Wyoming-Lackawanna Dairy Princess named

TUNKHANNOCK — Becky Harding was recently selected 1984 Dairy Princess for Wyoming and Lackawanna Counties during a ceremony at the Tunkhannock Moose Hall.

First runner-up was Kimberly Garrison, 'daughter of Mr. and Mrs. Clark Garrison, Tunkhannock. Laura Smith, daughter of Gary and Jeanette Smith of Meshoppen, was selected second runner-up. Three other girls also competed for the title.

Becky, 19, is the daughter of Tom and Madaline Harding of Tunkhannock. She is a 1982 graduate of Tunkhannock High School, where she was active in

Storing juices in tin cans can lead to lead poisoning

MEDIA — Citrus and other fruit juices stored in open, original tin cans may contribute to lead poisoning, according to Greta C. Vairo, extension home economist with the Penn State Extension Service.

The link between the cans and poisoning came a few years ago after the Food and Drug Administration investigated a South Carolina case in which full strength orange juice refrigerated in open cans may have contributed to the total lead exposure that made three children ill. But FDA sources believe that other sources

of lead exposure including lead plumbing, lead-laden soil or dust may have also contributed.

Similar increases in lead levels in open, refrigerated cans have been reported in studies conducted by the FDA. These studies show that lead levels in orange juice stored in open, original containers increased about seven times, from 0.05 to 0.36 parts per million over a five day period.

FDA sources stressed that citrus or fruit juices stored in glass or plastic containers pose no health problems.

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VICA, softball and the ski team.

Becky is currently working on her parents' farm, located in Eatonville. Their herd consists of about 90 registered Holsteins with about 45 milking.

While she says she has no immediate plans to continue her formal education, Becky said she thinks about it once in awhile and believes it is never too late to go back to school.

Becky is the counties' first dairy princess since 1973, when Jeanette Goeringer of Tunkhannock wore the crown.

The evening began with a social hour followed by a buffet dinner. Robert Parr, director of sales and service for the Tunkhannock office of Select Sires, served as Master of Ceremonies.

Each candidate answered questions about how to improve milk promotion. Becky suggested doing more television advertisements and stressing the importance of milk to children at an earlier age.

While the judges were making their decision, Bobby Parr and Neale McMicken provided music. Betsy Sherwood also provided music earlier in the evening.



Tunkhannock Mayor Gary Bluhm places the crown on newly-selected 1984 Wyoming-Lackawanna County Dairy Princess Becky Harding.

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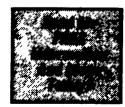
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Pennsylvania's Residential Building Energy Conservation Standards & Requirements for Electric Service

If you are building a new home or doing extensive remodeling, you should be aware that beginning July 20, 1984, PP&L can connect your electric service after your builder provides the company with a Notice of Intent to Construct form. This is a new regulation required by the Pennsylvania Public Utility Commission to increase compliance with the state's Building Energy Conservation Standards administered by the Pennsylvania Department of Community Affairs (DCA).

The form must be processed by the DCA or a local municipality, that has elected to administer the act, prior to our furnishing permanent service to a residential building having electric space heating or air conditioning. The forms are available at local PP&L offices.

The Building Energy Conservation Act (BECA), signed into law on Dec. 15, 1980, established energy conservation standards for newly constructed and substantially remodeled residential dwellings. The term "residential building" includes all buildings arranged for use as one or two family dwelling units and all row houses, town houses and garden apartment construction not exceeding three stories in height used for residential purposes, whenever each unit has its own individual and self-supporting heating, ventilating and/or air-conditioning system.

The standards include minimum insulation levels, prescriptive infiltration control measures, alternative building performance techniques, and minimum efficiency standards for water heaters and space heating systems, for the purpose of ensuring energy efficiency in Pennsylvania homes

The Pennsylvania Public Utility Commission regulation requires electric, gas and steam heat utilities to receive a copy of a "Notice of Intent to Construct" form.

Anyone wishing to have a copy of the Residential Building Energy Conservation regulations or having any questions regarding them, may contact

The Department of Community Affairs Division of Manufactured Housing 509 Forum Building Harrisburg, PA 17120 717/787-9682



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