



Ladies Have You Heard?

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LAUNDRY BASICS FOR 100 PERCENT COTTON CARE

100 percent cotton has regained its popularity as a favorite fabric in light-weight and feminine dresses, easy-going pants, soft and sporty terrys and sturdy jeans. Cotton absorbs moisture and feels cool—something the synthetic fibers cannot do. It is also durable, versatile, launders easily and does not pill or cling.

Adversely, cotton picks up spots and stains because of its absorbency. It has little resiliency or elasticity and wrinkles easily. However, you will find that many cotton garments have been given special treatments including wrinkle resistance, stretchability and soil and stain resistance.

The first step in laundering cottons is to read the care instructions on the label. Then sort items by separating white and colorfast garments from bright and dark shades. Also, separate the heavily soiled from the lightly soiled things and the sturdy cottons from loosely woven knits.

Treat spots and stains prior to laundering. The method will depend on the type of stain. However, many stains can be lifted by moistening the stain and rubbing it with a full strength liquid detergent on the wrong side of the fabric. Allow it to stand for about 15 minutes, rinse, and if stain has not disappeared, treat again. A regular wash setting can be used for sturdy fabrics. Select the delicate cycle for loosely woven knits. The water temperature used depends on the degree of soil and the color-fastness of the items being laundered. Use the amount of detergent recommended by the brand you prefer to use.

100 percent cotton can be safely bleached. Chlorine type bleach may be used on white items. An oxygen bleach is safe for colored cottons as well as all fabrics. A fabric softener will help improve

the softness and comfort of cotton and also help to reduce wrinkling.

Tumble drying helps to maintain the softness of cotton. When drying, remove cottons while still moist and hang on hangers or lay flat to finish drying. This will help reduce wrinkling and also the possible shrinkage of cotton knits. Most cottons can be ironed on a high temperature setting. Those treated for wrinkle-resistance may only need touch-up ironing on a medium setting.

It will soon be time for the seasonal switch of clothing and accessories. Simplify the task and go through closets and drawers room by room. Use one box to collect garments to be discarded or given away and another to hold items that need cleaning and repair.

Soil weakens fabrics, so put everything away absolutely clean and dry.

Launder washables. Have non-washables dry cleaned. Hang garments. Place in garment bags or plastic bags. Fold items to be boxed; pack with tissue in between to reduce wrinkling. Sprinkle moth crystals or use moth balls when storing woolens.

Label boxes with contents for easy access. Keep sweaters, jackets handy for the first chill of fall. Store gloves, scarves and hats together.

Wash boots, shoes and handbags made of synthetic materials with a sudsy sponge. Rinse and dry. Use a special leather cleaner and polish on leather. Stuff boots, shoes and bags with paper to retain their shape. Store in boxes. Old socks make good protective shoebags.

With closets and drawers empty, it's a good time to freshen them. Wash, paint if necessary and devise new space dividers. Re-line drawers with paper or vinyl. Now you're set to unpack and stock warm weather apparel and accessories.

Bennecoff, Grim, receive Keystone Farmer degrees

ALLENTOWN — The Lehigh County FFA chapter recently held its 14th annual Parent-Member Banquet at the Lehigh County Vocational-Technical School. More than 200 parents, members, and guests attended the family-style dinner and awards program which featured the theme "Agriculture in Springtime."

State FFA vice president Timothy Pfautz, addressed the group and challenged vocational agricultural students to become involved and take advantage of the opportunities available through FFA. Set goals and work hard to achieve them to be successful, he advised.

Awards presented on the stage included honorary chapter degrees to persons for their time and effort in supporting and promoting agriculture. These included: Shelly Rex, Jack Legath, Ruth Koenig, Angelo Sorrentino, Mr. and Mrs. Joshua Grim, and Mr and Mrs. Terry Bennecoff.

Todd Bennecoff of New Smithville and Joshua Grim of Breinigsville received the Keystone Farmers Degree, the highest state degree earned by FFA members and based on student achievements.

