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Berks Co. Society 1

Society 1 met April 8 at the home of Mrs. Kenneth Bock, Earlville, with 19 members present. Miss Cathy Yanos, RN, B.S., showed a film and discussed "Changing Your Life Style to Improve Your Health" which was followed by a question and answer period and blood pressure readings of several members.

The group will serve food at two farm and home sales later in the month.

Sixteen members will attend the state spring rally in Carlisle on April 22.

The next meeting of Group 1 will be at the home of Mrs. Warren S. Haas in Armtville on May 13.

Berks Co. Society 3

Berks County Farm Women 3 held a breakfast meeting at the Oley Legion Diner, Oley. Fifteen members attended.

Members went to the home of Mrs. Richard Loeb R2 Oley to quilt and have lunch.

Mrs. Harvey Moyer, president, reminded the women of the Bingo Party at the Berks Heim for guests on April 9 at 7 p.m. and the

Lancaster Co. Executive Board

The Executive Board of the Farm Women of Lancaster County met Tuesday, April 7, at Conestoga United Methodist Church.

Thirty-Two society presidents answered the roll call.

Each county president brought her vote for the Lancaster County project for 1981. The project for the year is 4-H.

A pink Dogwood tree will be planted at Penn Hill Meeting House for a memorial of Mrs. Richard Edwards, deceased past president from Society 11.

The state project for 1981 is quilting and the state youth project

is drawing, painting, and crafts. Homemakers days were changed from October 19 and 20 to October 26 to 27 because of Lancaster County Farmers Assn. Days.

Lancaster Farm Women Convention will be November 7.

The next meeting of Executive Board will be held June 2.

Learn about hamburger

LITITZ — Virtually all the questions ever asked about the perennial American favorite - the hamburger - are answered in a recently revised brochure issued by the U.S. Department of Agriculture's Food Safety and Quality Service.

If you have ever wondered what kind of beef is ground beef made...why it's often red on the outside and grayish brown on the

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For a free copy of "Hamburger - Questions and Answers" write to: Information Div., U.S. Dept. of Agriculture, 26 Federal Plaza (Room 1653), New York, NY, 10278.

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