

Delaware 4-H gets grant for videotape project

NEWARK, Del. — Delaware 4-H has combined creativity with practicality to win a \$2,000 grant from the National 4-H Bread Education Program to produce a videotape series on breads. Nabisco Brands, Inc., Fleischmann Division, sponsors the national program.

The Delaware project's developers, area 4-H agent Joy

Sparks and extension foods specialist Dr. Sue Snider, garnered the maximum grant from \$25,000 available nationally. Sparks believes that the project was funded, in part, because of the portability and versatility of videotapes.

"I think it's important that our project can be used by other states and contribute to the national 4-H

breads education efforts," she says. "Not only will our videotapes serve 4-H leaders and extension home economists across the country, but they'll also be available for school programs and homemaker groups."

The state 4-H breads program emphasizes the role of carbohydrates and other bread nutrients in the diet, the actual

science involved in making bread, and bread-making skills. Videos planned include "The Science of Bread-Making," "Making Muffins," "Making Biscuits," "Making Yeast Breads" and "Shaping Yeast Breads."

The videotapes, along with supporting literature, will first be

used to train 4-H teen and adult volunteers, who will then direct eight breads activities in their local clubs. Instruction, says Sparks, can move immediately from the home VCR to hands-on practice in the kitchen.

A broader goal of the breads education program is to make the public aware of the nutritional value of bread in the diet and the variety of bread products available for meal planning.

For 34 years, Fleischmann Division of Nabisco Brands, Inc., has sponsored the National 4-H Bread Awards Program. In 1984 the company made a five-year commitment to continue that funding, and also established the grants for the bread education program for local, county and state 4-H groups.



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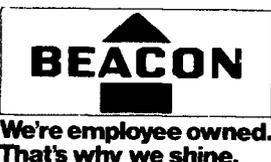
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