

Dairy Drink

(Continued from Page B7)

BANANA ORANGE FROSTED

½ cup orange juice
½ cup milk
1 banana, cut up
1 pint orange sherbet
Mix orange juice, milk, banana and half the sherbet in blender on high speed until smooth. Pour into tall glasses; top each with scoop of remaining sherbet. 3 1-cup servings.

ORANGE BUTTERMILK SHAKE

1 cup buttermilk
1 scoop vanilla ice cream (about ½ cup)
½ cup orange juice
2 tablespoons brown sugar
Mix all ingredients in blender on high speed until smooth. Pour into tall glasses. 2 servings, about 1 cup each.

BLUEBERRY MILK SHAKE

1 cup crushed blueberries
½ cup sugar
Few grains salt
3 tablespoons grated lemon rind
6 tablespoons lemon juice
6 cups cold milk
1 pint vanilla ice cream
Mash fresh blueberries and add sugar, salt, lemon rind, and juice. Blend thoroughly and add cold milk. Pour into cold glasses and top with vanilla ice cream. Garnish with fresh blueberries or thin lemon slices. Serves 6.

MINTY CHOCOLATE FLIP

¾ cup Glossy Fudge Sauce (above)
¼ cup malted milk powder
2 cups milk
1½ teaspoons vanilla
¼ to ½ teaspoon peppermint extract
2 to 3 cups vanilla ice cream, softened
Mix sauce and malted milk powder until smooth. Slowly blend in milk and flavorings. Chill. To serve, stir in ice cream just until blended. Serve immediately. 4 servings.

CRANBERRY EGGNOG

6 eggs
¾ cup sugar
1 pint heavy cream
2 pint cranberry juice
Ground cloves
Chill all liquids. Separate eggs, beat yolks until frothy. Add ½ cup sugar and beat until smooth. Beat whites into peaks, add remaining sugar and beat until smooth and shiny. Fold yolks into white until all patches of white disappear. Pour in cream then cranberry juice and stir thoroughly. Serve cold with cloves over the top. Makes 5 pints.

Betty Blehl
Mer. town

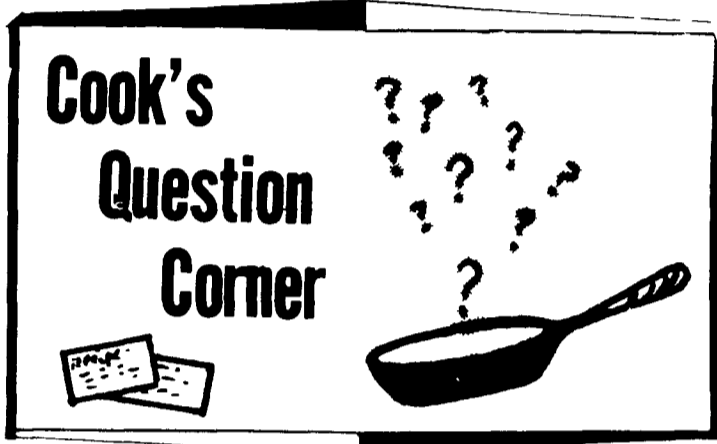
Thin vegetable plants for garden success

MEDIA, Pa. — Most gardeners have weeds in their gardens and don't know it. How can that be? Well, the definition of a weed is any plant that is out of place in the garden. So, according to C.R. Bryan, Jr. Delaware County cooperative extension service director, if you planted your beets or carrots too thickly, and have too many plants in one row, they are out of place. And we just defined a weed as being a plant that is out of place.

That's why good vegetable plants can be as bad as weeds if they cause an overcrowded condition. Too many gardeners don't

figure on thick stands of vegetables acting as weeds. The don't pull them out and the garden suffers.

If you find there are too many beets, carrots or other vegetables in the row, thin them out — just when the plants are big enough to pull easily. Disturb the remaining plants as little as possible. In fact, you can pull the regular garden weeds along with these extra seedlings in one operation. Thinning to the right distance apart makes a good garden and the resulting crops, even better. Penn State is an affirmative action, equal opportunity university.



QUESTION - Kathy Jones, Carlisle, is looking for a Chiffon Cake which uses juice and is baked in a loaf pan, and is especially good with strawberries and cream.

ANSWER - Mrs. Ray W. Seidel, Lenhartsville, requested a "recipe" for Sunshine Pie. Thanks go to Mrs. Ephraim G. Zook, Lititz, who shared the reading.

Sunshine Pie

A pound of patience you must find. Mix well with loving words so kind. Drop in two pounds of helpful deeds and thoughts for other people's needs. A peck of smiles will make the crust, then stir and bake it well you must. And now I ask that you try a slice of my "Sunshine Pie."

ANSWER - Mrs. Linda Stoltzfus, Honey Brook, requested a recipe for homemade pancakes. Thanks go to Joan Hollinger, Kempton, who shared her recipe and with all the others who sent recipes.

Flannel Cake

3 cups flour
4 teaspoons baking powder
1 teaspoon salt
3 cups sweet milk
2 eggs, separated
2 tablespoons melted butter
Measure and sift dry ingredients together. Beat egg yolks and add milk. Pour milk mixture slowly into dry ingredients and beat thoroughly. Add melted butter and then fold in stiffly-beaten egg whites. Bake on hot griddle. Yields about 12 medium-sized pancakes. Delicious!

ANSWER - Rose Hutchinson, Centerville, Del., asked for dairy recipes for no-cook ice cream, homemade butter and flavor variations for butter, cheese recipes and a yogurt recipe. Thanks go to Mrs. Ray A. Keeny, New Freedom, for her Blender-Made Butter recipe and to Mrs. John B. Becker, Paradise, for her Instant Strawberry Ice Cream recipe.

Blender-Made Butter

1 cup heavy cream
½ cup ice water
Put cream into container. Cover. Press button 2, and blend until cream thickens around blades. Keep motor running and pour ice water through opening in top. Press button 6 (chop) and blend until butter forms. Turn into strainer and drain. Rinse with cold water. Work water through the butter. Drain. Repeat until water comes off fairly clear. Add salt to taste.

Instant Strawberry Ice Cream

3 cups whole, frozen strawberries
2 eggs
½ cup sugar, scant
½ cup whipping cream

Just before serving, remove berries from freezer. Place cream, eggs, and sugar in blender container. Whirl 2 seconds with motor on high, drop in frozen berries 1 at a time by removing center part of blender lid. Whirl until smooth, stopping when necessary to stir thick mixture with rubber scraper. Spoon into dishes and serve immediately. Serves 4.

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