

# American Agri-Women

## Elect Officers

EUGENE, Ore. — American Agri-Women, the 35,000 member organization dedicated to promoting agriculture for the benefit of the American people and the world, elected three members to high office at their annual convention which was recently held in Eugene, Oregon. Carolyn Leavens, of Ventura, California, was elected president; Jean Ibendahl, of Tamaroa, Illinois, first vice president, and Mitzi Ayala, of Davis, California, second vice president. All are active in local and national agricultural organizations.

Finishing the first half of their two year terms are: Third Vice-President, Mildred Schultz, of Coloma, Michigan; Treasurer, Julia Hinthner, of Selman, Oklahoma; and Secretary, Jeanne Mertz, from Manhattan, Kansas. Past President Ruby Ringsdorf, of Eugene, Oregon, will continue on as a member of the American Agri-Women Executive Committee.

President Leavens, whose Leavens Ranches produce 800 acres of citrus and avocado crops, is a former president of California Women for Agriculture. She serves a four-year term on the State Board of Food & Agriculture in her native California, and is a trustee of the California Agriculture Foundation.

Vice president Ibendahl Farms 700 acres of grain and pork. A past president of Illinois Women for Agriculture, Ms. Ibendahl also serves on the National Agriculture Foundation and USDA Task Force among other organizations.

Second vice president Ayala

owns 500 acres of rice as well as writing a weekly column for the Capitol News Service and hosting and producing a bi-weekly television series that appears in close to 50 stations throughout the country. The television series, COUNTRY COMMENTS, is sponsored by Du Pont Agrichemicals, and is designed to inform the non-farm public about American agriculture.

Speaking out for the American farmer, Ms. Leavens says, "It's an open secret that our American Agricultural system provides us with a greater abundance and quality of food at lower cost than anywhere else in the world. American Agri-Women seeks to preserve and protect the family farm system which has enabled us to produce food so effectively and efficiently."

Adds Ibendahl, "Few people realize the importance of agriculture to our economic system. One of the best ways to get

this message out is by reaching students in the classroom, giving them the latest information about agriculture. American Agri-Women are the logical people to do this."

Ms. Ayala adds, "By the year 2000 our population will have grown from 4.7 billion to 6.2 billion, and America will play the major role in feeding these people. American farmers need the understanding and support necessary to meet their responsibility in feeding a hungry world."

The 8th annual convention of American Agri-Women was addressed by Secretary of State Norma Paulus. Ms. Martha Mautner, deputy director of the USSR and Eastern European Office in the Department of State's Bureau for Intelligence and Research, was keynote speaker.

All of the elected officers will be appearing on television and radio nation-wide in the coming year to promote the cause of American agriculture.

## Young Farmers Schedule Meeting

DOVER — The Dover Young Farmers Association will hold a meeting on weed control at 7:30 p.m. in the Dover High School Vo-Ag Room on Jan. 19. William Steenwyk from the Extension service will be the speaker.

On Jan. 31, Frank Cerda from Farm Credit Service will speak on "Preparing Cash Flow Statements." The meeting is scheduled for 7:30 p.m. in the

Dover High School Vo-Ag Room.

The group's annual banquet will take place Feb. 17 at the Dover Firehall.



# Chinese Food

(Continued from Page B6)

### CHINESE BROWN SAUCE

Melt 1 tablespoon butter. Combine 2 teaspoons cornstarch and 1 teaspoon sugar; blend into butter. Add 1/2 cup water and 1 1/2 tablespoons soy sauce. Cook stirring constantly, until mixture is thick and bubbly. Add 1 cup bean sprouts and heat until bean sprouts are piping hot.

### CHINATOWN SPINACH SALAD

Dressing:  
1/3 cup salad oil  
2 tablespoons red wine vinegar  
1 tablespoon minced scallions  
1 teaspoon soy sauce  
1/4 teaspoon dry mustard  
1/8 teaspoon pepper

Salad:  
1 can (8 1/2 oz.) water chestnuts, drained and sliced  
1 pound fresh spinach  
1/4 pound fresh mushrooms, sliced  
1 tablespoon lemon juice  
4 slices bacon, crumbled (optional)

In a small mixing bowl, combine salad oil, vinegar, scallions, soy sauce, mustard and pepper; beat well to blend. Add water chestnuts; blend to coat evenly. Chill several hours, stirring occasionally. Wash spinach well and remove stems; drain thoroughly. Just before serving, tear spinach into bite-size pieces. In salad bowl, combine spinach and mushrooms. With slotted spoon, remove water chestnuts from dressing and add to salad. Add lemon juice and toss well. Add bacon and dressing to taste; toss again.

### SHRIMP EGG FOO YONG

1/2 cup chopped onion  
1 clove garlic, minced  
1 tablespoon shortening

Cook in skillet until tender, but not brown.

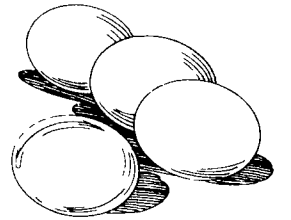
Combine:  
6 slightly beaten eggs  
1 cup shrimp, drained  
1/4 teaspoon salt

In skillet cook egg mixture slowly in 2 tablespoons of hot shortening. Run spatula under edge, lifting so uncooked portion flows underneath. When egg is almost cooked, but still shiny and loose edged, roll or fold one half over. Serve on warm platter with Chinese Brown sauce.

### EGG DROP SOUP

2 (13 1/4 oz.) cans chicken broth  
1 tablespoon cornstarch  
1 well beaten egg  
2 tablespoons sliced green onion

Blend in saucepan. Bring to boil, stirring constantly. Remove from heat. Gradually add egg, stirring in figure eight style, until eggs separate into shreds. Add green onions; season to taste. Serve immediately.



