

NEWARK, Del. - There is a stark beauty in the midwinter landscape. But many of us miss the green foliage of warmer seasons. Thus the color that houseplants provide is especially appreciated at this time of year. A little care and attention to the humidity and light needs of your plants will ensure that they thrive throughout the winter.
"Lack of moisture in the air can harm plants," says Sue Barton, University of Delaware extension ornamental horticulture specialist. "To increase the humidity around your houseplants, place them on pans of moist sand or gravel, or bury the pots in large containers of moist peat moss. Grouping plants
together away from drafts and heat sources will help maintain the moisture around them."
Short winter days mean reduced light indoors. "Plants that look a bit off-color now are often misdiagnosed as nutrientmisdiagnosed, says the specialist "More, likely, they're light More Be , theful to avoid starved. Be caref overfertilizing plants during this period of slow growth.'
Barton says you can avoid lowlighting problems by choosing shade-tolerant plants or using supplemental lighting. She recommends fluorescent lamps, as they won't produce excess heat or cause leggy plant growth. Cool white, warm white or specific grow


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lamps should be placed four to 12 device soplants won't be victims of filtering out needed sunlight. inches above the foliage. Lamps occasional forgetfulness, says Remove it by washing the foliage placed at a greater height are Barton. "Sixteen hours of light a with a mild soap solution and impractical, as they require much higher wattages to be effective, she says.

Consider using a timed lighting
day is adequate for most plants. rinsing thoroughly."
"Make the most of natural and With healthy houseplants your supplemental light by keeping winter doesn't have to be all brown supplemental folight clean," she and white-at least not indoors. says. "Dust can settle on leaves,

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