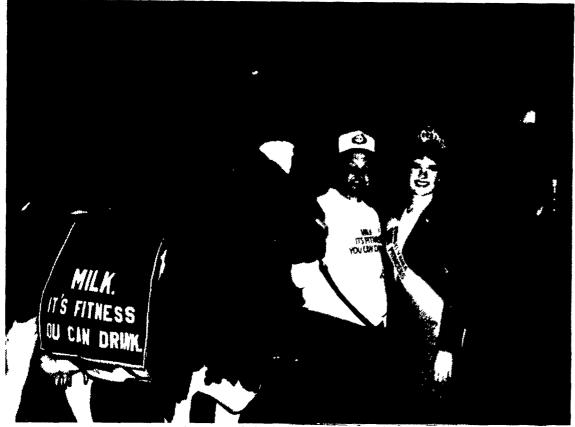
Drink Milk! It's June Dairy Month

Cow visits Rotunda



Holstein cow Ada, with owner Bob Kauffman and Pa. Dairy Princess Tammy Cree, made history last Friday during the June Dairy Month kick-off as the first cow to set hoof in the Capitol Rotunda in Harrisburg.

Promoting milk



Trish Williams, communications director for the Middle Atlantic Milk Marketing Area, and Ada display their "Milk! It's Fitness You Can Drink" jogging outfits.

Drink milk



Secretary of Agriculture Penrose Hallowell promotes June Dairy Month.

Fitness fun



Getting into fitness, the Magic Cow steps into an Aerobics demonstration by the East Branch YMCA.

Ice cream



Who can resist ice cream, and lots of it? Not this youngster nor many others attending the June Dairy Month Proclamation party.

City meets country



City meets country as city school children extend a warm hand to pat Ada on the head.

Healthy bodies



Holly Schramm, of Middletown, shows what a little body building and drinking milk can do for her.