

Food co-op

(Continued from Page B2)

equipment, there is a small assessment made on each order. For orders over \$25 there is a two percent charge; for orders under \$25 there is a three percent charge. There is also a one-time non-refundable charge of \$10.00 as a commitment to the co-op. Officers and others who help process orders do not have to pay the percentage charges.

Sarah Murr, who processes the fish, arranges to have it delivered when she arrives home from work, then divides and re-packages it and calls members when their orders are ready. "It's in and out of my house in three hours," she says.

Others have an established pick-up time, usually from 3-5 p.m. Since most homes are within walking distance of others, many of the women simply take their

child's wagon and walk from pick-up point to pick-up point, collecting their groceries.

When there are extra items delivered, like extra tomatoes or bananas, these are offered for sale as people come for their orders. The meat and cheese handlers have established a "deli" in which they offer sliced and packaged leftover meat or cheese, marking each package with weight and price. This has the extra advantage of giving members the opportunity to try new things.

If an order from a supplier is short, the produce is re-distributed, usually taking a few items from those with large orders. The supplier then corrects it for the next month.

There are some pitfalls. One is that members sometimes get caught up in buying things they don't need because of the attractive quality and price. This, of course, happens in supermarkets too. Occasionally there can be a problem with quality, but suppliers

have been very cooperative in correcting the problem. Occasionally members buy too much of something, but most say they are learning what they need.

Most agree that it cuts down on trips to the grocery store, although it doesn't cut them out entirely. Personal items still need to be purchased at the store, along with items which the co-op has not yet been able to get. Kathy is optimistic about them increasing their variety, and as more is available she expects to purchase more through the co-op.

Members also say they eat a lot better. Sue says, "I couldn't buy the amount of things I buy. I definitely would not buy mushrooms or tomatoes in the winter, and it is a real treat having a variety of fruits all winter."

Not the smallest benefit is the sense of community which has arisen. Ann says, "Until we got into the co-op I didn't know a lot of

people, but it has been good for our community because it brings people together."

Indeed this community has demonstrated its closeness in many ways. There is a neighborhood Bible study, a neighborhood Halloween parade, a neighborhood yard sale, a neighborhood picnic and a neighborhood hay ride. Most children there are under 10, and there is even a home nursery school among four mothers, who take children at least one morning a week for some constructive play and learning activities.

As Sue points out, "Not everyone does everything. Different people do different things." Nevertheless, the feeling is one of commitment to the community and of caring for neighbors.

The Ironbridge Co-op may not be the only one of its kind in the county, but it is certainly one of few. After it was featured on

WGAL-TV, co-op officers received calls from others interested in the concept.

One thing is certain: This co-op is supplying a service for its members who reap the benefits of savings, convenience and the value of working together.

4-H Dairy Club

The Centre County 4-H Dairy Club met on May 14 at the Logan Grange in Pleasant Gap.

Cookies for a cookie sale were distributed and the group was given instructions.

The group discussed a new award which will be given to the Outstanding 4-Her and Showing and Fitter at the next Annual Achievement night in October.

Mel Brown showed a slide presentation entitled "Growing Heifer Calves."

Cowtown Rodeo

MAY 26th THRU SEPT. 1st

Cowtown, N.J.

"Cow Capital of the First Frontier"



Located on U.S. Route 40, eight miles east of The Delaware Memorial Bridge in Salem County.

Every Saturday Night **7:30 Rain or Shine

(Admission \$5 Adults) **(\$3 Children 12 and under)

Free Parking *** Refreshment Stands

Group Rates Available: Call 609-769-3200

BUCK

TRACTOR PULLS..



EVERY SATURDAY NIGHT AT 7 P.M.

Featuring Tonight

Modified & Modified Stock Tractors, 4-Wheel Drive Street Trucks

REGULAR ADMISSION

Adults.....\$6.00

6 to 12 yrs.....\$2.00

5 & Under.....FREE

* Does not include special events

LOCATION:

10 Miles south

Lancaster on Rt. 272

SEE YOU AT THE BUCK!

SANDBLASTING AND SPRAY PAINTING

Aerial Ladder Equipment Farm Buildings Feed Mills Commercial-Industrial Repointing Interior/Exterior



