

There is something very special about a project that is shared. Whether it is one person or a dozen with whom you share, there is joy in doing it together. The following is information on a project we are starting in our church. It will work for any group.

Block by block we are making a quilt. This quilt, when finished, will be raffled off to some very lucky person.

Each member of the group will make one or more blocks using her own scraps and embroidering her name in the corner of each block. The group is furnishing the fabric and the batting which will be precut and ready to go.

As do all major projects, this one needs a few guidelines:

Select a quilt pattern that features blocks that can be finished individually rather than assembled and finished. Select a pattern that is not too intricate, so that even the beginner can handle it. For the backing choose a neutral color such as ecru.

Make a list of requirements to go along with each block so that the blocks will be uniform. For example, the type fabric to use (we suggested polyester-cotton, which is easy to find); what type thread to use; the finished size of each block) and a deadline for having the blocks finished.

# Youths to attend Washington program

DOYLESTOWN — Nearly 5,600 teenage 4-H members are expected to travel to Washington D.C. this summer to participate in one of the Cooperative Extension Service's most exciting programs - Citizenship-Washington Focus.

Forty-five 4-H members from Pennsylvania will participate in the program. Among them will be David Montgomery, Doylestown; and Natalie Wagner and Samuel Zearfoss, Lebanon County.

The program includes visits to Capitol Hill where the 4-H'ers will see government in action. Many will have an opportunity to meet their senators and representatives to discuss problems and possible solutions to real-life concerns

If possible, assemble the quilt as the blocks are turned in. This will keep the work moving and will give the group a sense of accomplishment.

Keep a listing of those who have been assigned blocks. You want to know how many blocks to expect and you don't want to forget anyone when you gather up all the work. Be realistic about a deadline. This is not an overnight project, but one that takes several months.

Good luck.

related to economics, energy, conservation, and more.

Their home base will be the National 4-H Center, a 12-acre campus located on the outskirts of Washington, D.C.

Members will learn about the election process by running their own political campaigns and elections. They also will tour federal agencies and visit historical sites. But best of all, they will meet other 4-H members from all around the United States to share ideas, concerns, and friendships. When the teenagers return home they are often inspired to become active, involved citizens in their communities. David is a member of the Buckingham 4-H Club, which has done many community service projects, such as trash pickups, entertaining elderly in nursing homes, and food donations.

For more information about Citizenship-Wasington Focus, contact the Bucks County Cooperative Extension Office, Neshaminy Manor Center, Doylestown, 343-2800, ext. 385.

## Mark to travel to Barbados

WEST GROVE - Lois T. Mark, daughter of Howard F. and Eleanor C. Mark of West Grove, Chester County, has been selected as an International 4-H Youth Exchange representative to Barbados The six-month cultural exchange program is aimed at farm and agricultural youth in Barbados.

Lois, 19, is scheduled to leave June 14 and return December 6. The trip involves living and working on host families' farms as well as visiting agricultural businesses, speaking to youth groups and participating in rural youth group activities. Lois, former ten-year member of the Somern Chester County 4-H Club, was selected by the county, state, and national 4-H offices for her past 4-H experiences. These include placing first in the state and national Dairy Bowi team in 1980 and placing forth in the 1981 State 4-H Poultry Judging Contest.

Lois will be available for speaking engagements involving Baibados farms, family life, and cultural experiences' after December 15. For additional information contact. Donna Connell, 4-H Extention Agent, Chester County Cooperative Extension Service, 235 W Market Street, West Chester, PA 19380.



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