# Cows and karate; milk and moo-ving

YORK - The Central Region Young Dairymen wrapped up their June dairy month activities last Saturday by filling the York Mall with a series of fitness demonstrations, contests, UHT milk samplings, dairy souvenirs, sweepstakes signups and that perennial crowd-pleaser, cows and

A surprise contestant, Paul Kitson, of the Baltimore Blast soccer team, upset three other contenders in the cow milking

contest. But he was defeated in the ice cream eating runoffs by P.M. Magazine's Blake Powell, who downed a pint of ice cream in two minutes and 40 seconds. Other contestants included Congressman Bill Goodling and Bruce Collins of 98 YCR radio.

In keeping with a fitness theme for the promotion, the day's scheduled special events included performances by aerobics and jazzercise groups, a karate demonstration and bodybuilders.

Helium-filled "Real" balloon, offered by Leroy Walker, prove a fascination for small fry.

### I'll have one

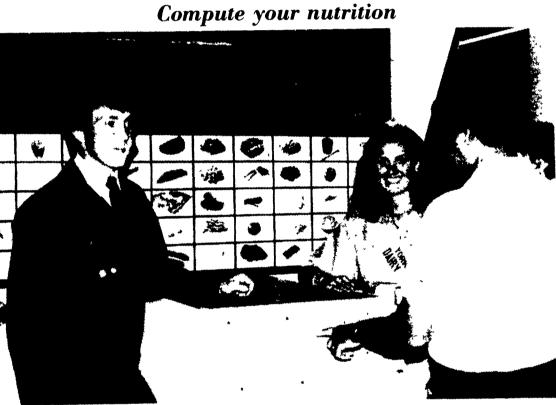


What is that?



Curiously but cautiously, little Mandy Stackpoole, of Manchester, Md., makes acquaintance with Hope, the Brown Swiss.

## reservaterestertest Photos by Joyce Bupp



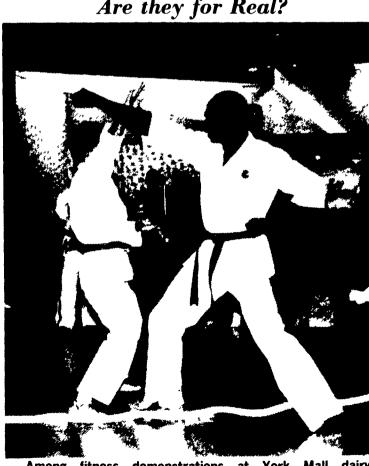
Helping to operate Dairy Council's nutrition computer are York County FFA treasurer Bill Boothe and York Dairy Princess Judy Perry.

### It's milking out time



Cows always draw spectators and milking out time by Dave Krone is no exception.

### Are they for Real?



Among fitness demonstrations at York Mall dairy promotion was a karate presentation.