

Three to Compete in Centre County Dairy Princess Contest

BELLEFONTE — Three young women will compete for the title of Centre County dairy princess at the annual pageant May 18 at the Logan Grange Hall, Pleasant Gap.

The new dairy princess will succeed Elizabeth Heald of Spring Mills, the 1985 Centre County dairy princess and Pennsylvania state dairy princess.

The three contestants are: Joy L. Gates, Warriors Mark; Dora Kay Hettinger, Rebersburg; and Tammy McTavish, State College.

Joy, 18, is the daughter of Arva and Dorothy Gates. She is a senior at State College Area High School and plans to work on the family dairy farm after graduation.

She is a member of the Centre

County 4-H Dairy Club, where she serves as news reporter; Recreation Club; and 4-H County Council. In addition, Joy is the vice-president of the Future Homemakers of America and a member of FFA. She enjoys showing cattle and owns six Holstein animals.

Dora Kay Hettinger, 17, is the daughter of Mr. and Mrs. Kenneth R. Hettinger. She is a senior at Penns Valley Area High School and plans to work on the family farm and study American sign language.

In addition, Dora plans to attend Lock Haven University and study elementary education. She intends to pursue a career in teaching young deaf children.

She is the 1985 Centre County first alternate dairy princess. Her other activities include: National Honor Society, SADD board of directors, drama club, and the Rebersburg United Methodist

youth organization. In addition, Dora was a 1985 Junior Miss contestant. The Hettingers own 21 Holsteins.

Mary McTavish, 16, is the daughter of Darlene McTavish. A junior at State College Area High School, Mary plans to attend college after high school.

Her activities include 4-H, FFA, where she is a member of the parliamentary procedure team; and band front. She enjoys square dancing and working with livestock. She owns two head of cattle, a Brown Swiss and an

Ayrshire.

The pageant is open to the public and will be followed by an ice cream social. The ice cream will be donated by Meyers Dairy and Don Boller's Dairy Queen of State College.

Jim Eberly, sales manager for WMAJ/WXLR, will serve as master of ceremonies. The judges will be Bill Blair, editor of the Centre Dairy Times; Dr. Gabriella Varga, assistant professor of animal science at Penn State; and Mrs. Dee Courter, a dairy farmer from Clinton County.

Lancaster 4-H Holstein Club

The Lancaster County 4-H Holstein Club met May 1. Kim Stroud of Atlantic Breeders demonstrated and promoted the Dairy Bowl Team. The first practice will be held at Atlantic Breeders May 27 at 7:30 p.m.

Holstein Club members attending the Penn State Dairy Expo were Bob Barley, Tom Barley, Tom McCauley and Mark Hess.

The club's next meeting will be June 5 at 7:30 p.m. at the Farm and Home Center.

Herb Gardening

(Continued from Page B12)

when making rhubarb sauce to cut down on the amount of sugar needed.

Scented geraniums are edible and come in a variety of flavors. Loercher suggests putting some leaves on the bottom of a cake pan before putting in the batter. When the cake is baked, the leaves should be pulled off, and the top dusted with confectioners sugar, leaving a leafy imprint and scent.

Some herbs are enjoyable just for their beauty. Loercher suggests using silver mound as a border plant, especially with geraniums. Artemesia and parsley also make good borders. Camomile, also known as ground apple, was used in England on bowling greens. Loercher notes that it is a spreader. In addition to its use in teas for relaxation, camomile tea will also prevent plants from damping off, Loercher notes.

Sweet woodruff makes an excellent groundcover and is associated with may wine and strawberry punch. It can be used

in potpourri as well.

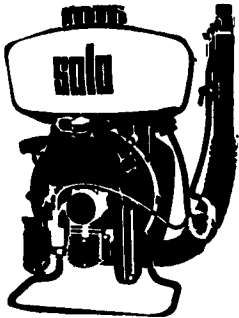
Loercher makes it clear that while books abound on the uses of herbs, little good information is available on using them for medicinal purposes. Comfrey is one herb that is considered healing, if the leaf is bruised and put on a black and blue mark or sprain. Comfrey will spread, and has a 25-foot long root system. The young leaves can be used in tossed salads. Comfrey should be allowed to flower and can be sheared with a hedgetrimmer. It can be separated early in the year.

