

Of all decorative knitting techniques, cable-knitting is probably the favorite of most knitters.

Cables add surface texture to sweaters. They're also responsible for the rich look characteristic of hand knit sweaters.

Cable sweaters like the one shown are ideal for today's skirts and slacks. This one had a striking all-over cable repeat pattern in front, contrasted with a simple stockinette back.

As shown, the sweater is done in Bernat's 100 percent cotton 'Cassino" yarn, but it may also be knit in acrylic, mohair and wool "Sweety." To order the sweater kit, containing either yarn and

complete instructions, look for details that follow this column. To learn more about cables, just read

In order to knit cables, you'll need a short, double-pointed cable needle. The cable needle helps you transfer stitches from one part of the row to another.

In cable-knitting, basically, you slip a group of stitches from the left-hand needle onto the cable needle without knitting them. You knit the next few stitches as usual, and then knit the stitches from the cable needle back into the row.

By moving stitches around with your cable needle, twisting cable patterns eventually result. Be patient waiting to see them, however, because the first few rows rarely look right.

Here are directions for the cable pattern shown.

DIRECTIONS: Cast on 22 stit-

Rows 1, 3 and 5: Purl 2, + knit 8, purl 2, repeat from + across row.

Row 2 and all even rows: Knit 2, + purl 8, knit 2, repeat from +

across row. - Row 7: Purl 2, + slip next 4 stitches onto cable needle and hold in BACK of work, knit next 4 stitches, knit 4 stitches from the cable needle, purl 2, repeat from + across row.

Rows 9, 11, 13, 15 and 17: Repeat row 1.

Row 18: Repeat row 2.

Repeat these 18 rows for the pattern stitch.

THE SWEATER KIT, complete with Bernat yarns and instructions is available in peach, misty blue pale pink, pearl gray, pale yellow marsh purple (amethyst), stormy teal (turquoise), ruby claret, or

white. KIT \$1022-502 in "Sweety" acrylic/mohair/wool blend: small (8-10) \$12; medium (12-14) \$15; or

large (16-18) \$15. KIT C1022-502 in "Cassino" 100 percent cotton: small (8-10) \$34 medium (12-14) \$38.50; or large (16-18) \$42.50.

To order, send kit price in U.S. dollars, plus \$2.50 postage and handling to Ellen Appel Crafts, your newspaper's name, Box 1144 Laguna Beach, CA 92652. Specify kit number and color. California residents, please add 6 percent sales tax.

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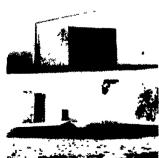


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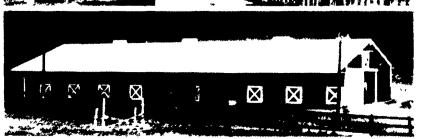
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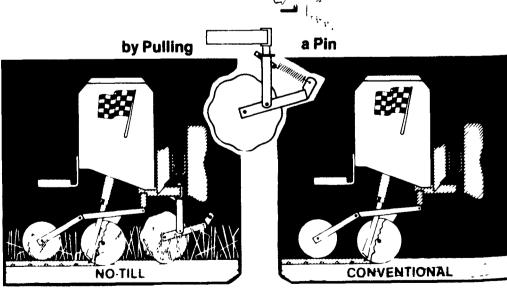
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