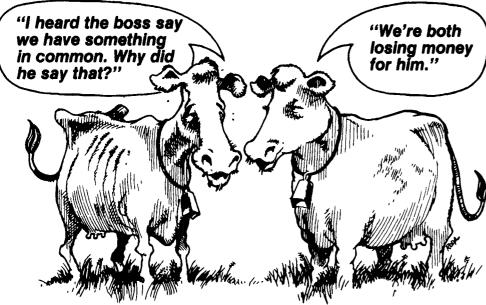
## A common story



Selective Feeder Company's computer-controlled feeding system could put both of these cows back on the payroll. It will feed each cow the amount it needs, based on production and stage of lactation.

You can buy a more expensive system, but you can't buy a better one.

Write or call for free literature.





539 Falling Spring Road P.O. Box 219 Chambersburg, PA 17201-0219 Phone 717-263-9111

## Color Your Way

(Continued from Page B14)

seasons has at least 100 colors that they will look their best in.

Barbara is trained to recognize what colors look best on women, but she understands that some women still prefer a color that may not be in the shade she should wear.

"I don't deal in right or wrong, but in better and best," Barbara said. "If you have that sweater on and feel really good in it, it can't be the wrong color. The color drapes should guide, but not overpower you."

Barbara, who lives at 1062 Huffman Place, believes that once you find the colors that are best for you, the next step is to create a coordinated wardrobe, not only because it will add to your appearance, but it also saves money.

For example, Barabara has a small book which is filled with pieces of material in the colors that she looks best in. When she shops, she takes the book with her and only buys clothes that match other clothes already in her closet. By doing this, according to Barbara, you eliminate the urge to buy something that you have nothing else to wear with.

"It is practical, not vanity," Barbara emphasized.

"If you look put together instead of thrown together, that gives you the confidence to go in the direc-tion that you want to go," Barbara said, explaining how colors and wardrobes can help to influence a person's life.

And while she was talking about confidence and presenting a confident image, Barbara mentioned the way she was taught to walk during her modeling training. "Don't walk like a question

mark," she urged. "Walk like an exclamation mark. Walk like you are going somewhere, not like you just came back.'

Stretch from the waist up, Barbara suggested, and keep your toes pointed straight ahead.

Barbara has shared her advice with many Farm Women Societies and with participants in various Extension Service events. She also gives a "Looking Terrific at Every Age" course, which is a 10-hour course focusing on color analysis, fashion and design, make up and skin care, visual poise and wardrobe tips.

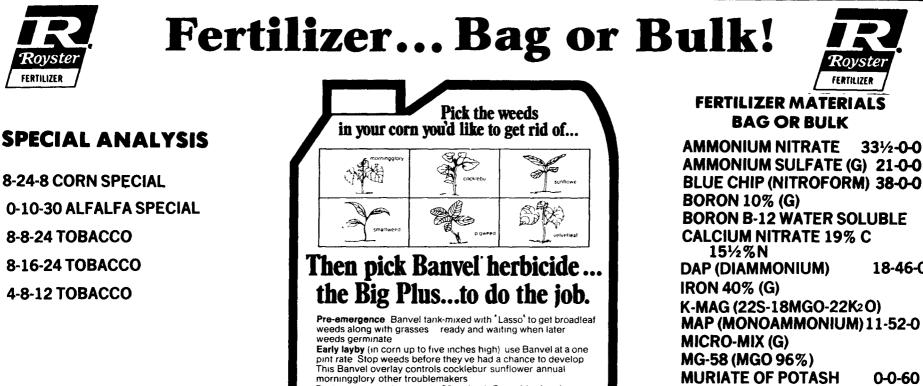
But after retiring from one successful career and raising her children, why does Barbara want to take on all this new responsibility?

"I know how I felt at 40," Barbara laughed. "We (women) give so much to others that we don't give to ourselves. Women are fantastic givers and they find it hard to give to themselves.

Barbara explained that women take cooking classes to make better meals for their family, they take sewing classes or craft classes to make things for their family or house, but they are hesitant to do anything that is strictly for themselves.

Barbara's class is something a woman can do for herself.





**REGULAR ANALYSIS** 

10-20-20

FERTILIZER

Post-emergence (corn up to 36 inches) Banvel herbicide controls the real problems—like smart-

weed velvetleaf bindweed and seedling Canada thistle

Before buying a less adaptable herbicide that may be short on performance check out the Big Plus of Banvel from Velsico



AMMONIUM SULFATE (G) 21-0-0 **BLUE CHIP (NITROFORM) 38-0-0** 18-46-0 MAP (MONOAMMONIUM) 11-52-0 **MURIATE OF POTASH** 0-0-60 NITRATE OF SODA 15-0-0 NITRATE OF SODA POTASH 15-0-14 NITROGEN SOLUTION 30-0-0

	<b>RICHLAND, PA.</b> 717-866-5701 <b>ANVILLE, PA.</b> 17-275-4850	HAROLD BRECHT North Central PA Rep. 717-356-7962	CHARLOTTE HALL, MD 301-884-4604 301-932-6527	UPPER MARLBO Three M Farm S 301-627-87( 301-627-33(	ervice DO
Others Availa	Also ble!	<b>/K AGRI SERVI</b> 500 Running Pump Rd., B Lancaster, Pa. 1760 00-732-0398 Outs Call For The Name Of Your Ne	<b>CE</b> , <b>INC.</b> 10x 6277 13 13 14 15 1600-233-3822	SULFATE OF POTASH TRIPLE PHOSPHATE UREA (GRANULAR) UREA (PRILLED) ZINC 20% (G)	0-0-50 0-46-0 46-0-0 46-0-0
10-6-4 (Lawn & Garden!)			Belenk or ng Any pas < de - ked line kine	SULPHUR COATED URE SULPHUR 90% SUPER PHOSPHATE	A 36-0-0 0-20-0
15-15-15	5-10-10			ROCK PHOSPHATE 31% P2O5 32% CA	
20-10-10	15-30-15 10-10-10	Out THE DIG PLUS OF DATIVET THOM VEISION Labor 1 s a spisered scema to Monanto Company The Labor Barve Tank m - s categod ou wail in Colorgio II o 3 indiane locale Kinask Keneukay M - nam Minessa Misou - Monana Nedagka New York North Dakora Chi - Penny van a South Dakora Cata bard Minerupin	Banvel	POTASSIUM NITRATE	13-0-44

PERCENT A A •. • ور والاند عدوما الله الدار الدام بالدورية المعاد ما الروايين