

# CRAFT CORNER

## The sweet smell of sachet

Sachets are ideal stitchery projects. You can stitch them up quickly using your favorite technique, stuff them with delicious scents and then slip them into a linen closet, lingerie drawer or travel bag.

With lace, stitchery, ruffles and pretty designs sachets themselves are lovely to look at. Their main charm, however, is the sweet-smelling fragrance they provide

anywhere you put them.

The sachets shown here feature a new popular technique called chain stitching. In the technique, embroidery stitches outline a prescreened floral design, giving the fabric the look of elegant lace cutwork.

Supplies for six 4-by-4-inch sachets as shown may be ordered by writing to the address that

follows this column. To make a sachet now, however, just read the directions.

Sachets, by definition, are small bags filled with perfumed powder and stored with clothes. The "small bags" may be extravagant stitchery projects, lacy handkerchiefs, or literally anything that can hold a scented mixture.

The mixture itself may come from a kitchen, garden or a variety of speciality shops. Traditional sachet formulations date back centuries and often include flowers, oils, herbs, spices, lemon peels, orrisroot or other exotic ingredients.

As an alternative, the modern sachet-maker can simply fill sachets with scented teas from the supermarket, dried flowers from the garden or purchased mixtures. Here are directions for making a simple sachet.

**MATERIALS:** Fabric for sachet; embroidery floss; needle; lace; sewing supplies; sachet ingredients desired.

**STITCHING TIPS:** 1. Stitch sachet exactly as you would a miniature pillow, using scraps of fabric, lace and embroidery as desired. 2. Use any opaque, tightly woven fabric. 3. If you prefer sheer fabrics, line fabric with muslin.

**STITCHING SACHET:** 1. From fabric scraps, cut two 4½-inch squares. 2. Embroider one square as desired for sachet front. 3. Gather lace trim to fit around square. 4. Baste lace trim around square, matching raw edges of lace and fabric. 5. With right sides together, stitch sachet front to sachet back. Leave a small



opening for turning. 5. Turn sachet to right side.

**SCENT TIPS:** 1. Let your nose be your guide for mixing sachet. 2. Experiment with different ingredients from the supermarket, garden or health food shop. 3. Flowers may be dried in microwave ovens. Consult your owner's guide or recipe book for directions.

**MIXING SACHET:** Here are three alternatives for sachet mixture. 1. Dry rose petals or other flowers. Crumble dried petals; then, mix with a few tiny drops of perfumed oil. 2. Choose a scented tea from the supermarket. Use alone, or mix with cloves, ginger

or mint as desired. 3. Purchase sachet mixture from a gift shop, pharmacy or variety shop.

**FINISHING:** 1. Fill sachet with scented mixture. 2. Sew opening shut with tiny hem stitches.

**THE SACHET KIT** by "Charmin" includes screened fabric for six 4-by-4-inch sachets with pastel floral designs, backing, cotton floss, lace, needle and instructions. Note: Sachet mixture is not included.

To order kit C-3541, send \$14 including postage and handling (California residents, please add 6 percent sales tax) to Ellen Appel Crafts, Box 1144, Laguna Beach, CA 92652.

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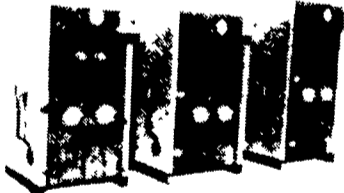
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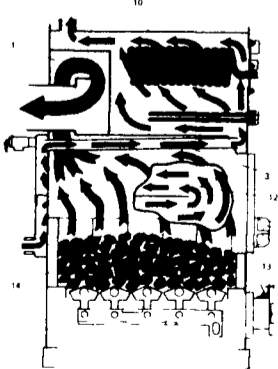
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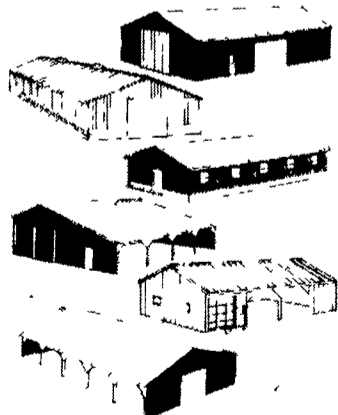
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