When the season is ending, of course, the herbs may be dried, and Loercher says they will last for about a year. If in doubt, he suggests crushing the herb to see if it has retained its strength of flavor and smell.

Loercher encourages anyone to try to raise herbs, and though certain ones may not be successful, he stresses that they should be tried again in a new location. Herbs offer enjoyment in the successful cultivation, and in the delicious eating which follows.

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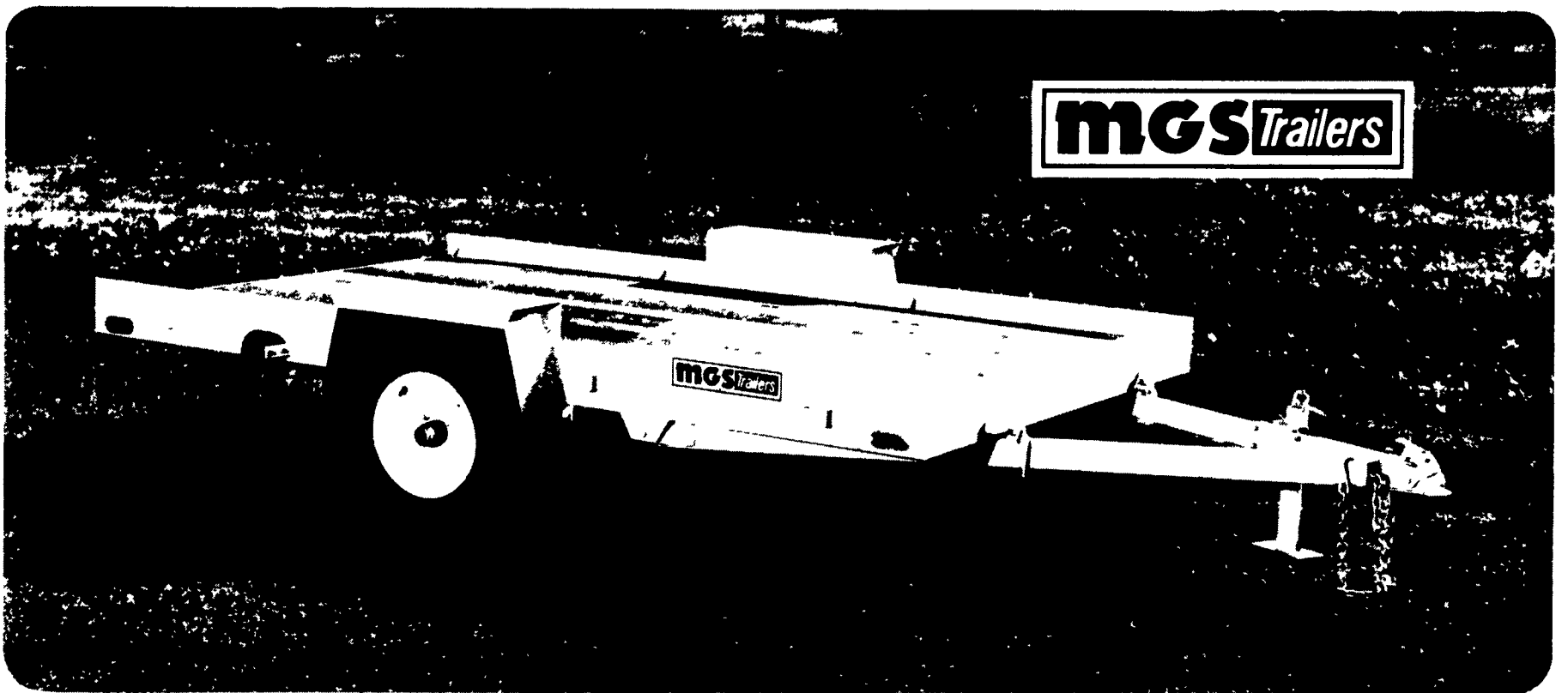
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