

Home On The Range



Creamy Custards Are A Popular Summer Dessert

Creamy custards and puddings are the answer to a cool, light dessert for a summer evening. These luscious concoctions come in a host of flavors, often combining fresh fruit or gelatin with dairy ingredients like milk and cream.

Obviously they are a popular item with Lancaster Farming readers who shared recipes for many, many varieties of custards and puddings this week. We would like to thank everyone who shared dairy recipes with us during this 50th anniversary celebration of June Dairy Month.

And, because we received more recipes than we could possibly publish this month, the dairy recipe selections will continue next week, when we will publish as many more dairy recipes as possible. If your special dairy recipe isn't published, it will become a part of Lancaster Farming's extensive recipe files and will most likely appear in a future edition Lancaster Farming.

The Recipe Topics listed in previous issues for July will be pushed forward a week. Don't stop sending recipes just because Dairy Month is over. We want your recipes all year long.

TAPIOCA PUDDING

¼ cup tapioca 2½ cups water 1/8 teaspoon salt 34 cup sugar 1 cup crushed pineapple 1 small box red gelatin 1 cup whipped cream 2 bananas, optional

Soak tapioca in water for 10 minutes, then bring to a boil and cook until clear. Remove from heat and add sugar, salt and gelatin. When cool, add drained pineapple, bananas and whipped cream. Other flavors of gelatin may also be used.

Joyce Strite Williamsport, Md.

RICE PUDDING

Combine in saucepan: 1 cup instant rice (right from the box) 2½ cups milk

1/4 teaspoon salt

¼ teaspoon cinnamon

½ cup sugar

1/4 cup raisins

Stir constantly until ingredients reach rolling boil. Reduce heat and boil slowly for 15 minutes, stirring occasionally. Slowly pour hot mixture into 2 slightly beaten eggs. Beat vigorously. Add ½ teaspoon vanilla. Sprinkle with nutmeg and let stand 10 minutes before ser-

Ann Kephart Roaring Spring

Recipe Topics

If you have recipes for the topics listed below, please

share them with us. We welcome your recipes, but ask that

you include accurate measurements, a complete list of

ingredients and clear instructions with each recipe you

submit. Send your recipes to Sue Keene, Lancaster Farming, P.O. Box 366, Lititz, PA 17543

Picnic Foods

More Dairy Recipes

Garden Fresh Vegetables

DIRT PUDDING

1 12-ounce package Oreo cookies 18-ounce package cream cheese 4½ cups milk

1 8-ounce box whipped topping 3 3-ounce packages instant vanilla pudding

Crush Oreo cookies. Mix pudding mix and milk. Refrigerate 10 minutes. Mix cream cheese and whipped topping; add pudding. Pour pudding over crumbs. Reserve some crumbs for top. Makes 1 serving dish.

Glenda Martin **Buffalo Springs**

PUMPKIN PUDDING Crust:

1 cup flour 1 cup coconut

cup margarine, butter or shortening

Pudding: 4 cups pumpkin 1½ cups sugar

4 eggs

½ cup evaporated milk 1 teaspoon vanilla

2 teaspoons cinnamon

Mix crust ingredients with pastry blender. Press into bottom of 9x13-inch pan and bake 10 minutes at 350°F. While crust is baking, mix pudding ingredients in order given. Pour over crust mixture and bake 40 to 50 minutes at 350°F. Serve with ice cream or whipped cream. Serves 6 to 8 people.

Mrs. Ray A. Keeny New Freedom

GRAHAM CRACKER PUDDING

3 cups milk 1 tablespoon cornstarch 2 tablespoons flour 34 cup granulated sugar Butter, the size of a walnut 2 eggs, separated ½ cup table molasses

In a bowl, mix cornstarch, flour, sugar, egg yolks and a little of the milk. Set aside. In kettle, heat milk and butter to boiling point and then add the above mixture. Cook a few minutes until thickened. Cool. Beat egg whites stiff and fold the molasses into egg whites. Add to cooled pudding. Top with graham cracker mixture.

Graham Cracker Topping 16 squares graham crackers ⅓ cup soft butter

¼ cup granulated sugar Mix and sprinkle on cooled pudding.

Note: Kids, company and neighbors love this pudding!

Kate Wolgemuth Manheim



Nothing can match the flavor of old-fashioned rice custard. This easy version is equally at home on a white tablecloth or in a school lunch room.

BAKED CHERRY PUDDING

1 cup sugar

1 egg 1 teaspoon butter, melted

2 cups flour

2 teaspoons baking powder

1 cup sweet milk 1 pint cherries, drained

Mix all ingredients. Bake at 350°F. until golden brown. Serve warm with milk or cream.

