

## Ladies Have You Heard?

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Home Economist



### DIFFERENCES IN CIDER EXPLAINED

Harvest time brings to mind apple cider. Until about 1930 apple cider was made and consumed in greater quantities than any other juice. Before the early 1970's cider was generally unavailable in the "off-season" but now there is no off season for cider. Many retailers quit stocking cider after the Christmas holidays, but there is a growing tendency to keep it available year-round.

There are different methods of preservation used to keep cider so you can enjoy it over a long period of time.

Cider that is sold fresh from the press without any preservatives added is called "fresh" or "country" cider. It has a rather limited shelf life. It will keep for about 10 days to two weeks before it starts to ferment, although it may have a little bite by the end of two weeks.

Other cider has a preservative added, such as sodium or potassium sorbate, that will slow the fermentation process. This cider will keep up to a month under refrigeration. Some cider is pasteurized and then sealed in sterilized containers. If the product is placed in cans it is

generally handled through the grocery department and sold as apple juice but if it is in a glass jug it is usually labeled cider and handled as a produce item. The label tells you which method of preservation has been used so you can choose the one you like best.

Cider is usually made from a blend of apples. Staymans are most often used for the base in Pennsylvania with other varieties blended in. Apples that aren't suitable for the fresh market because of shape, size, color or other factors are used for cider.

### HOMEMADE GIFT WRAP

**CREATIVE AND ECONOMICAL**  
The holiday season is rapidly approaching. Why not create your own gift wrap this year, and give your gifts an extra personal touch this holiday season.

For a seamstress' gift, sew fabric scraps together to design a patchwork wrapping and use a tape measure as a ribbon.

Wrap a traveler's gift in a colorful road map.

Use comic sections from the Sunday paper to wrap gifts for children.

The sports section of the

newspaper can serve as gift wrap for an athlete.

For an earthy look, try brown paper bags. Decorate with leaves, pine cones or dried plants or nuts.

Plain construction paper, shell paper or white freezer paper can be decorated and used as wrapping paper. String pulling is a very ancient method of decorating paper. Dip about 2 1/2 inches of string

in poster paint, lay it in swirls and loops on the paper. Lay another piece of paper over the coiled string and pull the string out in one continuous motion.

If you're the kind of person who really likes to get your hands into a project, dip the palm of your hand in poster paint and make hand-prints all over the plain paper.

## Queens vie for nat'l crown

OMAHA, Neb. — The North American International Livestock Exposition in Louisville, Ky., will be the site of the competition for the title of National Shorthorn LASSIE Queen, in conjunction with the annual meeting of the National Shorthorn Lassies, (the women's auxiliary of the American Shorthorn Association).

Fifteen young women will be traveling to Louisville as their state's Lassie queen to vie for the national crown now worn by Jill Ann Rush of Coushatta, La.

Besides interviews and judging, the contestants will have a full

schedule of meetings, appearances, special luncheons, entertainment and activities during the national Shorthorn events being held November 15-17.

State Lassie Queens to be competing in Louisville include: Susan Wise, Illinois; Charlotte Orman, Indiana; Susan Flack, Iowa; Annette Warkentine, Kansas; Cynthia Wetzel, Michigan; Adele Coats, Missouri; Tona Smith, Montana; Karla Rocker, Nebraska; Lauri Lien, North Dakota; Mande Moore, Ohio; Jill Pallin, Oregon; Lori Preheim, South Dakota; Debbie Hartsell, Tennessee; Pam Nipper, Washington; and Bette Oyen, Wisconsin.



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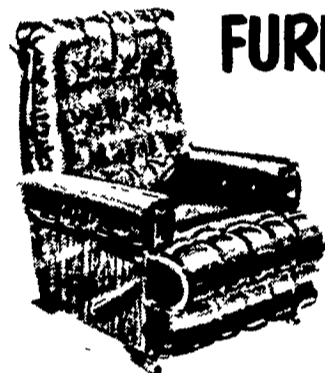


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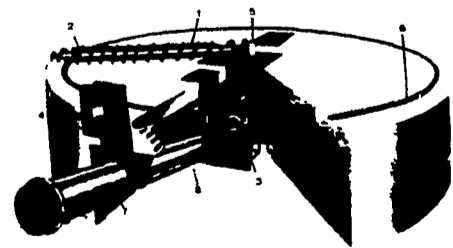


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