAR MODEL 147 DIESEL w/BELLY MOWER

- 4 WD Ag or Turf Tires
- 14 H.P.
- Power Shift



Value \$8,995

SALE \$5,995

A Special Feature Of This Tractor
Is That The Belly Mower & A Loader
Can Be Attached At The Same Time.

What A Buy!



**MODELS IN STOCK
FROM 14 TO 33 H.P.**

"A Little Out Of
The Way...
But A Lot Less
To Pay"

"SERVICE IS OUR MOTTO"
LAWN CARE OF PA.
Sales & Service

1 Mi. North of Martindale on Grist Mill Rd., Martindale, PA 17640
(215) 445-4541

HOURS:
Mon., Thurs., Fri.
8 AM - 8 PM
Tues. & Wed.
8 AM - 5:30 PM
Sat. 8 AM - 2 PM