Susan Brubacker **Ephrata**

BAKED CUSTARD (Diabetic Recipe)

2 eggs, slightly beaten 2 teaspoons liquid sweetener 2 teaspoons vanilla 1/4 teaspoon salt

2 cups 2 percent or whole milk 2 drops yellow food color (optional) Nutmeg, if desired

Combine in small mixing bowl eggs, sweetener, vanilla and salt. Stir in milk and food coloring. Pour into 1-quart baking dish. Place in pan filled 1-inch deep with hot water. Sprinkle with nutmeg. Bake at 350°F. for 30 to 35 minutes, or until knife inserted in center comes out clean.

Mrs. David S. Blank Kinzers

PEACH BREAD PUDDING

8 peaches, sliced Pinch of salt ½ teaspoon vanilla Stale bread ¼ cup sugar 2 cups milk

3 eggs Add sugar, salt and vanilla to milk. Stir in well-beaten eggs. Arrange bread in bottom of wellbuttered baking pan. Add a layer of peaches. Alternate layers of bread and peaches with peaches on top. Pour milk mixture over all.

Set in pan of water and bake at 350°F. until firm. Serve hot with sauce or milk.

Betty Biehl Mertztown

HEAVENLY HAWAIIAN CREAM

21/2 cups pineapples

2 cups miniature marshmallows 1 cup grapes

1 cup orange sections

2 bananas

1 cup whipped cream

1 cup shredded coconut Moisten marshmallows in pineapple juice. Mix all above ingredients together and serve chilled. Makes 6 to 8 sevings.

Hettie M. Sensenig **Ephrata**

CUSTARD BREAD PUDDING

23 cups milk 1/4 cup butter 3 eggs ½ cup sugar

1 teaspoon vanilla

1/4 teaspoon salt 3 cups day-old bread cubes

1/8 teaspoon nutmeg 1/4 teaspoon vanilla

¼ teaspoon cream of tartar

1/4 cup sugar

Scald milk; add butter and cool. Add 3 egg yolks and 1 egg white to ½ cup sugar; beat to mix well. Add cooled milk, 1 teaspoon vanilla and salt. Place bread cubes in buttered 11/2-quart casserole. Pour egg-milk mixture over bread. Sprinkle with nutmeg on top.

Set casserole in a pan containing 2 inches warm water. Bake at 350°F. for 45 to 60 minutes until knife comes out clean.

Make meringue by beating remaining 2 egg whites with 1/4 teaspoon vanilla and cream of tartar until soft peaks form; gradually add ¼ cup sugar, beating constantly until stiff peaks form and all sugar is dissolved. Swirl on warm pudding; make sure meringue covers pudding edge. Bake 15 minutes at 350°F. about 15 minutes, until meringue is golden brown. Serve warm or cool. Makes 6 servings.

> Genevieve Voneida Muncy

PERFECT CHOCOLATE **PUDDING**

1 cup sugar 3 tablespoons flour 1/4 teaspoon salt 6 tablespoons cocoa 2 tablespoons oil

2 cups milk 2 slightly beaten egg yolks or 1 beaten egg

2 tablespoons butter

1 teaspoon vanilla In saucepan, blend sugar, salt, flour and cocoa; add oil and milk. Cook and stir over medium heat until thick and bubbly. Cook 2 minutes more. Remove from heat, stir small amount into beaten egg, return to hot mixture and cook 2

minutes more. Remove from heat, add butter and vanilla. Pour into serving dishes. Chill.

Sadie Stoltzfus

MARSHMALLOW PUDDING

Heat 2 cups milk and 1 pound marshmallows until marshmallows melt. Cool. Whip 2 cups cream and add to mixture. When cold, add 1 can crushed pineapple, drained. Sprinkle graham cracker crumbs on bottom of dish and then over top of pudding after it has been poured into dish. Mrs. Titus M. Martin

New Holland

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Featured Recipe

This week's featured recipe was the winning entry at the New York Beef Recipe Contest sponsored by the New York Cattlewomen. The Meat Bread recipe from Louise Pillietieri of Jamestown features frozen bread dough and ground chuck beef.

As first place winner, Mrs. Pillietieri will receive a silver tray and \$200 to help with her expenses to the National Beef Cook-Off Sept. 14 to 15 in Dearborn, Mich.

The winning recipe has long been a family favorite. "We called it Aunt Josie's Meat Bread and it was served at Christmas time, for football parties or whenever we wanted a dish that was special but easy to prepare," she said.

Meat Bread

1 pound loaf frozen bread dough

1 large Spanish cooking onion

1 can pitted black olives or Greek olives

1 pound ground chuck beef Salt, pepper, and/or seasoning to taste

Thaw the frozen bread dough and let rise. Saute the onion in cooking oil until tender. Brown the ground beef and drain the liquid. Cut up olives. Roll out the bread dough until flat like a pie crust. Spread the onions and cooking oil on the dough. Spread the browned ground beef. Spread the cut up olives. Roll like a jelly roll and place ends together. Place in ungreased pie tin and slit the top in three places. Bake at 350°F, for 45 minutes or until golden brown. Rub with butter or margarine and slice and serve.