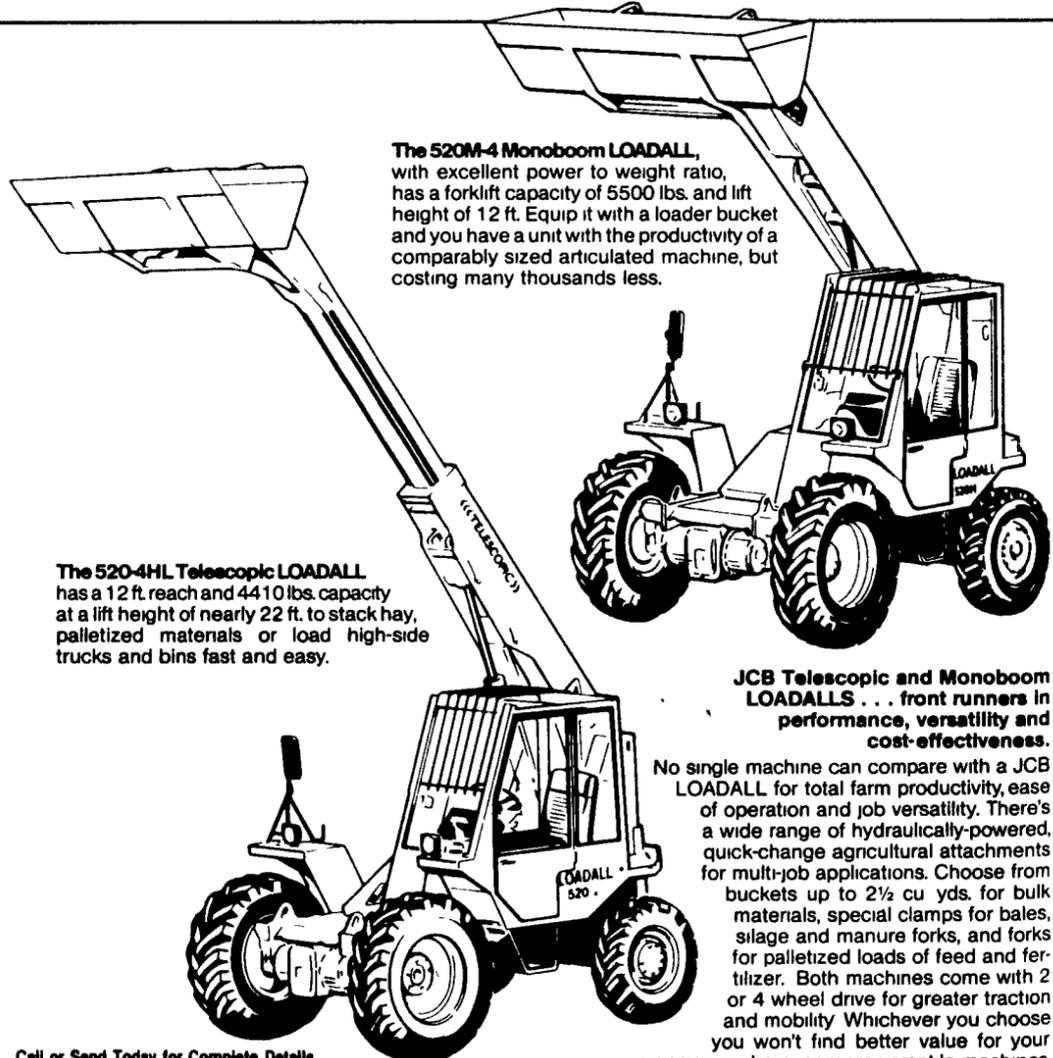
HENRY K. FISHER INC.

667 Hartman Station Rd.

Lancaster, PA

393-6530

LOADALLS do it all on the farm.



The 520M-4 Monoboom LOADALL, with excellent power to weight ratio, has a forklift capacity of 5500 lbs. and lift height of 12 ft. Equip it with a loader bucket and you have a unit with the productivity of a comparably sized articulated machine, but costing many thousands less.

The 520-4HL Telescopic LOADALL has a 12 ft. reach and 4410 lbs. capacity at a lift height of nearly 22 ft. to stack hay, palletized materials or load high-side trucks and bins fast and easy.

JCB Telescopic and Monoboom LOADALLS... front runners in performance, versatility and cost-effectiveness.

No single machine can compare with a JCB LOADALL for total farm productivity, ease of operation and job versatility. There's a wide range of hydraulically-powered, quick-change agricultural attachments for multi-job applications. Choose from buckets up to 2 1/2 cu yds. for bulk materials, special clamps for bales, silage and manure forks, and forks for palletized loads of feed and fertilizer. Both machines come with 2 or 4 wheel drive for greater traction and mobility. Whichever you choose you won't find better value for your money anywhere, or more versatile machines.

Call or Send Today for Complete Details.

Please rush me full details of the range of JCB Loadalls. I am interested in a demonstration. Please send me details on JCB Flexlease financing.

Name _____ Position _____

Company _____

Address _____

Telephone _____



JCB Inc.
10939 Philadelphia Rd.
White Marsh, MD 21162
(301) 335-2800

I LOST 170 POUNDS

in about 6 months, and I am still losing. Nothing ever worked for me like this before. I feel great."

- WE GUARANTEE -

You Lose 10-29 Lbs. Excess Weight In The First 30 Days With The Herbal weight loss program for less than \$30.00 or your money back

EDUCATIONAL MEETING ON WEIGHT LOSS & NUTRITION

Free Admission & Door Prizes

Where: Leb. Co. Vo-Tech School Auditorium
When: Tuesday, May 29, at 7:30 PM

Topic #1: Comparing various ways and costs to lose weight.

Topic #2: Causes and Potential Preventions for high blood pressure, heart problems, ulcers, diabetes, hypoglycemia, colitis, hiatal hernia indigestion, female organ problems, hemorrhoids, allergies, asthma, sinus, headaches & others

Testimonies by local people. FREE blood pressure tests and private interviews

I will be sharing how I lost 42 lbs. without any hunger pangs or exercise, corrected a diverticulitis and heart problem, and eliminated the need for surgery. It was easy, safe and inexpensive.



R. Smith
Myerstown, PA

DISTRIBUTORS WANTED

For less than \$32.00 to start. Includes distributor kit with products, manual & sales helps

For More Information Write or Call Us

IVAN & ESTHER MARTIN

522 Prescott Rd., Lebanon, PA 17042

Phone: (717) 866-4928 or 866-4555

Or Distributor

Arlene Martin, RD 4, Box 1607, Elizabethtown, PA 17022

(717) 367-3122