

# Slip from summer doldrums with scoops of homemade ice cream

**BY SUZANNE KEENE AND LAURA ENGLAND**  
LANCASTER — The children are pouting because they're bored and it's just too hot to do anything anyway. Dad's slumped in his favorite chair, exhausted from a long day in the hot sun, and mom's just plain tired from all her chores.

If this is a familiar scene in your family, a trip to one of Lancaster County's ice cream parlors may be the solution to the summer doldrums. During the past week, which was designated National Ice Cream Week, Lancaster Farming reporters Laura England and Sue Keene have been touring the county in search of places families can go for a homemade ice cream treat.

Their search was not in vain, for Lancaster County is blessed with a number of locations that offer delicious, homemade ice cream. All the parlors the reporters visited offered a variety of flavors,

ranging from the standard vanilla and chocolate to more exotic flavors like coconut, pina colada and burgandy cherry. And, for folks whose tastes demand more than a simple cone, the shops offer a selection of sodas, sundaes and floats sure to satisfy even the largest appetite.

While ice cream is the main attraction in all the ice cream shops, each one has something unique to draw hungry customers through its doors and up to the counter.

## STRASBURG COUNTRY STORE AND CREAMERY

The luscious aroma of waffle cones baking and the tinny sound of a rebuilt Orchestrian draw the casual passerby into the Strasburg Country Store and Creamery located on Main Street in Strasburg.

Once inside, the visitor is transferred to another time - a



Mary Radesky, an employee of the Strasburg Country Store, lifts a "waffle" off a hot iron. The waffle will be folded into an old-fashioned ice cream cone, a favorite of this recently opened creamery.

## BACK HOME

By Michelle S. Rodgers

Lancaster Extension  
Home Economist



This summer will be remembered well as the "floods of 84." There have been many disastrous happenings as a result of so much water. However, I must admit to one positive thing: I've had ample opportunity to sit on the porch and watch it rain.

This is just one more family tradition being continued. In our family, an evening pierced by claps of thunder and rain splashing from the sky would signal a retreat from the day's activities. Everyone, including the dogs and cats, gathered on the porch's dry spots to watch it rain. On many occasions the rain was a welcome sight to sun blistered corn and over-heated bodies.

During one of the recent thunderstorms I retreated to my peaceful perch on the porch. However, I noticed that this family tradition was not observed by all families. Neighborhood children were crying, frightened by thunder, parents were hurriedly packing up and moving indoors and the dog beat everyone inside. I was becoming a little uneasy myself until my memory recalled those evenings of my family calmly sitting on the porch. My parents relaxed example related, "There's nothing to be afraid of!"

Fears! Thunderstorms, the dark, heights, big dogs! We probably all have some kinds of fears, but they vary in subject and degree. Thunderstorms may be a summer delight for me but a dreaded event for others.

Some fears are irrational while others are necessary for our well-being. The fear of being run over helps us to stay on the curb until it's safe to cross. Fire extinguishers and smoke detectors help ease the fear of a flaming tragedy. Each of these fears is a normal response that protects us from harm.

On the other hand, there is irrational... fear that prevents us from carrying on a normal, creative life. Some people fear

driving or flying which could prevent pursuing a job away from home or vacation plans.

All of us have fears, but childhood is a time of dealing with a great number of fears. Fear of: being dropped, the toilet, imaginary creatures, the dark, and strangers. Children's fears are real because the human mind does not develop the ability to think on fears until age 13 or 14.

What can you do to help your children handle their fears? First, your example is important. Some of the fears a child has are reinforced by what the parent does in certain situations. The very things said can suggest to the child that he should be afraid.

Be honest. Telling a child that a shot won't hurt will make him mistrust you the next time. Trying to scare a child into behaving by telling him the police will come and throw him in jail is doing the child a deep injustice.

How do you react to a mouse, snake, blood, accidents? Without thinking we might suggest fear to a child. How about the time you are all dressed up and an extra friendly dog comes bounding up to you. The child doesn't see that you are just moving quickly out of the way to keep from getting dirty. To a child you are trying to get away from the big, scary animal who can hurt you.

The most important thing to remember is that whatever the fear, it is very real to the child. Monsters under the bed always go away when you turn the light on. Ridiculing the child, calling him a baby, getting angry, punishing him, or forcing the child to "get over it" will only cause havoc. Encourage your child to talk about fear, and help him think of things he can do to solve the problem.

I wasn't always fearless of thunderstorms, but I can enjoy them now...all as a result of sitting on the porch and watching it rain.

Penn State is an affirmative action equal opportunity educational institution.

time when homemade was the rule and not the exception. People perched on old-fashioned chairs savor scoops of creamy homemade ice cream nestled in homemade waffle cones - the shop's specialty. Many more wait for their turn at the counter lined with jars of candy mix-ins.

A wooden Indian beckons stuffed guests to the rear of the shop, where they can purchase a large variety of gift items and penny candies. But on their way to the gift shop, they must first pass a deli case stuffed with the ingredients for one of the shop's Dagwood-style triple-decker sandwiches.

Assistant Manager Lori Stoltzfus says that the creamery makes about 315 gallons of ice cream a week, most of which is sold directly from their shop. Since the store's opening in late May, the favorite flavors have been Oreo, snickers, black raspberry and burgandy cherry.

## SUNDAE BEST

To the north of Strasburg in Lititz, lies Sundae Best, another old-fashioned ice cream parlor offering homemade products.

At Sundae Best, visitors can peer at downtown Lititz through etched glass while munching on cones or other ice cream delights. The shop offers a variety of flavors, including rum raisin, coffee and coconut.

Hungry visitors who want to precede their ice cream with something more substantial, can select from a list of daily specials, all of which are homemade. For the extra hungry customer who will be satisfied with nothing less than ice cream, and lots of it, Sundae Best offers a sampler platter of four or more dips at the reduced price of 45 cents per dip. Normally, a dip costs 66 cents.

(Turn to Page B19)



Robin Cathey and Tiffany Meese, both of Lititz, enjoy ice cream sundaes at Sundae Best.



Good's Dairy, on the Rohrerstown Exit of Route 30, offers miniature golf, country animals and lots of homemade ice cream.

## Family Living

