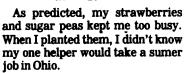
Ida's Notebook

Ida Risser



For the past two weeks, I've picked an average of 30 quart a day or 360 quart so far. And, I'm not nearly finished as I leave my peas stand to bloom a second time. These are the ones that I will freeze since the first crop gets sold. Now that is a job in itself - phoning customers and setting up times and days when it suits them to use the berries and peas.

During this period, I become a short-order cook. I put three nice meals on the table, but they are not menus that take a long preparation time. Shortly after I was married, I attended a Homemaker's Day where a speaker told us that onehalf an hour was sufficient to make a meal if you planned properly. This advice must have impressed me as I've stuck to it all these

There are certain foods that seem to go together. When I have chicken and mashed potatoes, I think that I should cook peas with it. Or when I make baked beans and hot dogs, I feel red beets are a nice complement. During this busy season, I did take time to make strawberry shortcake several

times, but even this delicious dessert can be made in minutes.

They say variety is the spice of life. We use a lot of potatoes and I have at least ten different ways of serving them. But when I was younger at home, we always had raw fried potatoes for each and every supper meal year in and year out. That surely saved time in planning what to cook. Maybe we had them so often because my father claimed it was his favorite

Somehow I must catch my breath before our daughter and her family from Seattle visit us for a few days the end of June.

Volcanoes

(Continued from Page B10)

Hawaiian eruption is the ancient shadow of Pele, the volcano

"Even today, long after most of the old religion has disappeared and been forgotten, during eruptions one commonly finds offerings to Pele on the lava flows or around the edges of the crater, left by people who still firmly believe in her," according to a

book, "Volcanoes in the Sea: the Geology of Hawaii.'

Tilling, who lived in Hawaii for four years during the 1970s, recalls one woman who always visited the Big Island during eruptions. "She would toss in a bottle of gin and some ohelo berries," he says.

"It was always considered a traditional offering, but one wonders how traditional it is when you're talking gin."

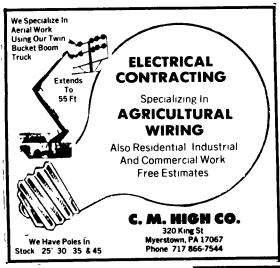


Lancaster 4-H Dairy Club

The Ayrshire, Jersey, Brown Swiss 4-H dairy club met recently at the home of James Spickler.

County Agent Glenn Shirk demonstrated "How to Clip and Show an Animal," and each member got an opportunity to practice.

Following the demonstration the meeting consisted of definite plans for a dairy club dance at the roundup, and the topic for the calf dressing contest at next month's





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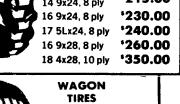
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