## EVALUATE YOUR INSURANCE COVERAGE

Changing conditions require constant evaluation of your insurance coverage. Our agent in your area will gladly give you an evaluation of buildings, machinery and livestock. Consult him without obligation.

JOHN H. HOFFMAN  
Maytown, PA

HUBER AGENCY  
464 N. George St., Millersville, PA

HAROLD A. HORN AGENCY  
124 E. King Street, Lancaster, PA

DAVIS INSURANCE AGENCY  
Klingerstown, PA



*Old Guard*

MUTUAL INSURANCE COMPANY  
2929 Lititz Pike • Lancaster, PA 17604  
Phone (717) 569-5361

"A PART OF FARMING SINCE 1896"

## QUESTION?

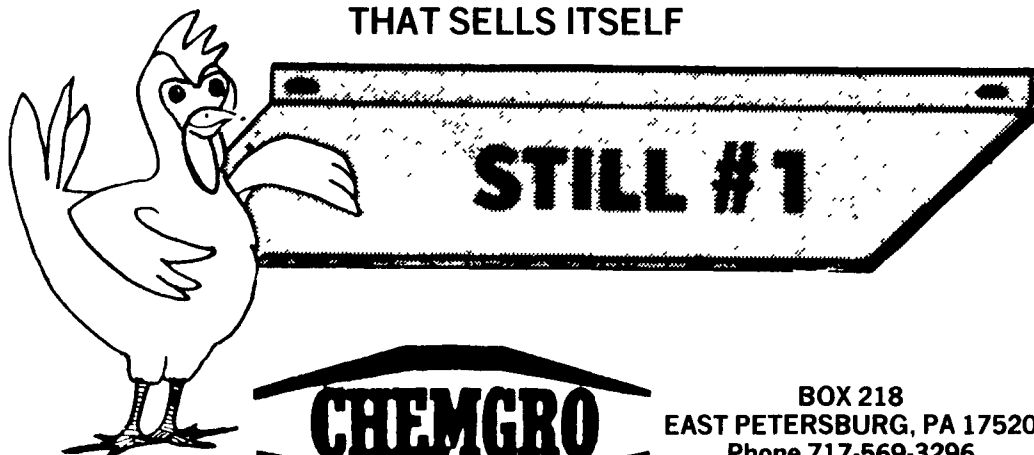
WHY HAVE OVER 60 POULTRYMEN REPLACED THEIR DROPPING BOARDS WITH CHEMGRO'S HIGH DENSITY PLASTIC DROPPING BOARDS?

## ANSWER!

IT'S SIMPLE, OUR BOARD IS UNMATCHED IN THE INDUSTRY!

- SUPERIOR STRENGTH AND DURABILITY
- THICKNESS, A FULL 1/4" THICK
- WILL NOT RUST OR CORRODE
- AVAILABLE IN 8' AND 10' SECTIONS
- FITS MOST MAJOR CAGE SYSTEMS
- ALL NECESSARY HARDWARE AVAILABLE
- PLASTIC SCRAPER BLADES ALSO AVAILABLE
- BOARDS FULLY GUARANTEED BY MANUFACTURER

CALL TODAY: AND SEE THE BOARD THAT SELLS ITSELF



BOX 218  
EAST PETERSBURG, PA 17520  
Phone 717-569-3296

## LOOK & COMPARE

**Fabricating Machinery**  
12 Ton Model C1 Press OBI \$750  
10'x3/16" NIAGARA 10E Mech Shears, MBG & Sq. Arm. \$9,750  
10'x1/4" BETENBENDER Hyd Shears, MBG & Sq. Arm, New \$22,750  
52"x20 Ga. Hand Brake \$500  
30 Ton IRONCRAFTER Ironworker, Hyd, New Special \$4,195  
47 Ton BUFFALO Hyd Ironworker, "79" Like New, w/Punches \$16,600  
1/2-3 Ton New ARBOR Presses  
10'x1/4" PEXTO Hyd Shears "73", Excellent \$22,500  
8' 90 Ton BSI Hyd Press Brake, New \$15,900  
8' 16 Ga. NATIONAL Hand Brake, Like New \$3,200  
48" 12 Ga. Tennsmith Finger Brake, New \$2,495.00

**Lathes**  
13"x40" JET w/Chuck, Like New \$5,250  
17"x40" MONARCH Gear Head, O C w/Accessories \$2,600  
10"x24" JET O.C. w/6 Pos Turret, Collet Closer, Loaded \$3,195

**Saws**  
7"x12" EMERSON Hor. Band, New \$1,455  
13"x18" Hyd. Mech Swing Hd. Hor Band, New \$6,200  
4 1/2"x6" JET Hor /Vert Band, New \$269  
35 1/2" JET Vert Band w/Blade Welder \$4,350

**Woodworking**  
20" POWERMATIC Planer w/Knife Grinder \$5,750  
10" Heavy Duty Table Saws, New 1 & 3 Phase \$1,417

**Miscellaneous**  
No. 2M CINCINNATI Hor Mill w/Power Index Head \$2,995  
INGERSOL RAND Type 30 Vacuum Pump, Rebuilt \$500  
3 HP EMGLO 60 Gal Air Compressor, New, Special \$999

Punch and Dies and Press Brake Tooling. Call For Details.

## BLUE BALL MACHINE WORKS

Rt. 322 East, Blue Ball, PA 17506  
(717) 354-4478

Mon.-Fri. 7:30-5; Sat. 7:30-11:30