

Country Farmers' Fair brings farming to town

BY BETH HEMMINGER
Staff Correspondent

CARLISLE — Last week the Carlisle Plaza Mall was transformed into a toe tapping, hand clapping Country Farmers Fair sponsored by local radio station Country 96 WHYL.

Delena Kelley, advertising and promotion director of Country 96/ZUE 102 said, "The Country Fair was held for the enjoyment and educational benefit of the community as the people viewed the displays and activities of farmers and farm related organizations."

One fairgoer remarked, "The

Country Farmers Fair is really informative even to an old country girl like me."

During the three-day event Cumberland County dairy farmers were represented by their dairy princess Cheryl Witmer and Vicki Basehore, who enjoyed telling the audiences about the history of milk, traveling from farm to family. As the princesses handed out cheese snacks, they told how the factory system of processing and distributing dairy products first was made possible.

The story begins around 1880 when the factory system of collecting and processing milk was

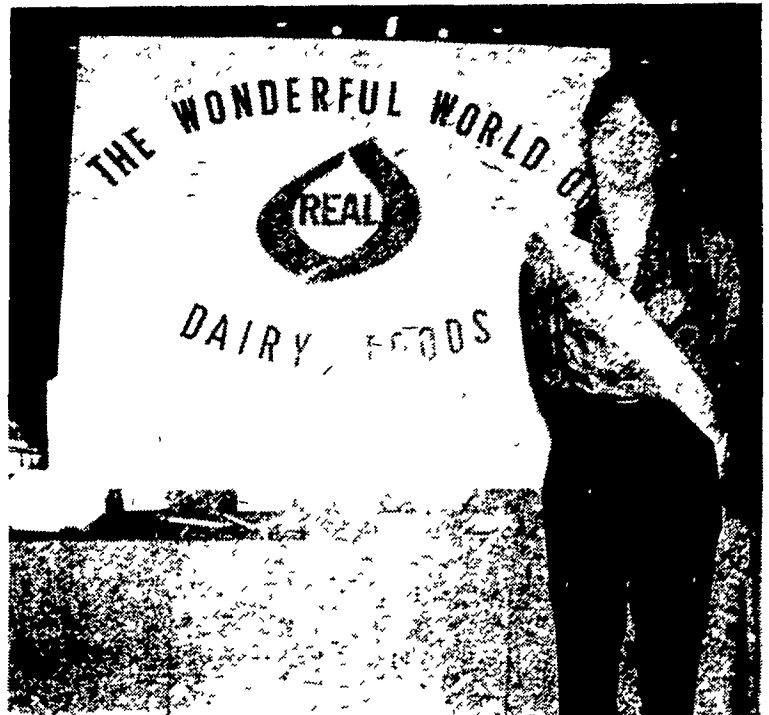
made possible due to certain scientific achievements. First the centrifugal cream separator was invented. Then, in 1890 Babrach discovered a way to show the amount of butterfat in milk and in 1893 Thatcher invented a satisfactory glass bottle. The princesses completed their story with Louis Pasteur's discovery of pasteurization.

Toni Andrews, Franklin County Apple Queen had some delicious advice for all. The Apple Queen stated, "Although we eat apples because they are delicious, it is fortunate that apples are plentiful, economical and good for your health."

As Toni passed out apple juice to everyone, she cited studies which have shown apple juice has relatively low acid content, making it an excellent liquid for adults and children alike. She said she believes in the old saying, "An apple a day keeps the doctor away."

Eggatha, the 'beautiful egg,' was at the fair to greet everyone and tell them about the goodness of the "incredible, edible egg." Eggatha was spreading the word about the excellent source of protein, iron and phosphorus that eggs provide. Also, the egg yolk is a rich source of vitamins A, D and B. Along with their nutritional value, Eggatha, went on to proclaim the economic values of eggs — low cost and a natural food. Eggatha sighed talking to one passerby, "We are truly incredible and edible!"

Cumberland County 4-H'ers were pledging their heads and hands at the Farmers Fair, informing the public about their youth organization. These 4-H youth told fairgoers that 4-H isn't



Cheryl Witmer, Cumberland County Dairy Princess was enjoying the toe tapping and hand clapping fun while promoting the No. 1 product - MILK - at the Country Farmers Fair, Carlisle Plaza Mall.

just cows and cookin'. It is for everyone no matter where they live. The youth expressed their experiences through displays and exhibits of their yearling projects.

Saturday evening square dancers twirled, bowed and do-si-doed the first Country Farmers Fair to a close with the audience joining in the foot stomping, hand clapping good old country time.



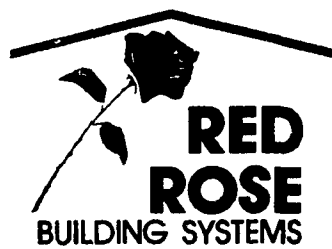
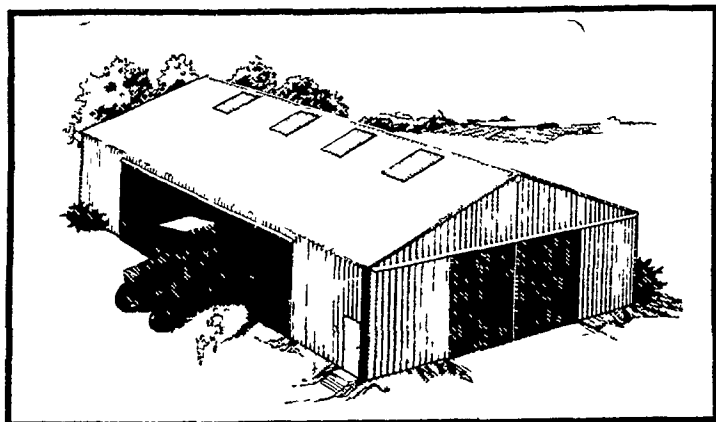
Franklin County Apple Queen Toni Andrews says, "apples up" as she passed out Franklin County Apple juice last week at the Country Farmers' Fair, Carlisle Plaza Mall.

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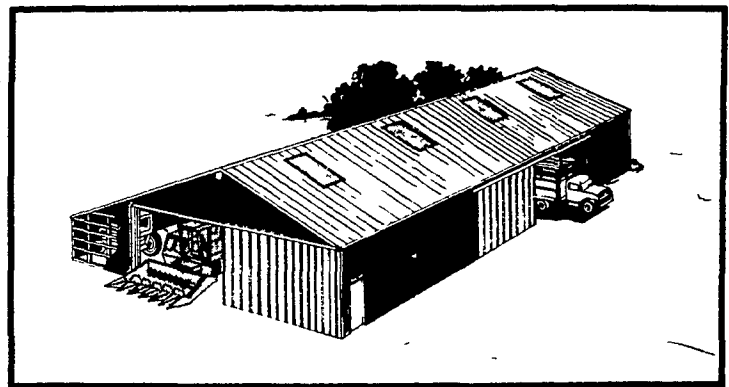
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