

Ida's Notebook

Ida Risser



The last few weeks have been busy ones here on the farm. When I returned from my trip South, I had the garden rototilled and then I planted a dozen or more vegetables. The peas are several

inches high and the garden cress, spinach, radishes, chard, lettuce and carrots were some of the first to pop out of the ground. I've never seen onions come up so quickly but I'm resigned to wait a while for the

Positive discipline

(Continued from Page B16)

Nelsen tested her theories while working as an elementary school counselor in Northern California and in her Project ACCEPT — Adlerian Counseling Concepts for Encouraging Parents and Teachers — workshops, which have been held throughout California. When the book used in the seminars went out of print, she wrote "Positive Discipline."

In 1981, she formed the "Sunrise Press" in her Fair Oaks, Calif., home and started publishing. "I printed 2,000 copies," she said. "I was sure that I would sit on 1,000 of them forever."

Within a year all 2,000 were sold. Nelsen printed another 5,000. They sold.

The book refused to die. "I went to Florida for six months," Nelsen said. "While I was gone, I sold \$10,000 of the books through mail order

"That's when I realized, 'My goodness, what would happen if I tried?'"

In December 1985, Nelsen came out with a slick paperback edition of "Positive Discipline" and set off on a book tour. By January, 18,000 copies had been sold. Later that month, she flew to Brussels to address a conference of European teachers on applying her techniques to the classroom.

All with the support of her third husband, Barry Nelsen.

Super Mom? Forget it. Nelsen reserves the right to err — "Mistakes are wonderful opportunities to learn" — and is uncomfortable on a pedestal.

"I hate Mother's Day," she said.

"Mother's Day is the one time that mothers feel guilty. There are all these accolades that mothers are wonderful and perfect, but most mothers aren't perfect so they feel guilty."

parsley. I'll have fun digging the 200 feet of five different kinds of potatoes that I put in the ground the other week.

Our house was a beehive of activity as our children and grandchildren came home for Easter. When our daughter and her family from Seattle came east for a few days, all of the other children tried to come home too. My grandson, David, and I like to skip stones in the Conestoga River that flows by our meadow. And, he is always interested in watching his grandfather milk the cows in the milk parlor. He insists that they say, "Mmmm" instead of "Moo"—sometimes they do.

Philip drove in from Chicago to help his father haul manure from the slated-dam pit. One day he hauled 27 loads and the next day a bearing broke in the spreader and nowhere in Lancaster County nor three surrounding counties could we find one. So, he went back a day earlier than expected to his job as a design engineer for a farm machinery company.

Then the other Saturday Allen and I visited our daughter in Tunkhannock for the first time. She has been employed as an industrial engineer there for almost a year. The incentive to go was furnished by the need to take a big sofa that her sister had in her apartment, to her new home. It was a long day as we had our Foot & Fiddle square dance meeting in Lancaster that night also.

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Delaware teens attend National 4-H Conference

NEWARK, DE — Four Delaware teens were in Chevy Chase, Md., last week as delegates to the 56th National 4-H Conference. They are Marie Waters, Wilmington; Nancy Walsh, Greenville; Kirsten Smoot, Dover; and Christine Jernigan, Seaford. Lois Hall, a Hockessin volunteer leader, and Marcius Butterfield, state 4-H Leader, accompanied them.

The focus of the annual conference is program development and public relations efforts. Delegates were chosen for their leadership potential and participation in 4-H activities.

Marie Waters, 17, is a senior at Delcastle Technical High School studying medical laboratory assisting. She is a six-year 4-H'er who won this year's senior division of the favorite foods contest in the meat and main dish category. Marie is a member of New Castle County's 4-H Junior Council.

Fifteen-year-old Nancy Walsh is in her fifth year of 4-H. The A.I. Du Pont High School freshman was a state winner in public speaking

and is the assistant treasurer of the New Castle County 4-H Junior Council.

Kirsten Smoot, 17, is a sophomore at Caesar Rodney High School. She is a six-year 4-H'er and won the state award in leadership. She has been the Kent County 4-H Junior Council treasurer for two years.

Christine Jernigan, freshman at Salisbury State College, has been a 4-H'er for eight years. The 18-year-old art major was a 1984 national 4-H winner with her swine project. She has held numerous offices in her local club, is on the 4-H advisory council at county and state levels, and is president of the Sussex County 4-H Junior Council.

The Delaware delegates are joining other 4-H'ers from the United States, Puerto Rico, Guam, Virgin Islands, American Samoa and the Canadian provinces. During the conference they will listen to business and industry leaders, meet with congressional representatives, and discuss future state and national 4-H programs.

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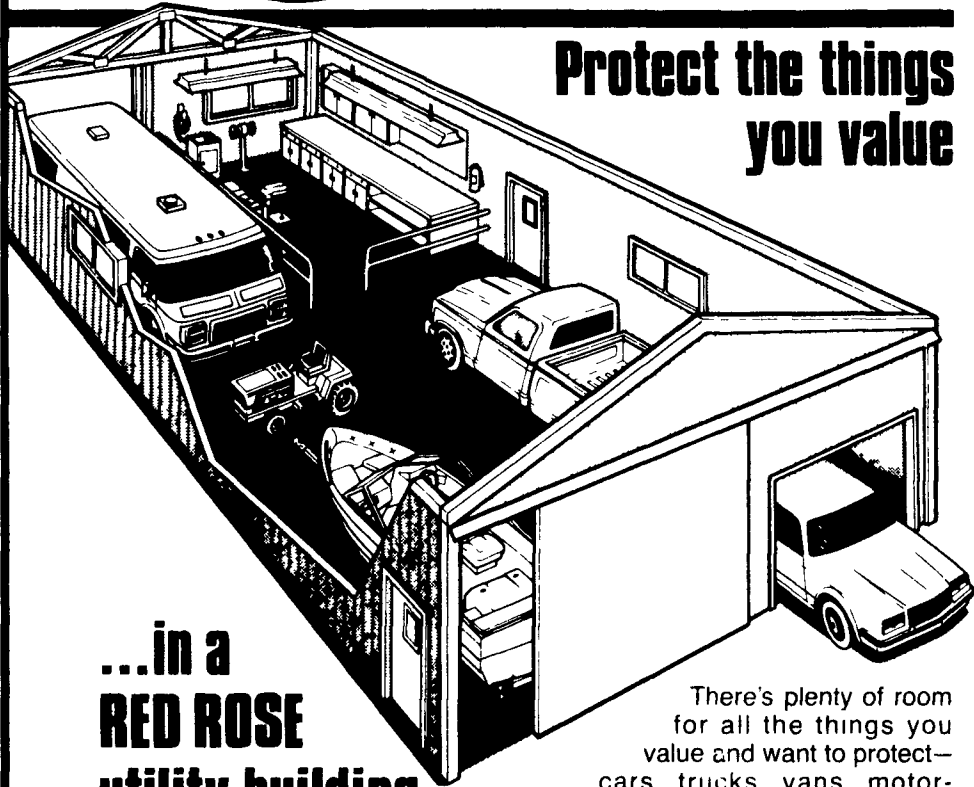
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