

Try These Baking Tips

LANCASTER — Tender tea breads, moist and chewy cookies and high, handsome cakes — this is the stuff dessert dreams are made of. And here are tips to make those dreams come true:

Plan ahead. Before starting, read the recipe thoroughly and make sure you have all ingredients and equipment needed. Do any advance preparation required. Remember, baking in many ways is a science, and the best results come from following a recipe carefully.

Use shiny metal pans, or those with a non-stick finish. If you use glass baking equipment, lower the oven temperature by 25 degrees.

Use the right shortening for the job. Cake batter made with butter is hard to blend and the cake comes out heavier and flatter than one made from shortening. An economical new shortening choice is Butter Flavor Crisco, which

makes chewy cookies and lighter, higher, finer-textured cakes — with a delightful plus: a rich buttery taste without sodium or cholesterol. This new shortening is ready to use from the pantry shelf, and can be substituted in any recipe listing butter, margarine or shortening as an ingredient.

Don't overcrowd the oven. If you are baking three cake layers, arrange them so no pan is directly over another. Also, don't use a cookie sheet that is too large for the oven. Allow two inches on all sides to permit heat circulation.

Often, baked foods must cool a bit before being removed from pans. Don't be impatient — follow directions so the food leaves the pan easily without sticking.

Put these tips to work on your next baking project — you'll be pleased with the results!

Retirement Planning Workshop Scheduled

NEWARK, Del. — Whether you are male or female, married or single, you should be saving now for a steady flow of income through your retirement years. Social Security or a pension will not be enough, says University of

Delaware Extension Home Economist Debbie Amsden.

To find out how to create a retirement income while saving on present income taxes, plan to attend the Extension service's workshop on financial planning for retirement, Tuesday, March 20, at 7:30 p.m. It will be held at the Sheraton Inn on Route 13 in Dover. The speaker will be Dr. Pat Tengel, University of Maryland extension financial specialist.

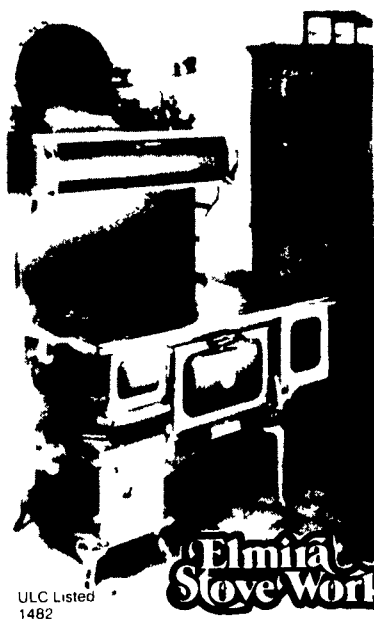
The meeting is free of charge, but preregistration is requested. Contact the county extension office in Newark (451-2506), Dover (736-1448), or Georgetown (856-5250).



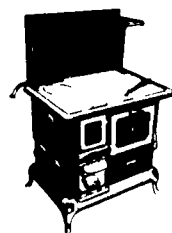
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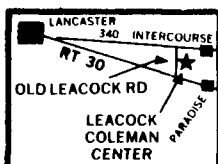
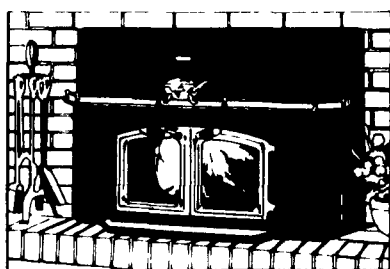
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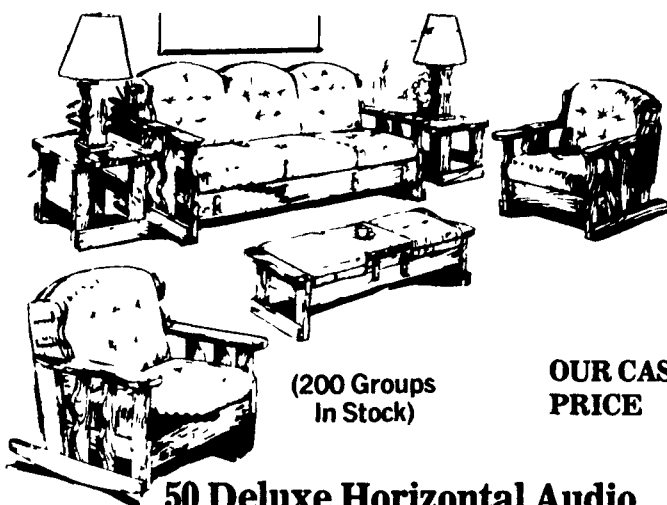
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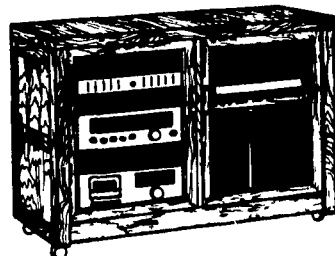
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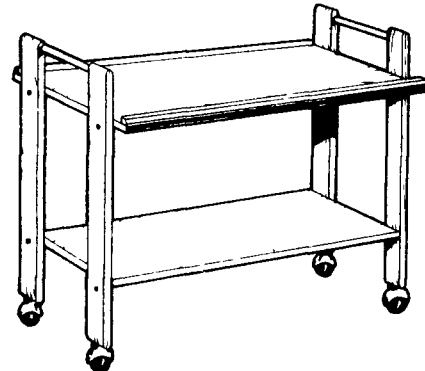


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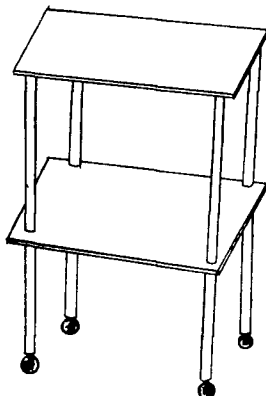


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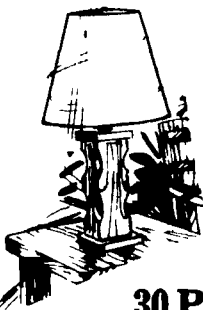
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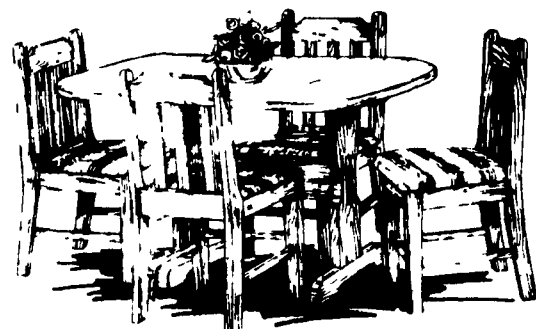
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