



Ladies Have You Heard?

By Doris Thomas
Lancaster Extension
Home Economist

Air Conditioner Tips
You've recently bought a room air conditioner and you're all smiles. You made sure it is right for your house and that it is energy efficient. Just think of all the energy you'll be saving while staying cool. But wait a minute. Are you doing all you can to make sure the air conditioner runs efficiently? There are several ways that you can help your air con-

ditioner keep your house cool and save even more money.

One thing to do is to reduce the outside heat coming into your house:

- Shade windows from sunlight with drapes, shades, shutters, awnings or overhangs.

- Use storm windows, especially those that can be opened or closed as the weather changes. Be sure to weather strip your windows and doors, too, and keep them tightly shut.

- Close all unnecessary openings such as fireplace dampers.

- Add insulation, but first get professional advice on how much to add. As a rule, ceiling insulation should be 6 inches thick and wall insulation 3 to 4 inches thick.

You can also reduce the heat generated on the inside of your house.

- Turn off all electric lights and appliances when not needed.

- Avoid using the heated dry cycle on your dishwasher.

- Spread out use of heat-producing appliances such as irons and ovens.

- Don't cook or use laundry equipment and dishwashers during the hottest part of the day.

Keep your air conditioner at peak efficiency:

- Keep the unit clean inside and out. Clean the filter regularly. Clean the condenser at least every two to three years.

- Don't restrict the air flow into or out of the unit either indoors or outdoors.

- Locate the unit on the north side of your house if possible and install it properly. Make sure the house has the necessary amperage and voltage.

Do not use the unit more than it is necessary; try to do the following:

- Set the thermostat to a warmer temperature. A minimum of 78° is recommended.

- Turn the unit off and open windows when the weather is cooler or breezy.

- Close off unused rooms.

- Turn the unit off if the room is not going to be used for several hours.

- Use the fresh air and/or

exhaust damper (if your unit has one) sparingly.

Above all, follow the manufacturer's instructions on the use and care of your air conditioner. Help your air conditioner keep you cool.

You Can Freeze Dairy Products
You're about to leave for vacation and realize you have a quart of milk in your refrigerator. You also have some cheddar and some cottage cheese.

There's no need to toss any of these products out; you can safely freeze them. Recommended storage time in the freezer is shorter than for other foods, however. And you should be aware that, except for the butter, margarine, and lard, the quality of the thawed product won't be as good as fresh. Milk will separate and cheese will get crumbly, so plan to use these products in cooking. However, do not use milk to prepare baked custard.

The following guidelines should help you freeze dairy products successfully:

Pasteurized homogenized milk — freeze in original cartons; storage time — 1 month.

Cream — if contains at least 40 percent butterfat it can be frozen for use later in making ice cream or in cooking. Package in freezer containers allowing ample headspace. Storage time — 3 to 4 months.

Butter, Margarine, Lard — freeze in original cartons for short storage or overwrap cartons for longer storage — up to 6 months.

Cheese — wrap tightly in heavy-duty foil or any pliable freezer wrap. Thaw cheese in this wrapping.

Freeze hard cheeses such as cheddar in pieces of one-half pound or less. Cream cheese will freeze well if blended with heavy cream. Use for dips or icing on frozen sandwich loaves.

Specialty cheeses freeze satisfactorily. Blue cheese will become crumbly after freezing — but it will still be usable for some dishes such as salads.

Uncreamed cottage cheesemade from pasteurized milk must be frozen very rapidly to avoid water separation when thawed.

Central Michigan Tractor & Parts

2713 N. US 27, St. Johns, MI 48879



Call The Professionals
Toll Free:
1-800-248-9263
Michigan Res.:
1-800-292-9233

For a savings of 50% off dealers list on good used tractor & combine parts.

BUCK TRACTOR PULLS... EVERY SATURDAY NIGHT AT 7 P.M.



