

Soybean Foundation names president

Ladies Have You Heard?

By Doris Thomas
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THAT EGGNOG HAS ENGLISH ANCESTRY

Nog comes from the word, "noggin," meaning a small drinking vessel with an upright handle. Eggnog has been popular in England for centuries, but it probably came from the Canary Islands or Spain because it contains wine. Eggs, milk, ale or sack, a dry wine, are standard ingredients for eggnog.

Throughout its early years, eggnog was known by many other names: egg-pop, custard posset, syllabub, milk punch, flip, one yard of flannel and auld man's milk. Instructions for making it appeared in diaries and travel notes. Later it was included in cookbooks under "Invalid Foods".

However, according to travel diaries, many comforted themselves with eggnog enroute to their destinations. And eggnog was found at a number of taverns, so it didn't take much persuasion to use it for socializing while engaged in holiday travel.

Eggnog parties were very popular in the nation's capital during the whole period between Christmas and New Year's. Members of the Cabinet and Congress as well as Washington socialites looked upon this time as a good season to make their rounds. Southerners, then and now, keep a pitcher of eggnog refrigerated for such a time as callers appear.

Whether you make your own or buy it ready-made, eggnog is an easy refreshment to serve during the holidays. It's a sip-able way to toast your friends

with a "Merry Christmas or "Happy New Year

ABOUT HOW TO STORE CHOCOLATE

Chocolate is becoming more and more of a precious commodity as the price indicates. If you received chocolates for Christmas and want to portion out the goodies past the holiday season, here are some tips on how to store chocolate.

Chocolate can be stored successfully because the cocoa butter in chocolate is a stable fat and keeps for years at room temperature. It's the cocoa fat in chocolate that makes it melt in your mouth, unlocking the taste.

But this same cocoa fat can also cause chocolate to "bloom." When exposed to high temperatures the cocoa butter will melt and rise to the surface. When the chocolate rehardens a gray film on the surface remains. This is called bloom. Chocolate with bloom is perfectly safe to eat but it may not be as creamy as when it was bought fresh.

To get the full benefit from chocolate, follow these simple rules:

- Keep chocolate away from moisture
- Refrigerating or freezing chocolate is not desirable. When chocolate warms, or is defrosted, moisture may form on the surface and cause "bloom."
- Ideal conditions for storing chocolate are over 60° to 70° F and about 50 percent humidity.
- In hot weather, keep chocolate in a cool place. Over 80° F milk chocolate will begin to soften, over 85° F it will begin to melt.

ST. LOUIS, Mo. Arthur Goeken of Delavan, Illinois, has been elected President of the American Soybean Development Foundation.

He began his term of office at the Foundation's December board of directors meeting in St. Louis.

Also elected were Vice President Carl Gangwish of Shelton, Nebraska; Secretary James Ferguson of Cainoun City, Mississippi; Treasurer Mike Willette of Delavan, Minnesota; and Assistant Treasurer Andrew Whisenhunt of Bradley, Arkansas.

The 36 soybean growers who serve as directors of the American Soybean Development Foundation have been elected as representatives by their state soybean promotion boards. Producers in 23 states, who invest one-half to one cent per bushel in state soybean grower investment programs, are represented on the Foundation's board of directors. Directorships are allocated on the basis of funding, with a maximum of

three representatives per state.

Funds forwarded to the Foundation by the 23 state promotion boards are invested in overseas market development, soybean research and education programs. Programs are selected and funded on their ability to promote profitable soybean production.

The Foundation contracts with the American Soybean Association to conduct activities on behalf of the grower investment program.

Soybeans are now the nation's top cash crop and No. 1 agricultural export. The soybean's two basic products — soy oil and soybean meal — are important in both human and animal diets and have many industrial uses.

U.S. soybeans must compete with other oilseeds and soybeans produced in other countries for their share of the world market. Soybean growers opened the first soybean market

development office 25 years ago when soybean exports accounted for 25 percent of a 450 million bushel crop. This year, one out of every two rows of a 2.3 billion bushel 1979 crop made their way to foreign markets.

Through the nine foreign offices of the American Soybean Association, soybean growers conduct work to maintain their market share and to develop and expand market opportunities in 76 countries. As a result, U.S. farmers

now export more soybeans than were grown just 12 years ago.

Soybean research projects selected by the Foundation for funding are developing ways to boost production efficiency and increase soybean demand. Production research has helped farmers cut harvesting losses and provided them with improved soybean varieties. Utilization has created new and improved uses for soybean and soybean products.

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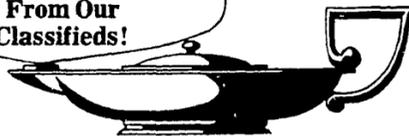
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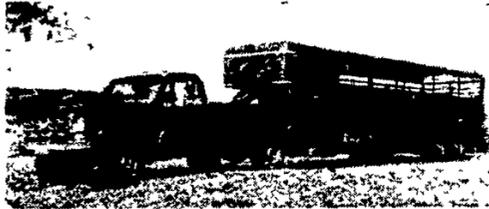
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