## State Beef Cook-Off Announced

HARRISBURG - If you have a beef dish that you crave, now is the time to enter it in the Pennsylvania Beef Cook-Off. You could compete

for \$300 in prize money and go on to compete for \$10,000 in national prize money.

Ten finalists will be selected to

compete in the Pennsylvania Beef Cook-Off, June 11 at Trintiy High School, Shiremanstown. Prizes are: \$125 first prize; \$75 second



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must

Lancaster Farming, Saturday, March 10, 1984-B11 prize, and \$50 each for the third CowBelles or employees of state

and fourth prize. Additionally, the first-place winner will represent Pennsylvania at the National Beef Cook-Off, September 9-11, in Albuquerque, New Mexico. Prizes at the national level are: first place, \$5,000; second place, \$2,500; third place, \$1,000; and five honorable mentions, \$300 each.

All recipes must contain a minimum of one pound of beef and not more than five, and each serving must contain at least three ounces of cooked beef. Cooking time cannot exceed four hours. The recipe must be specific, with no use of brand names, and must state the number of servings and approximate preparation time. All entries become the property of the Pennsylvania Beef Council.

Contestants must be 18 years or older, with non-professional food status. Any person who has owned one or more head of beef or dairy cattle (or who lives in a household where any person has owned cattle) in the 12 months preceding October 1, 1984, is ineligible. beef councils or the National Livestock and Meat Board are also ineligible. Recipes will be judged according

to taste, ease of preparation, practicality, originality and appearance.

To receive Cook-Off rules, send a stamped, self addressed envelope to Mrs. Mary E. Wilson, 862 Webster Drive, State College, PA 16801. The recipes considered can use only chuck, round, tump, fresh brisket, plate, shank or ground beef. Beef can be the only meat used in the recipe.

DEADLINE FOR ENTRY IS APRIL 1, 1984.

The Cook-Off is sponsored by the Pennsylvania Beef Council, Pennsylvania Department of Agriculture, Pennsylvania Cattlemen's Association and Moyer Packing Company of Souderton. The National Beef Cook-Off is sponsored by the American National CowBelles in cooperation with the Beef Industry Council of the Meat Board.

W.S. Calendar E Contraction (Contraction)

Saturday, March 10

Lancaster Society 7 meets at 12:30 p.m. at the Leacock Presbyterian Church in Paradise. Mabel Lynch will present slides of a Walking Tour of Lancaster.

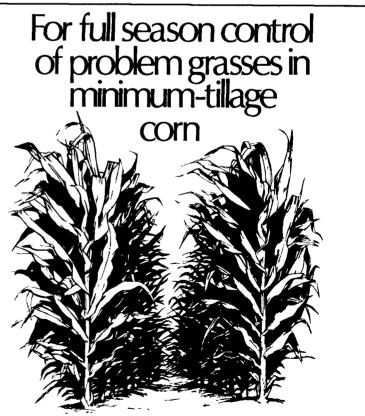
- Lancaster Society 2 meets for a 65th anniversary banquet. Lancaster Society 25 meets for a
- program by Janet Groff with a book review. Tuesday, March 13
- Lebanon Society 5 meets for a St. Patrick Day Party at Phyllis Himmelberger's home.
- Lancaster Society 22 meets to entertain Society 16 at the Willow Street U.C.C. Church. Sandy Stark will have a
  - program on dolls.

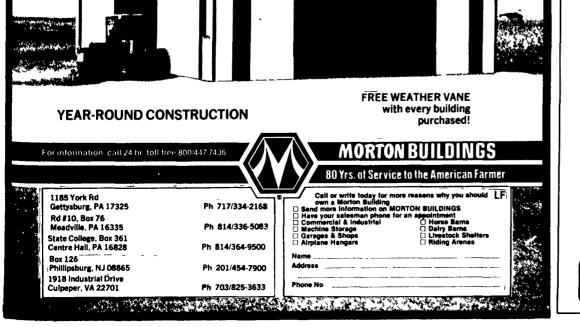
Wednesday, March 14 Lancaster Society 18 meets for a flower arranging program by Betty Kloidt, of Kloidt's Flower Shop

Lancaster Society 14 meets at Ellen Newswanger's home for a program on "Getting to Know You."

Thursday, March 15

- Lancaster Society 15 meets for a program by Chelle Rodgers on cooking for 1 or 2 people. Saturday, March 17
- Lancaster Society 3 meets at Florence Weit's home, 1136 Lincoln Heights Ave., for a program by Doris Ortman on Irish wit and song.
- Lancaster Society 8 meets at Grace Bixler's home for a program on Canadian Homesteaders and their foods.
- Lancaster Society 13 meets to entertain Society 7 at 1 p.m. at the Lancaster Farm and Home Center.





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