UNCLAIMED FREIGHT CO. & LIQUIDATION SALES, INC.

STORE HOURS:

Mon thru Fri 9 a m to 9 p m Saturday 9 a m to 5 p m

3019 Hempland Rd Lancaster, PA

1880 Harrisburg Pike Carlisle PA 717 792 3502 717-249 5718 (Carlisle Pike)

Closed Sundays Tttl October - OPEN MEMORIAL DAY 9 AM - 5 PM



13 PC. FAMILY ROOM

Sofa, Chair, Rocker, Bar, (2) Bar Stools, Cocktail Table, (2) End Tables, Two Lamps, **Bookcase and TV Stand**

(Barstools Not Padded) ALMOST EXACTLY AS SHOWN

Reg. \$1,429.95 CASH PRICE.. **\$**599.95

HARDRODK MAPLE BEDROOM-DISCONTINUED

Headboard, Footboard, Nitestand, Chest on Chest Dresser, Landscape Mirror Reg. Ret. \$2,700.00



OUR CASH PRICE

\$749.95 (Similar)

HURRICANE LAMPS 28" High Nite Lite
Assorted Colors Reg. Ret. \$249.95 OUR CASH PRICE \$49.95 PER



100 SWIVEL ROCKERS 10 Different Colors Reg. Ret. \$369.95

OUR **CASH PRICE**

\$98.95

HURRICANE LAMPS

Decorative Color Reg. Ret. \$79.95 OUR CASH PRICE \$14.95 (Limit 10 Per Customer)



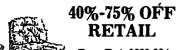
(2) Incliners,

(1) Armless, (1) Corner and Full Size Sleeper **Assorted Colors** Reg. Ret. \$2,600.00

5 PC. L SHAPED

our cash price **\$1,049.95**

1,250 LANE RECLINERS Liquidating for manufacturer Refused from dealers and cancellations



Reg. Ret. \$600.00 to \$700.00

161 BUNK BEDSw/Safety Rails, Ladders and Bunkies, Dark Pine Finish.

Also Breaks Down To Twin Beds Reg. Retail Price \$609.95 **OUR CASH PRICE**

\$165.00

SEEING IS BELIEVING!



200 6 PC. PINE GROUPS With Party Ottoman In Antron Nylon

Reg. Ret. \$1099.95 OUR

CASH PRICE...\$299.95

Full Size (Almost Identical) Matching pair of lamps and shades \$35 CASH PRICE

3 Pc. END TABLE SETS Cocktail with (2) End Tables

Reg. Ret. \$379.95

OUR CASH PRICE **\$98.95**





Only 90 Left Out Of 390

You've Read The Ads Buy (1) Recliner At \$499 00 And Up And They Give You One Free

NOW

BUY THIS RECLINER AT \$429.95

WE'LL GIVE YOU A MATCHING SOFA & LOVESEAT Assorted colors and fabrics antion nylon here chenilles. The reason the

price is so low is because we are what our name represents deals from factories unclaimed refusals and liquidating for manufacturer Warranty on most items 14 years of success to prove it -you will see once you shop us if you

don't shop us you are the losers SAYE MONEY & BUY QUALITY FURNITURE AT LOW PRICES!!



5/8"x75 Ft.