Students who received the chapter Farmer Degree included: Tom Afflerbach, Lynn Bachman, Denise Berger, Julia Berghold, Tim Clouden, Dawn Cressman, Michelle Drust, Chris Ernst, Jodi Frantz, Earl George, Carol Hahn, Sharon Hernandez, Timothy Hoch, Aaron Humes, Barbara Hunsberger, John Lindstrom, Lori Mele, Stacey Miller, Anne Peters, Lisa Piller, Gwen Ressler, and Bonnie Wehr.

Proficiency awards were presented to members who developed special skills and abilities in the following selected areas: ag mechanics-Tom Afflerbach, beef production-Todd Bennecoff, FFA Creed Contest-Steve Sorrentino, crop production-Daniel Hartman, floriculture-Rochelle Burns, horse production-Denyelle Berghold, horse management-Debbie Heintzelman, landscape/nursery-Charles Eckert, ornamental horticulture-Charles Eckert, public speaking-Steve Sorrentino, sheep production-Joshua Grim, swine

production-Todd Bennecoff.

Showman medals were earned by students in the following: sheep: Tim Hoch, Aaron Humes, Jim Yeager, Joshua Grim, Anne Peters, Denyelle Berghold, Tracy Frantz, Jodi Frantz, Earl George, Lori Mele, Steve Sorrentino, and Michael Koehler, Swine: Todd Bennecoff, Les Lazarus, and Daniel Hartman, Beef: Todd Bennecoff.

The following students earned the special awards: Tree and Turf-Charles Eckert; Future Florist Award: Rochelle Burns; Scholarship-Sharon Hernandez, Barbara Hunsberger, Bonnie Wehr, Rachel Brown, Denise

Smith, Francis Davitt, Lori Mele, Tim Hoch, James Yeager, Joshua Grim, Dawn Cressman, and Theresa Frisch.

The Star Green Thumb in horticulture was awarded to Bonnie Wehr and the Star Greenhand in agriculture was won by Tom Hoch. Todd Bennecoff was received the Chapter Star Farmer in Ag and Lori Ritter Chapter Star Farmer in horticulture.

Joshua Grim was named the Chapter Star Agribusinessman and also was won the DeKalb Award, which goes to the outstanding senior based on scholarship, leadership, and FFA activities related to their projects.

Dairy princess candidates sought in Juniata County

All single young women who are between the ages of 16 and 22 and from a dairy farm background, are eligible to compete for the title of 1985 Juniata County Dairy Princess, announced Mrs. Jean Swartz, chairman of the Juniata County Dairy Princess Committee.

The winner of the dairy princess pageant, to be held Friday, June 21 at 8 P.M. at the McAlisterville Park, will be eligible to view for the title of Pennsylvania Dairy Princesses.

Twenty-seven state princesses and hundreds of county princesses have served as spokespersons for the dairy industry in Pennsylvania. They appear in shopping malls, fairs, supermarkets and on radio and television to educate consumers about the dairy farmer's product.

Any single woman who has completed her junior year in high school, is not over 22 years of age, never married and whose parents or guardians are engaged in farming, or if the young lady is the owner of at least one dairy animal, is eligible to compete for the title.

The winner must attend Pennsylvania Dairy Princess Seminar at Lycoming College, Williamsport, on July 15-17; and the Pennsylvania State Dairy Princess Pageant at the Marriott Inn, Harrisburg, Sept. 22-24.

The winner of the Pennsylvania Dairy Princess Pageant receives a \$500 cash award. The first and second runner-up will receive a \$300 and \$200 cash award respectively. The state title is honorary and there would be no interruption of school or regular employment plans. The State Pageant is coordinated through the Pennsylvania Dairy Promotion Services, Inc.

Young women interested in entering the Juniata County Dairy Princess Pageant should contact Robin Simonton at 527-2441 or Barbara Wilson at 527-4498 by May 15, 1985.



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