

4-H agents hold annual conference

CHICAGO, Ill. — "4-H The Wind In Your Sails" was the theme for the 1984 National Association of Extension 4-H Agents (NAE 4-HA) Conference in Chicago, Ill., Nov. 4-8. This annual conference is the only national professional improvement training event for the more than 3,000 4-H agents.

The annual conference is designed to help 4-H professionals increase their skills in volunteer and youth development. Keynote speakers featured at the conference focused on various aspects of the 4-H professionals' work.

Luther McKinney, senior vice-president of law and corporate affairs of the Quaker Oats Company, emphasized the skills needed

to help youth learn. He delineated the characteristics of today's youth, what they are involved in and what is of interest to them.

A second aspect of the conference featured ways to involve the family unit in youth programs.

Dr. Hazel Reinhardt, vice-president of market development, Crowles Media Company and director of research, Minneapolis Star and Tribune, discussed ways to help increase family involvement in 4-H and strengthen the family unit.

A noted expert on volunteerism, Sue Vineyard, president of vineyard Enterprises, explored one of the mainstays of the 4-H program—volunteers. With over

470 thousand adult volunteers in the 4-H program, conference participants were interested in Vineyard's suggestions on volunteer recruitment and training.

Rounding out the group of instructors was Dr. Allen Schmieder, director, Teacher Centers Program for the U.S. Department of Education, who discussed learning for the professional.

In addition to the numerous speakers, over 60 challenging seminars, as well as numerous swap shops and educational exhibits were offered. Specific seminar topics such as "Latch Key Survival Skills," recognizing 4-H'ers, neutralizing negative T.V. and 4-H citizenship programming, corresponded to the theme of the day.

In addition to the U.S., 82 other countries have youth programs similar to 4-H.



QUESTION - Mrs. Charles Biehl, Mertztown, would like recipes for sugar cookies and breakfast cake.

QUESTION - Mary E. Neal, Homer City, would like a recipe for vegetable lasagna.

ANSWER - Mrs. Mary Wolfinger, Ottsville, requested a recipe for white fudge that hardens itself. Thanks go to Mrs. Linford Stauffer, Quakertown, for sharing her recipe.

Sallie's Fudge

- 1 pound powdered sugar ½ jar marshmallow
- 1 pound English walnuts 1 inch square butter
- 1 tablespoon molasses 1 small can evaporated milk

Put milk, butter, sugar and molasses in saucepan. When it cooks all around pan, then cook exactly 9 minutes. Remove from fire, beat in marshmallow; add ground nuts. Put in buttered pan and cut in squares before it hardens.

ANSWER - Grace Ikeler, Bloomsburg, requested a recipe for broccoli soup with small pieces of cheese in it and a recipe for cauliflower soup. Thanks go to Mary Neal, Homer City for her recipes.

Cauliflower Cheese Soup

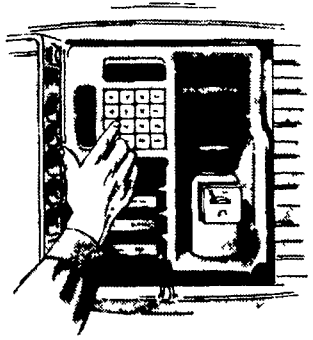
- 1 cup chicken stock ¼ cup flour
- 1 small head cauliflower, 3 cups milk
- broken into pieces 1 cup grated Cheddar cheese
- ¼ cup butter ¼ cup grated Romano cheese
- ½ small onion, minced ¼ cup minced parsley

In a saucepan, bring stock to boil. Add cauliflower and coat 8 minutes or until tender-crisp. Remove ½ of the cauliflower and set aside. Pour remaining cauliflower and stock into blender and blend until smooth.

In the stockpot, melt butter; saute onions until tender. Add flour, stirring until smooth. Slowly stir in milk; blending until smooth. Stir in blender mixture stirring constantly until smooth. Add Cheddar cheese; cook stirring until smooth and cheese is melted. Add reserved cauliflower and heat until steaming. Garnish with parsley and Romano cheese.

NOTE: I use this same recipe for my broccoli - using 1

teaspoon garlic powder and substitute American cheese for the Cheddar. I add chunks of American just before serving. I've also used different cheeses such as Mozarella.



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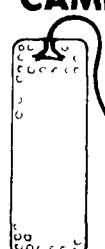
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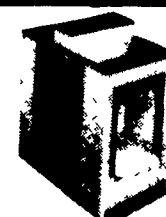
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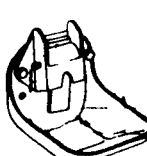
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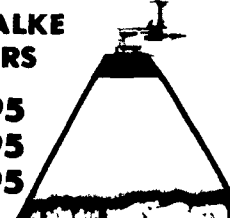
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