5 DRAWER CHESTS

Reg. Ret. \$159.95

OUR CASH PRICE

\$65 95



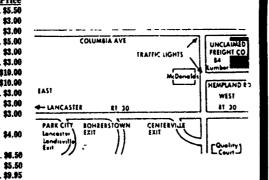
4 DRAWER CHESTS

Reg. Ret. \$209.95

OUR CASH PRICE

\$59.95

	\$00.50		
		Our Ca	sh Pric
Golf BallsRenegade Spal	ding . 1 Dez . Reg. Ret. \$17 95		\$5.5
60-4 Pc Garden Sets By S	hear Magic Reg. Ret. \$11.95		\$3.0
69 - EKCO 5 Pc. Cutlery Se	ts., Reg. Ret. \$29 95		. \$3.0
70 - Totes Umbrellas Reg	Ret. \$18.00 to \$20 00		. \$5.0
147 - Timex Analog Alarm	Clocks Reg. Ret. \$7 95		. \$3.0
24 - Timex Digital Alarm (locks Reg Ret \$24 00		\$3.0
22 - Magnavox Clock Radio	ns Reg Ret \$39.95		\$10.0
71 - Magnavox Clock Radio	ne Reg Ret \$39.95		\$10.0
12 - Aladdins Outing Kit Th	permos Reg Ret \$29.95		\$3.0
18 - Aladdins Pump-A-Dris	nk Deg Det \$14.05		. \$3.0
43 - Aladding (1) Ougast The	ermos With StrapReg. Reg. \$6	95	\$3.0
174 - All Wenther Floating	Lanterns With Batteries		70.0
Reg Ret. \$10.95.	Lanterns With Datternes .		\$4.0
GARDEN HOSES:			42.4
5/8"x50 Ft			. 36.5
½"x50 Ft	• • • •		\$5.5



No Refunds...No Exchanges...Cash & Carry...DUE TO A RASH OF BAD CHECKS WE NOW ONLY ACCEPT, VISA, CHOICE, MASTERCARD & DISCOVERY, OR CASH, CERTIFIED CHECKS, MONEY ORDERS, CASHIERS CHECKS!! Due to the FACT THAT WE SAVE THE BUYER SO MUCH MONEY WE CAN NOT AFFORD THESE LOSSES!!

Not Responsible For Typographical Errors



Have You Heard?

By Doris Thomas Lancaster Extension Home Economist

Milk Your Kids Will Love To Drink

We never outgrow our need for milk. Even though our caloric needs and metabolic rates decrease as we get older, everyone requires the same nutrients needed since childhood.

Milk is a food packed with nutrients, exceptionally high in calcium. Since it also contains protein, riboflavin and other vitamins and minerals, you can use it to meet many of your nutritional needs without consuming too many calories.

Now is a good time to provide milk for your family. Milk production reaches a seasonal peak in June and will be in heavy supply, according to USDA marketing specialists.

Your need for milk changes with age. Children under nine need two to three servings of fluid milk or equivalent in foods rich in milk per day. From ages nine to 12, children need three servings. Teens require four servings; pregnant women, three servings; nursing mothers, four servings; and adults, two servings.

Do you have trouble getting young children to drink milk? Keep it in the coldest part of your refrigerator so you can serve it cold and fresh. Try some of the following recipes, either as breakfast treats or desserts.

Tempting Pineapple Milk Freeze: Use equal parts of crushed pineapple, vanilla ice cream and milk. Mix well and chill until firm. Serve with a spoon and a straw.

Orange Egg Nog: Stir ¼ cup frozen orange juice into ½ cup chilled milk. Add a beaten egg and 1 tablespoon confectioners sugar. Top with grated nutmeg.

Honey Orange Milk Cooler: Add 1 teaspoon honey to the orange egg nog mixture. Place in refrigerator until icy cold. Serve with a slice of orange perched on the rim of the glass. Be sure to use only clean, uncracked eggs for making egg

Peppermint Milk Shake: Add crushed peppermint stick candy to chilled milk. Place in refrigerator until candy is completely dissolved. Add more milk if desired. Pour into glass and top with scoop of ice cream and shaved sweet chocolate.

Will Vitamin Supplements Reduce Stress?

Stress is not merely nervous tension but the response of the body to any demand upon it. Stress may be pleasant or unpleasant; what defines it as stress is that it places a demand upon the body for readjustment or adaptation.

Many people take vitamin and mineral supplements to help their bodies respond to stress. It is known that blood levels of vitamins change in response to stress. Little is known, however, about the effect of having an argument on, for example, vitamin C requirements because most stress research has been done on persons suffering from burns or other severe physical trauma. The change in blood levels often reflects a change in storage site, not an actual deficiency. Some researchers believe that supplementation carries a greater risk of harm than benefit.

We cannot avoid stress completely; in fact the complete absence of stress is death. However, we can learn to lessen stress to the point where it is stimulating and not disease-producing. We must learn what is and is not worth fighting over in our lives. Vitamin and mineral supplements are a poor substitute for that kind of judgment.

PAINT SAVINGS



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