Pears, Zucchini, Plums and Squash a versatile quartet

Pears and Plums, Squash and Zucchim - a collection of favorites so seldom overlooked from summertime's harvest. We would like to devote room this week to these delicious creations.

Squash refers to any of a number of edible gourds closely related to the pumpkin. The name is of American Indian origin.

A zucchini is nothing more than a summertime squash of bushy growth with smooth slender sylindrical dark green fruits.

Pears, that creamy yellow fruit, come in about 800 known varieties; although only a few of these are grown for commercial marketing today.

When looking for plums, look for plump, full-colored plums, soft enough to yield to slight pressure.

## PEAR SALAD 1 box lime gelatin 1 c. hot water

1 c. pear juice l large can pears 1 pkg. cream cheese lc. whipped topping

Prepare gelatin with hot water and pear juice. Let thicken. Mash pears and cream cheese together with mixer. Add to thickened gelatin and blend in whipped topping. Pour into mold. Chill.

Mrs. Charles Biehl, Mertztown

SAUSAGE-STUFFED PATTY PAN

l large patty pan squash l pound of mild bulk sausage 1/2 c. chopped celery 1/2 c. chopped onion 1/2 c. sliced mushrooms 1 egg, slightly beaten 1/2 c. sour cream 1/4 c. grated Parmesan cheese 1/4 t. salt

parsley Wash and cook large squash in pressure saucepan for 3 minutes; cook smaller squash 2 minutes; or cook squash in boiling salted water 10 to 15 minutes or until just tender but still firm. Remove squash from

water and drain. Cool. In a skillet or electric fry pan crumble bulk sausage. Brown slightly. Drain off fat. Add onion, celery and mushrooms and continue cooking until tender. Set mixture aside.

In a small bowl beat egg. Add sour cream, parmesan cheese and salt to egg. Mix well. Add this mixture to sausage-vegetable mixture. Scoop out squash. Fill cavity with sausage mixture. Top with large squash seeds and parsely. Place squash in baking dish. Bake 20 minutes in a 350 degree oven.

Sally Foulke, Neward, Del.



The vastly underrated squash makes a great mushrooms, sausage and sour cream and main dish. Just remove the top from one oversize patty pan squash, stuff it with

CHOCOLATE ZUCCHINI CAKE

l c. brown sugar

1/2 c. buttermilk

1/2 c. butter

1/4 c. oil

lt. vanılla

21/2 c. flour

1/2 t. salt

4 T. cocoa

minutes.

2 c. zucchini

1/2 t. allspice

1/2 t. cinnamon

2 t. baking soda

1/2 c. chocolate chips

Cream sugar, butter and oil. Add

eggs and vanilla and buttermilk.

Mix well. Measure dry ingredients

and sift into bowl. Mix well. Add

grated zucchini. Sprinkle

chocolate chips on top. Bake in 9x13

inch pan at 325 degrees for 45

Mrs. Elmer Sensenig, Quarryville

3 eggs

1/2 c. white sugar

Home On The Range

3 eggs 2 c. sugar 2 t. vanilla 1 c. oil 2 c. zucchini, grated and unpeeled 31/2 c. flour 11/2t. or less salt 11/2 t. baking soda 3/4 t. baking powder 1 c. crushed pineapple, well drained 1 c. chopped walnuts

PINEAPPLE ZUCCHINI BREAD

Mix eggs, sugar, vanilla, and oil. Blend well until light. Add zucchini. Add dry ingredients alternately with pineapple Then add nuts.

Bake in well-greased and floured bread pans at 325 degrees for one hour or until done.

# you've got yourself a summertime winner.

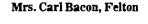
#### **ZUCCHINI CAKE**

3 eggs 1 c. salad oil

- 2 c. grated zucchini
- 2 c. sugar
- 3t. cinnamon
- 3t. vanılla
- 3 c. flour
- lt. baking soad
- 1 t. baking powder

Beat together egg, sugar, and vol. Sift together flour, baking soda and baking powder. Add cinnamon to zucchini. Alternately add and beat in dry ingredients and zucchini to shortening mixture. Add vanilla and mix. Pour into 9x13 inch pan and bake at 350 degrees for 30-40 minutes.

Mrs. Charles Biehl, Mertztown





# STEWED PLUMS

4 c. plums

11/2 c. boiling water 1/2 to 1 c. sugar

Cut into halves and remove pits from plums, or use whole plums



Tasty, versatile and abundant, the summer squash has endless possibilities.

Drop into boiling water. N are nearly tender, add sugar. Cook a few minutes longer. Mrs. Terry Altman, Philadelphia

### SPICED PEARS

l can pears 1 stick cinnamon 8 to 12 whole cloves

1/4 c. vinegar or lemon juice

Drain syrup from pears. Heat it with stick cinnamon and cloves for 5 minutes.

Remove from heat and add vinegar or lemon juice. Pour back over pears and let stand overnight in refrigerator.

Karen Musselman, Pittsburgh



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