Conservation Service technician, was recently presented with the Honorary Keystone Farmer Degree. This is the highest honor that the Pennsylvania FFA can that the

Myers was honored for his assistance with the Dauphin County FFA land judging contest. Each year he has helped the Dauphin County FFA chapters in preparing for the contest and has set up each of the contest sites. Currently he is working on a
revision of the` land judging scorecard which will be used throughout the state. Myers also serves as a member of the Lower Dauphin vocational agriculture advisory committee.
Myers received a certificate and a medallion as a token of this honor

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On being
a farm wife

- And other hazards


## Joyce Bupp


"Hi Mom, what's for supper"" As dependable as death, daybreak and income taxes is that the above question will be heard within the first five minutes after they charge in following school dismissal.
When they were small tots, we tried our best to help them to learn to enjoy a variety of nutritious, healthy foods. Perhaps we can claim just a small measure of success, since most basic meals are rapidly disposed of around our are rap table Two of us adore drner table. Two of adore brussles sprouts and one offspring even returns for seconds on lima beans.
Nevertheless, no matter what I answer to the inevitable question about supper, at least half the time the response brings forth some sort of groaning or grumbling. This is generally followed by another inevitable: "Why can't we have pizza""
Tired of this same monotonous routine, I frequently interject my own smart aleck answer, relying on one food we have still been unable to convince them to enjoy.
"We're having liver for supper." Although they've long seen through this attempt at reverse psychology, the mere mention of this intensely disliked food tends to make just about any other entree appealing.
Thanks to a cookbook that recently turned up in a daily stack of mail, this daily exchange may now see a llittle variety. Not just any cookbook, this publication features a compilation of receipes from the Old Farmers Almanac, first printed in 1792.
I wonder. Did kids of those days
gripe at what Mother dished up for dinner ${ }^{\text {? }}$
"Yuk, whitpot again?" (That's a type of cornmeal soup.)
"Ma, y'know I hate fried cucumbers."
"Why do we always have pigeon ple". (Start by cleaning and trussing four pigeons.)
"Where's the walnut catsup (a sort of vinegared preserve of green walnut hulls) for the Potato Bargain (an open-hearth concoction of potatoes and onions)?" Next time the "what's for supper'' grilling starts, I'll tell 'em we're having Calves Ears
This dish consisted of exactly what it's called, the items mentooned being first boiled and blanched, then stuffed with chopped ham and mushrooms, sauteed in butter and finally simmered in beef stock.
Come to think of it, how different is that from the local favorite: tuffed hog stomach?
Or how about Bubble and Squeak a one-dish meal of bacon, cabbage and potatoes, with a side serving of Codfish Tonques and Bone Marrow on Toast. Finish with a dessert of Candied Sweet Flat, which as near as I can figure is the candied root of that favorite spring flower, the Iris. Top with whipped cream if you like.
"Oh, gross me out!" they'll shriek, wrinkling up noses and heading for the peanut butter and jelly.

And to the resident teenager who steadfastly claims to HATE baked potatoes, that might even make the buttered, baked-in-their-crispy jackets spuds sound almost as appealing as a pizza with everything.

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