

NDC expects dairy foods to maintain popularity

ROSEMONT, Ill. — "It is expected that in this decade dairy foods will continue to be a significant component of the U.S. food supply," concludes Elwood W. Speckmann, M.F. Brink, and Lois D. McBean of National Dairy Council.

They are authors of an article, "Dairy Foods in Nutrition and Health," selected for the Diamond Jubilee Edition of American Dairy Science Association's Journal of Dairy Science, June.

The article prepared by NDC is a synopsis of issues relating to the dairy industry over the past 25 years. The authors describe the current dairy situation and attempt to predict occurrences through the 1980's.

Several specific trends are discussed in the article, including dairy foods' nutrient contribution to diets, changing attitudes among consumers, the scientific community attitude toward nutrition, and various key health issues. The latter include atherosclerosis and coronary heart disease, milk tolerance, obesity, bone health and contaminants in milk.

The report states that the dairy industry should anticipate "more pressure" for energy-reduced foods because of changing consumer attitudes. It adds that "much of the supporting evidence relating intake of dairy foods to health problems...is weak."

The authors acknowledge, however, that "the nutritional health value of dairy foods will, in all likelihood, continue to be challenged," but they expect that "sound scientific and medical evidence" will support the value of dairy foods in American diets.



Sixty seconds are allowed for the teams to complete the roping, from the time the steer leaves the chute until the two riders turn and

face each other — signaling the event is over. Said Charles, "Anything under 10 seconds is in the money."

Team roping

(Continued from Page C22)
parents. "I lived on horses and we worked with Brahmans." Team roping is an exciting

event, and the Charles family plans to continue to enjoy the challenge of it as they work together to improve their skills.

Landscape to attract wildlife

CHAMBERSBURG — Landscape around your home to attract wildlife. In landscaping, you not only enhance the beauty of your home but you also can attract birds.

There are man-made devices that attract birds such as houses, feeders, or baths. But a natural way to invite birds to your home is by planting.

Birds like variety. Bear this in mind when you blend the plants attractive to birds into the conservation planned landscape of both your home and grounds.

You have any number of options as to hardwoods, conifers, vines,

shrubs, and trees; grasses, flowers, and even weeds to create a landscape design.

Be sure to think about being able to see the birds. Put the plants where they can be observed from a window, patio, or terrace. Careful attention to the periods of bloom and availability of choice food makes it possible to have a floral displays and bird food throughout the year.

For further information on conservation landscaping and plants, contact the Soil Conservation Service, 550 Cleveland Avenue, Chambersburg, PA, 17201.



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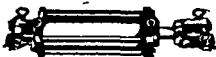
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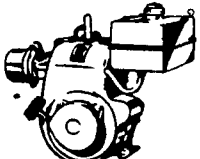
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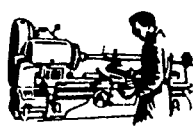
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