## NoSoAnn Dairy Club

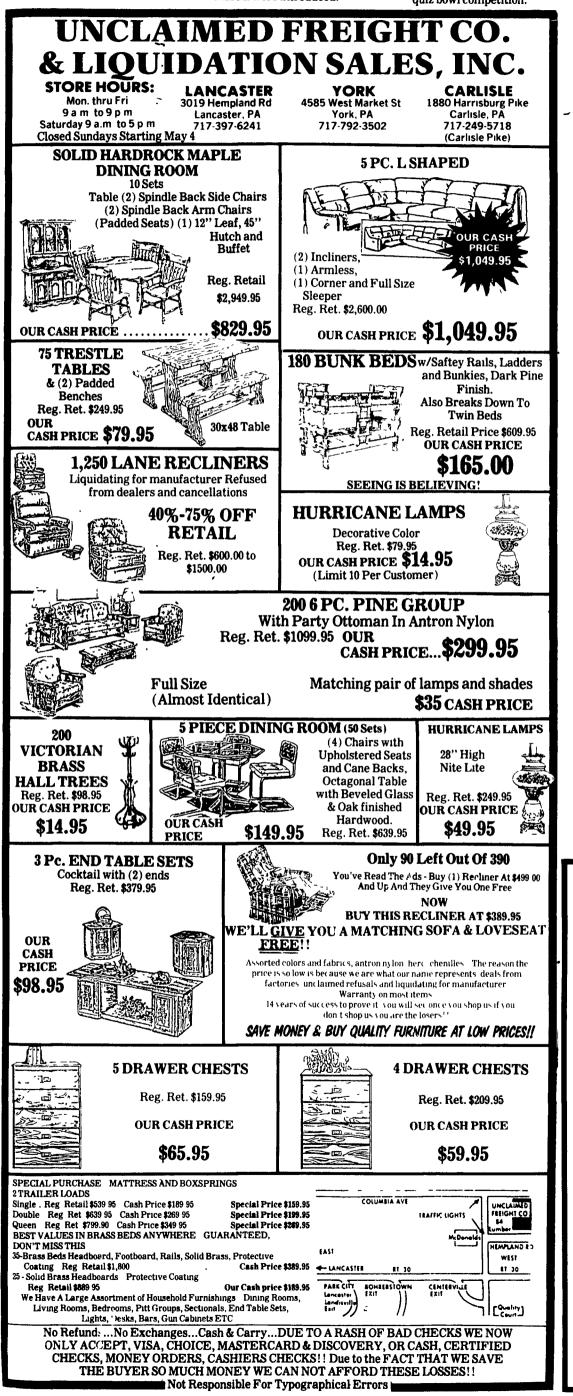
Members of the NoSoAnn Dairy Club met at South Mountain Community Building Friday, April 18.

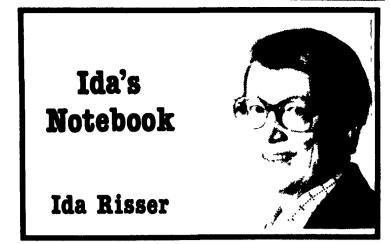
Mike Balmer gave the

treasurer's report; the group has \$44.75 in the treasury. Lisa Nolt gave the roll call and

Lisa Noit gave the roll call and secretary's report. Two new leaders, Bob McMillen and Gene Martin were introduced. The group voted to have a refreshment stand at Harry Bachman's Sale May 17.

Dave Smith invited everyone to attend dairy judging practices; the team went to Penn State last year. Ellen Hanson held a mock dairy quiz bowl competition.





What do you do on a Sunday afternoon? Maybe you visit friends, read the Sunday paper, take a nap or watch television.

This past Sunday I broke from traditional activities and had a real adventure. What did I do? A group from the North Museum in Lancaster and I went whitewater rafting on the Lehigh River. It was like riding a bucking bronco for 18 miles.

After a hearty 6 a.m. breakfast, we were bused to the rafting headquarters and fitted with a wet suit. It was skin tight from chin to ankle and on our feet we wore heavy rubber booties. Our raft slid down a steep incline and after we climbed in, we started on an unforgettable experience.

As the water was 8 feet above normal, we accomplished the run in four hours instead of the ususal five or six hours. The big rocks that usually stick five or six feet out of the water were hidden and only a few were visible. They were just waiting to "get" us.

I've never worked so hard on a Sunday as we had to that day-it was paddle or else. I was in front of a five-woman rubber raft. As we paddled through the rapids, we were often hit full force with a wall of water and almost dislodged from our round rubber perch.

Three men fell in and I saw one woman fall in who lost her glasses. I decided that if I fell in I would not lose mine. Well, my time came and as I headed for the deep, I grabbed the paddle in one hand and my glasses in the other. When I surfaced, everyone and his brother were yelling directions at me. "Keep your feet headed downstream so that you don't hit your head on a rock, grab the rope, do the scissors kick, etc." Finally a raft with five men in it pulled me out of the raging waters after I grabbed unto a kayak. I helped them paddle until they could return me to my companions who were concerned about me since they had not seen me being rescued.

I would recommend this adventure for young folks and risktaking older ones. Even then, pick a day when the water is not so tumultuous. We certainly got our money's worth.

## **Delaware County Spring Homemaker's**

## Day set for May 15

MEDIA – The Delaware County Spring Extension Homemaker's Day is planned for May 15th at the Lima United Methodist Church.

The morning will be devoted to "Designing and Making Critters" — the natural decorations that have made the Brandywine Valley so famous at Christmas time. You will be kept up-to-date with current food trends in the afternoon session. Exhibits of items made in Extension workshops will be on display.

Lunch will be served. Registration is at 9:30 a.m. and the program is from 10 a.m. to 2 p.m. The cost is \$5.25 and the registration is due by May 7th.

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