Featuring Tonight
MODIFIED & SUPER
STOCK TRACTORS

FRONT WHEEL DRIVE TRUCKS

REGULAR ADMISSION

Adults..... \$6.00
6 to 12 yrs..... \$2.00
5 & Under..... FREE

* Does not include special events

LOCATION:

10 Miles south of Lancaster on Rt. 272

SEE YOU AT THE BUCK!

FARMER BOY AG, INC.

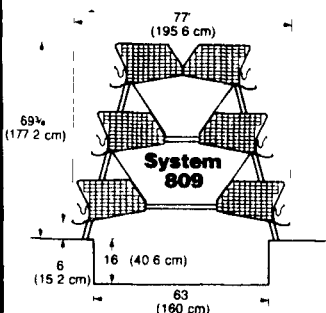
Distributor For
**DIAMOND
POULTRY SYSTEMS**

Farmington, Michigan

Diamond Systems

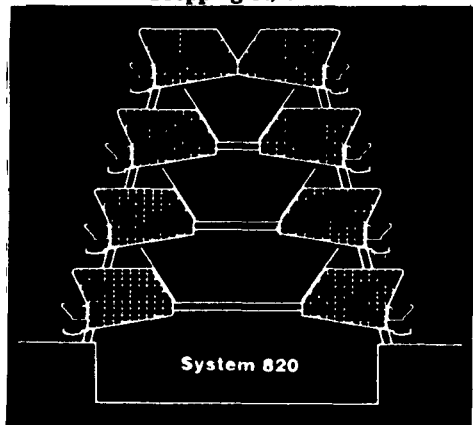
2- and 3-High Modified Stair-Step Cage Layer Systems

Exclusive Contour Cage gives birds more room



Diamond Systems

The All New Diamond Systems 4-High Modified Stair-Step Cage Layer Systems With Dropping Curtains



New Diamond Systems 3-High Starter-Grower

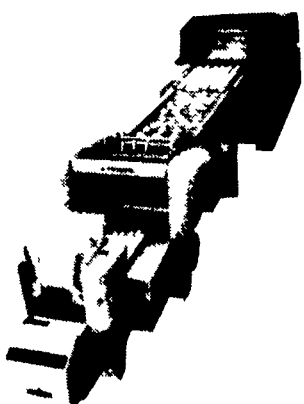
SALES & SERVICE For Buildings And Equipment

CALL

IRVIN HORST LARRY HORST
Office (717) 866-7565 Office (717) 866-7565
Home (717) 866-2815 Home (717) 949-3022

SWINE & POULTRY SYSTEMS SPECIALISTS
FARMER BOY AG. INC.
410 E. LINCOLN AVE MYERSTOWN PA 17067 PH 717 866 7565
BEST IN DESIGN, PRICE AND EXPERIENCE

For Egg Packing You Can Bank On Us.
Diamond Automation's FARMPACKERS are... Eggscellent!



NEW! PEST CONTROL INSULATION!

HERE'S A NEW WAY TO WORK THE BUGS OUT OF YOUR NEXT BUILDING PROJECT

NEVER BEFORE AVAILABLE!

New IN-CIDE helps cut waste and keep costs down by doing double duty as a superior insulation and a safe, effective insecticide!

Using a specially developed chemical called Relyon 2100,™ new IN-CIDE puts a powerful, EPA approved bug killer right in walls and ceilings - where no other pest control product can reach! And where most bugs live and breed. Even though it works indefinitely IN-CIDE is

IN-CIDE has the best fire retardant properties of any insulation. Plus, excellent sound absorption. But it's not just a fire, noise and bug barrier! New IN-CIDE is the finest thermal insulation available today. Its R-value performance easily beats out other types of insulation. And that means insulation for lower utility bills!

So, the next time you have a building project insulate and exterminate with new

IN-CIDE

PEST CONTROL INSULATION

- completely safe for people and pets
- non-toxic and biodegradable
- installer-safe and hazard-free

Environmental Protection Agency an agency of the federal government

For the name of the dealer in your area contact:
SUBURBAN INSULATION, INC.
1115-F Maugans Ave. Hagerstown, MD 21740
(301) 791-7360