

## Marjorie Burns gives fashion update, shares tips

BY SUZANNE KEENE

LANCASTER - Marjorie Arch Burns, an independent authority on sewing, shared her knowledge of sewing and fashion with nearly 200 seamstresses at the Farm and Home Center on Tuesday.

All present were treated to Burns' warm humor and her helpful suggestions on how to update a wardrobe without spending the thousands of dollars that designers charge for their clothing. Burns told the women that she hoped to inspire them to "sew, sew, sew!" and she was so successful that nearly everyone left the all-day seminar with the initiative to try at least one of her ideas.

Briefing the women on some of the latest fashion trends, Burns said that deep, dark earthtone colors complemented with electric, neon colors are the most popular choice for this winter's fashions. One of the most perfect basic color combinations is navy blue accented with bright red, she said.

For the past few years dresses have dominated the fashion scene, but this year pants are making a comeback. "All the designers are talking pants, pants, pants this year," Burns said.

While many of the new pant designs have cuffs, some people do not look good in them. Burns suggested that women find the style of pant that flatters their figure and then stick with it, regardless of what is considered the latest style.

Man-tailored clothing, featuring longer jackets, pants and ties, will be especially popular this year, Burns continued. To create a man-tailored look, "the three-quarter length jacket is a length to wear with skirts, pants or dresses," she said.

To update something you already have, try adding a tailored tie. Some of the new ties come all the way to the bottom of the dress while others are shorter. Burns suggested that women experiment with the look until they come up with something that suits their individual style.

There's no need to spend the \$20 and up that ties are selling for at Bloomingdales and Brooks Brothers. Steal one of your son's or husband's outdated wide ones, and narrow it down to suit your style, Burns suggested.

Another easy way to update last year's wardrobe is to add some "hip interest" to a dress or skirt. This can easily be achieved by



Sewing expert Marjorie Arch Burns explains how to pull an outfit together for an updated look. Here she shows a camisole featuring tucks, accompanied by a matching flower for the lapel of her jacket. Burns presented a fashion update and sewing tips at the Farm and Home Center on Tuesday.

wrapping a piece of fabric in a complementary color just below the waist and tying it with in a knot or bow at the side.

Medallions embellished with bright ribbons are also making this year's fashion scene and can easily be made with an old pin and a bit of ribbon, Burns said. Simply tack under the lower edges of the ribbon and sew it to the back of the pin to create your own crest of medallion to adorn a lapel.

When it comes to updating an old wardrobe without spending a fortune, Burns noted that getting the most wear from each garment is especially important. One way of making several outfits out of one dress or top is to make a number of collars in different colors.

Burns demonstrated this technique with a black V-neck blouse to which she added a black and white V-shaped collar, a blue collar with black buttons, and a cranberry and blue collar. To get a new outfit "you wouldn't even have to change your underwear, just your collar," she joked.

Another easy way to make your clothing look it's best is to add shoulder shapes. Burns said she wears them with almost everything she has, including flimsy T-shirts.

"I feel classy because they give you the right look today," she said.

Getting that classy look needn't involve the time-consuming task of installing shoulder shapes in each garment either. Burns attaches them directly to her bra straps with velcro and wears them this way.

Burns suggested that the women try adding an easy-to-make, versatile camisole to their updated wardrobes. This year's camisoles are sporting tucks from the top to the waistline. Burns demonstrated how to make the tucks, suggesting one and half inches as an ideal depth for them. For a better fit in the back, she said a small piece of elastic can be added at the top.

When the camisole is worn with a jacket, Burns suggested accessorizing the jacket with a flower the same color as the camisole. The flowers, which can be made in half an hour, can also be tacked onto shoes with a bobby pin to help draw an outfit together, she continued.

However you decide to update your wardrobe, Burns warned the women to stay away from "tame, colorless, non-committal clothes," and to "be sparing of the tried and true." When selecting something, she said, ask yourself: "Is the garment distinguished or distinguishing?" If it isn't, don't wear it!

## Delaware 4-H'ers camp with moose and beavers in Maine

NEWARK, Del. — Delaware 4-H'ers recently returned from a Maine adventure worthy of Huck Finn, Tom Sawyer and Becky Thatcher. Seventeen 11- to 13-year-olds spent a week camping with the moose and beavers as guests of their 4-H counterparts in Cumberland County, Maine.

They hiked along a mountainous portion of the Appalachian Trail, stopping to cool off and collect tadpoles in a series of crystal-clear lakes and streams. First of these was Lake Sebago, for which the shoes were named. Later, at Coos Canyon, the daring could leap from a 20-foot natural diving board into the chilly Swift River.

To Delawareans, mountains and cliffs are novelties, but Maine had even bigger surprises. Some of the stream beds contain pure gold. The 4-H'ers learned how to sift through mud with a gold pan to capture the shiny flecks. The amount they actually collected wouldn't pay for

a round of burgers under the golden arches, but they saw a goodly amount of the precious metal collected over the years by a local resident.

Besides gold and mountains, Maine means lumber and lobsters. The 4-H'ers learned the history of these two industries at the state museum in Augusta. Later, at the Ethan Allen furniture lumberyard, they saw a modern logging operation. Since logs are no longer permitted to clog New England waterways, felled trees must be kept under sprinklers to prevent insect damage. Once the logs are cut into boards, they must air dry for six months before being trucked to the furniture factory.

The youngsters discovered a live lobster on an ocean beach in Portland. Many brought home pieces of its deceased relatives as aromatic souvenirs of the trip. Only the adults actually ate

lobster, although one youngster, Brian Figarol, was proud that he managed to eat his first clam.

Maine's craggy coastline was a revelation to the Delaware 4-H'ers. Their Maine friends, who will make a return visit to Delaware, were just as amazed at a photo of Delaware's smooth, sandy beaches.

University of Delaware extension 4-H agent Mark Manno, one of the chaperones, said the 4-H'ers were the perfect age for the trip — old enough for K.P. duty, but young enough so that the boys and girls went their separate ways. Nobody complained about roughing it.

"I tossed a cake of soap to the swimmers in the lake," Manno said, "but they couldn't figure out why."

Nobody had much luck getting Huck Finn to wash behind his ears, either.

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