

Even if cross-stitch is your favorite craft, how many samplers can one person make? Many other projects are also possible, as you can see from the eyeglass case shown here.

The case, complete with calico goose design chart, is available in a kit from "Dimensions." Aside from yarns, fabric, needle, design cnart and instructions, the kit contains an alphabet chart for a monogram in back.

To order kit D-3563, send \$12 to Ellen Appel Crafts, your newspaper's name, Box 1144, Laguna Beach, CA 92652. (California residents, please add 6 percent sales tax.) To learn to make monograms, just read on.

No matter whether you make a sampler, eyeglass case or any other project, monograms make a hand-crafted item truly special. Monograms are also easy to crossstitch, if you know a few simple techniques.

Here are directions:

MATERIALS: Even-weave cross-stitch cloth; graph paper; pencil; needle; embroidery thread; embroidery hoop.

DRAWING THE MONOGRAM: 1. Write initials on graph paper, preferably in block letters. 2. Leave one or two blank spaces

between letters. 3. Make all letters the same height. If possible, make letters the same width, too.

DECORATIVE EFFECTS: 1. If desired, add decorative curves or lines to letters. 2. Also if desired, draw a border around the monogram.

CENTERING: 1. Count boxes to find the center of your monogram design. 2. Darken horizontal and vertical center lines on graph. 3. Determine where to place monogram on fabric. Find center of the area. 4. Baste along horizontal and vertical center lines on fabric.

STARTING POINT: 1. Counting 1 square of fabric for each square in the graph, count fabric squares to find the top of your design. 2. Count left to find first square of design.

STITCHING: 1. Position fabric in embroidery hoop. 2 Starting with top left square, cross-stitch from left to right, top to bottom. 3. Make 1 cross-stitch on fabric for each square in the charted design.

CROSS-STITCH HINTS:

1. Make cross-stitches

2. Instead of running thread from one area to another, especially when areas are long distances apart, end off and begin again. 3. Hide loose ends by running them through stitches on back of fabric.



