

Ladies Have You Heard?

By Doris Thomas

Lancaster Extension
Home Economist



USING COMMERCIAL JARS

Economizing is important to all of us these days. However, when it comes to buying home canning jars, it pays to buy the real thing. Saving empty mayonnaise and peanut butter jars for home canning may seem like a smart inflation-fighting idea now, but in the end it will cost more. The wise consumer knows not to take chances when it comes to home canning.

Commercial food jars are excellent glass jars, but they are made to serve a single purpose only - to package food products bought at the grocery store. Although they are made from the same raw materials as home canning jars, they are not meant to be reused in home processing. If they were made to be reusable for home canning, then the food we buy in glass jars would cost more.

Consider the condition of a commercial jar after the food has been removed. Aren't metal knives commonly used to scrape the last bit of peanut butter or mayonnaise from the jar? Metal utensils can scratch the inside of the jar. When the jar is heated, stress will build up at the scratched point and may cause a break at this point. This will also cause a loss of food as well as the time and energy spent in preparation. That's not a wise money-saving idea.

A mayonnaise jar may look like a standard home canning jar, but it may actually hold several ounces more food. If processing is done according to standard recipe processing times, the food may not be heated through to the center of the jar and be underprocessed. Under-

processed food will spoil and will not be safe to eat.

Sealing commercial jars creates other problems. Even though two-piece home canning lids appear to fit correctly on commercial jars, they may unseal later in storage. The jar rim on a commercial jar may not be as even as the rim on a home canning jar, leaving a space where air can enter and cause spoilage. Special closures are made for commercial jars; two-piece lids are specifically made for home canning jars. The two should not be interchanged.

With the possibility of jar breakage and food spoilage, why gamble with expensive food and your family's health and safety? Stick with standard home canning jars; it's the wise choice.

MAKE SALE PURCHASES PAY

Many consumers consider any clothing item bought on sale a bargain. But a sale purchase is not automatically a good buy.

A sale item should:

Be something needed.

Give the kind of service desired.

Fit into the wardrobe.

Be becoming.

Cost less even when costs of cleaning, alterations or repairs are considered.

To take advantage of sales, know what each family member needs and then plan your clothing purchases. Make a list of "necessities" and a second list of "nice but not necessary" items. If your budget is limited, buy only the necessities.

Knowing what is needed in advance will help you stagger purchases of larger and more costly items, such as coats and suits.

Farm Women Societies

Lancaster Co. Society 26

Society 5 entertained Society 28 at the Farm and Home Center on May 30.

The group and their guests were entertained by Mrs. Betty Jean Haverstick who sang two numbers accompanied by her mother, Mrs. Matora Hostetter. The accomplished pair also performed a piano duet.

Mr. Gerald Lentz, editor of the Farmers' Almanac, then gave a very enjoyable slide presentation of Lancaster County's best preserved buildings. Mr. Lentz is concerned with the preservation of Lancaster County property.

A short business meeting ensued. It was announced that Society 15 will be entertaining

Buying at a sale may mean the garment will help you stagger purchases of larger and more costly items, such as coats and suits. Buying at a sale may mean the garment will not be worn for some time - such as a coat bought for a growing child at an August sale for wearing in December. Will it still fit the wearer?

Be a planner and a wise shopper and your sale purchases will really be good buys.

Society 5 on June 18 in Quarryville.

On June 23 Society 5 will be serving the noon meal at a field day at the Penn State Research Farm.

A report was given on the state spring rally held at Dickinson College in May.

The next meeting of Society 5 will be held at 1:30 p.m. on June 27 at the Leola Family Restaurant. A book review will be given by Mrs. Mabel Nauman.

Lancaster Co. Society 14

Farm Women 14 of Lancaster County met recently at the Youth For Christ Center for their Mother and Daughter banquet.

Viola Hostetter presented geraniums to some of the lucky ladies. Also each teenager and youngster was given a candy bar.

President Miriam Leaman conducted a short business meeting following the dinner. Twenty dollars will be given to United Cerebral Palsy.

We will be sponsoring a bus trip to New York City on May 30.

Carolyn Stoltzfus was first prize winner in the cake decorating contest at Plain and Fancy Restaurant.

Members were entertained by

Troubadour Roy Denlinger accompanied at the piano by Erma Brubaker. Mrs. Mabel Shaubach gave us an interesting demonstration on preparing and arranging unique sandwiches.

The next meeting will be June 10, at noon at the Farm and Home Center.

Lancaster Co. Society 28

Society 26 held their May meeting in the home of Lucille Buckwalter.

Roll call was answered with a favorite antique. An interior decorator, Glen Landvater, gave a lecture on furniture styles, proper window treatment and furniture arrangement. A tour of his home and antique collection followed the meeting.

In June the women will take a day bus trip to Baltimore Inner Harbor for shopping and sight-seeing.

Cumberland Co. Society 20

Farm Women 20, from Cumberland County, met recently at the home of Pat Deitch, Yellow Breeches Rd., Carlisle.

A short business meeting was held by president Jean Basehore. A motion was made to give the Dairy Princess Contest \$50.

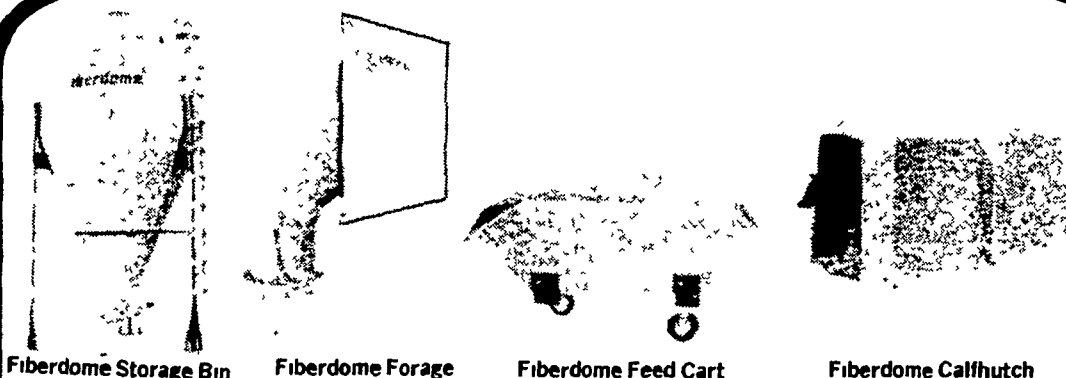
The picnic committee chairman, Velma Fertenbaugh, announced that the annual family picnic will be held July 19 at the Monroe Township Municipal Building.

A swimming party for the members and their husbands will be held August 2 at the home of Mr. and Mrs. Roger Hoke.

The program for the evening was a ceramic demonstration. Each member painted a ceramic rolling pin flower container. Each one used the color scheme to match her kitchen. The results were all very pretty.

The June meeting will be held at the home of Velma Fertenbaugh.

(Turn to Page C12)



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