

Fathers are important

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he is not necessarily trying to test you but to test behavior.

"At different ages we have to treat kids differently," Babcock noted.

Parents must also help kids learn to deal with their emotions. Kids have a full range of emotions—love, hate, anxiety, etc.—but they don't have words to go along with them, Babcock said. They must learn that not all feelings are accurate and that feelings can't be repressed.

"The person who can't get

angry, can't get happy either," Babcock said. If you teach a child to suppress one emotion, you teach him to suppress them all.

Babcock offered a list of discipline techniques to help parents. The list included:

- Be consistent. Don't change rules or punishments from day to day.

- Set limits. Have only a few rules...and then don't budge an inch from them. Elastic limits lead to insecurity.

- Make sure the child knows

exactly what you expect of him. Don't force your child to guess what you want, and then punish him if he guesses wrong. For example, while telling a child to "behave" may seem a clear and reasonable direction to you, children are not always ready for such abstractions. If a child is a habitual fighter, and fighting is what you want him to stop, telling him to "behave" isn't going to do it. "I don't want you to fight" may not do it either, but it will come a lot closer.

- Don't overprotect. Teach

responsibility by letting your child face the consequences of his

behavior. (Do limit choices so that he is not exposed to real danger).

Winners honored in wool competition

HARRISBURG — Cynthia Van Ord of Russel, Warren County, and Amy Osso of Waynesburg, Greene County, received honors during the National Make It Yourself With Wool Competition held in Phoenix, Arizona recently.

Cynthia, the 21-year-old daughter of Stewart and Kay Van Ord, was named second runner-up in the national competition. She made a 100 percent wool dress featuring a fitted bodice, long sleeves and flair skirt, accented with side pockets and bound buttonholes. The dress was dark blue with burgandy, gray and moss green lines.

She received a color television for her efforts. A former member of the Northern Tier Rip-Outs 4-H Sewing Club, Cynthia had won a free trip to the national competition for winning the senior division of state competition. Her Pennsylvania sponsors included the Pennsylvania Sheep and Wool Growers Women's Auxiliary and Woolrich, Inc.

Amy Osso, the state junior winner, is the 16-year-old daughter of Jean and Herman Osso. Her fully-lined, 100 percent cardinal red wool suit featured a fitted jacket with cuffs and pockets and a flared skirt with pockets. Amy also made a white blouse with lace

inserts, ruffles and tucks to complement the suit. Her trip to national competition, where she received a \$100 savings bond, was sponsored by the Central Greene School District and the Greene County Sheep and Wool Growers Association.

This was the third year of competition for Amy, who placed 7th in national competition last year. She is a member of the Greene County 4-h Sew and Sew Club and attends Central Greene High School.

Fifty-eight young men and women from across the United States competed in the national competition which is sponsored by the American Sheep Producers Council and the Women's Auxiliary Wool Growers Association. The contest offers young people the opportunity to compete for prizes and win recognition for their wool garments. The competition focuses attention on the beauty and versatility of wool and encourages its use in sewing, knitting and crocheting.

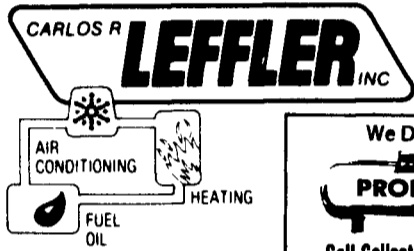
The 1985 national competition will be held in Reno, Nevada. For more information on local and state competition, contact Cecile Midler, State Director, R.D. #2, Avella, PA 15312.

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