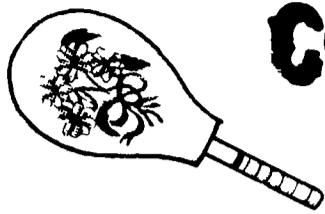


CRAFT CORNER



Cable-knit vest

Cables are among the most popular knitting techniques, and it is no wonder. A single cable, cable panel, or all-over pattern, gives a sweater a rich, sculptural surface.

The contemporary vest, illustrated above, is an example of a sweater with a limited, yet striking, cable pattern. While cables may be difficult for beginners, a knitter with some experience should find this vest a good way to try cable knitting.

With shawl collar, cable, and button front, the vest is ideal for today's fashions. Knit of Bernat "Blarneyspun" 100 percent wool Irish import or "Berella 4" acrylic yarn, the complete kit, including yarns, buttons and instructions, is available by writing to the address that follows this column.

Cable knitting is done with the help of a short, double-pointed cable needle. The cable needle helps you transfer stitches from one position in the row to another position, eventually forming the twists that are characteristic of cable designs.

Basically, to knit a cable pat-

tern, you slip a group of stitches onto the cable needle, knit the next few stitches as usual, and then knit the stitches from the cable needle back into the row.

For best results, a cable needle should be the same size or thinner than your knitting needles. If your cable needle is too large, you run the risk of stretching or distorting your stitches.

If you're knitting your first cabled sweater, you'd be wise to choose a sweater with a cabled panel rather than an all-over design. An entirely cabled sweater is far more complicated to knit.

To test a cable pattern now, take a look at the pattern below. It's taken from the vest shown. As always "p" stands for "purl," and "k" stands for knit. Other symbols in the pattern are worked as follows:

CF 6 Slip the next 3 stitches onto the cable needle and hold in FRONT of work. Knit the next 3 stitches as usual, and then knit the 3 stitches from cable needle.

CB 6 Slip next 3 stitches onto cable needle and hold in BACK of

work. Knit the next 3 stitches as usual, and then knit the 3 stitches from the cable needle.

TR 4 Slip next 3 stitches onto cable needle and hold in FRONT of work. Purl the next 3 stitches as usual, and then purl the 3 stitches from the cable needle.

When you first try cable stitches, the first few rows may look peculiar. If you follow the pattern, however, you'll soon see those peculiar looking rows develop into a beautiful cabled design.

Here are directions for the vest's cable-stitch pattern.

MATERIALS: Use no. 9 needles to test pattern with "Blarneyspun," no. 10 needles for "Berella 4," or any size needles and yarn that will give seven pattern stitches to the inch.

VEST CABLE-PATTERN STITCH: Cast on twenty stitches.

- ROW 1. p2, CF6, p4, CB6, p2.
- ROW 2. k2, p6, k4, p6, k2.
- ROW 3. p2, k3, T1A, p2, TR4, k3, p2.
- ROW 4. (k2, p3, k1, p3) twice, k2
- ROW 5. p2, k3, p1, T1A, TR4, p1, k3, p2.
- ROW 6 and 8. k2, p3, k2, p6, k2, p3, k2.
- ROW 7. p2, k3, p2, CF6, p2, k3, p2.
- ROW 9. p2, k3, p1, TR4, T1A, p1, k3, p2.
- ROW 10. Repeat row 4.
- ROW 11. p2, k3, TR4, p2, T1A, k3, p2.
- ROW 12. Repeat row 2.

REPEAT these rows for the cable-pattern stitch.

THE "BERELLA" VEST KIT, complete with Berella 4" 4-ply acrylic yarn, buttons and instructions is available in natural (off-white), claret heather (red wine), oxidized gray heather, chestnut brown heather, moss



green, denim blue heather, flax (tan/white mixture), sandstone heather (tan), or navy.

Note: Berella is 4-ply knitting worsted weight yarn, of machine washable and dryable acrylic, blended to look like wool.

Kit A-1054-514 Small (8-10) \$10 or Medium (12-14) \$10 or Large (16-18) \$12.50. For all sizes, add \$2 postage and handling.

THE IRISH WOOL VEST KIT, complete with instructions, buttons and "Blarneyspun" rugged textured, 100 percent imported Irish wool, is available in natural (off-white), claret heather (red wine), gray flannel chestnut brown heather, loden green heather, denim blue mist, or barley (tan/white mixture).

Note: Blarneyspun is 3-ply yarn spun to a knitting worsted gauge. It is composed of water-repellent, permanently mothproofed, un-scoured wool traditionally used in Irish fisherman's knits, and may be hand-washed or dry cleaned.

Kit W-0154-514 Small (8-10) \$27.50. Medium (12-14) \$31.50; or Large (16-18) \$35. For all sizes, add \$2 postage and handling.

TO ORDER, send kit price (California residents, please add 6.2 percent sales tax) plus postage and handling to Ellen Appel, your newspaper's name, Box 1144, Languna Beach, CA 92652.

Specify kit number, size, color, and natural wool or matching buttons. Add \$1, if desired, for cable needles.

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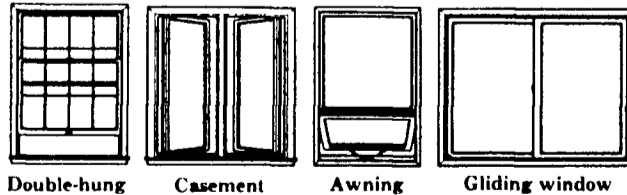
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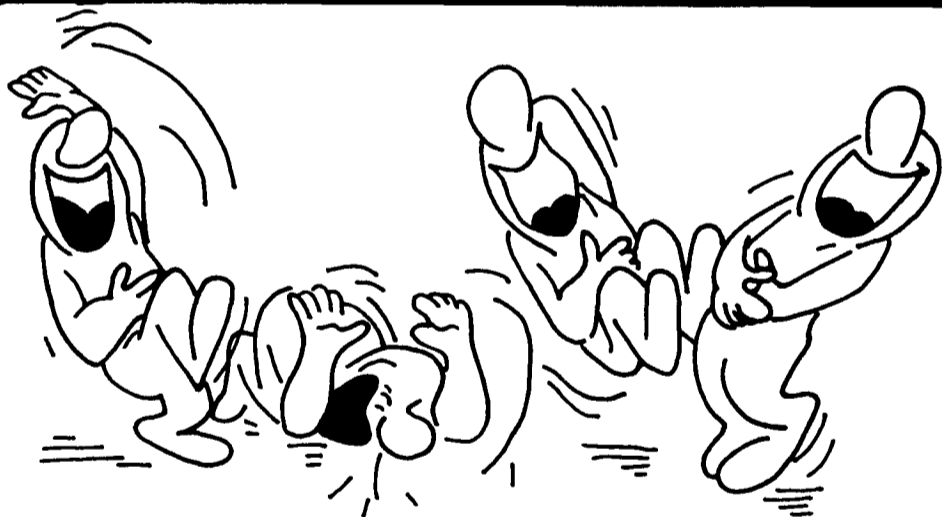
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