Home on the Range

(Continued from Page C6)

Eggnog Has English Ancestry

Nog comes from the word, "noggin," meaning a small drinking vessel with an upright handle Eggnog has been popular in England for centuries, but it probably came from the Canary Islands or Spain because it contains wine. Eggs, milk, ale or sack, a dry wine, are standard ingredients for eggnog.

Throughout its early years, eggnog was known by many other names: egg-pop, custard posset, syllabub, milk punch, flip, one yard of flannel and auld man's milk. Instructions for making it appeared in diaries and travel notes. Later it was included in cookbook under "Invalid

However, according to travel diaries, many comforted themselves with eggnog en route to their destinations. And eggnog was found at a number of taverns, so it didn't take much persuasion to use it for socializing while engaged in holiday travel.

Eggnog parties were very popular in the nation's capital during the whole period between Christmas and New Year's. Members of the Cabinet and Congress as well as Washington socialties looked upon this time as a good season to make their rounds. Southerners, then and now, keep a pitcher of eggnog refrigerated for such a time as callers appear.

Whether you make your own or buy it ready-made, eggnog is an easy refreshment to serve during the holidays. It's a sip-able way to toast your friends with a "Merry Christmas" or "Happy New Year."

HOT SPICED EGGNOG Saucepan, 1 quart, Yield: 2 cups

1½ cups dairy eggnog

½ cup milk

1 stick cinnamon

1/8 teaspoon ground cloves

In saucepan combine eggnog, milk, cinnamon and cloves. Heat to summering point, stirring occasionally Remove cinnamon stick Top each serving with sweetened whipped cream and a dash of nutmeg

Heather Mae Stoltzfus, Paradise

FROTHY EGGNOG Yield: 3 quarts

8 eggs

3/4 cup sugar

1/2 teaspoon salt

1-2 tablespoons rum extract OR brandy extract

1 teaspoon vanilla 2 quarts milk

1 cup whipping cream Nutmeg

In a large mixing bowl beat eggs at high speed of mixer, until thick and foamy Gradually add sugar and salt, then rum and vanilla extracts At low speed gradually add milk. Cover and chill Just before serving, whip cream; fold into eggnog Pour into punch bowl Serve garnished

with nutmeg. Pamela Richardson, Elverson

CHRISTMAS WALNUT KISSES

6 egg whites

1 lb sugar, either 4X or granulated

Beat in mixer ½ hour at medium speed Fold in 2 cups black walnuts. Bake 325°F. for 15 minutes

Mrs. Carl S. Bacon, Felton



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Extension to offer estate planning course

CARLISLE - Learn about farm estate planning at seminar for estate planning professionals on farm estate planning is scheduled for 9 a.m. January 8, 1981 at "The Embers" Carlisle by the Extension Service of Penn State.

The program, which has been organized by Area Farm Management Agent, Roland Freund, aims to equip accountants, attorneys, bank trust officers, insurance agents and family financial planners with a better understanding of the problems of farm families

Income tax implications of farm estate planning will be discussed by Jeffrey S. Wachs, Esquire of Lancaster. Farm partnership agreements are to be presented by M. Elvin Byler, Esquire, of Lancaster. Anthony Campolo of Eastern

College, St Davids will analyze the problems of motivating the farmer chent.

Richard L. Campbell, Esquire, of State College will give the practical application and drafting of trust agreements for farm families.

The program will conclude with a farm estate planning update by Frederick A. Hughes, Farm Management Specialist of Penn State University

An advance registration is required with a remittance of \$25. per participant. County Extension Offices in Adams, Cumberland, Dauphin, Franklin, Lancaster, Lebanon, Perry and York Counties have flyers and registration forms for the event

Further information can

"Real Live 4-H'ers" program available

LEBANON — Lebanon County groups are invited to learn more about 4-H from four Real Live 4-H'ers

The after-dinner program is designed to tell groups about the county 4-H program in a light, yet serious, way

The teens will answer questions about all parts of the 4-H program They will also present a fun 4-H quiz and present an informative picture of the total 4-H program

The Real Live 4-H'ers ınclude. Greg Allwein, Megan Connor, Michelle Noll, and Beth Ann Shiner

According to Linda Rohrbach, County 4-H get a good idea of what 4-H is all about from these kids They are active in local, county, and state 4-H.'

The Real Live 4-H'er program is the creation of Linda and the four teenagers "Last summer they got special training at Penn State for this We wanted to put the training to use' Planning began this fall.

Groups interested in the program can contact Linda at her office-274-2801.

Last year over 1000 youth in Lebanon County were involved in the 4-H program Membership is open to all youth without regard to race, color, or national orıgın



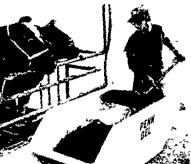
December 21st and 28th 7:30 p.m. All Welcome!

be abstained by contacting Roland Freund at the York

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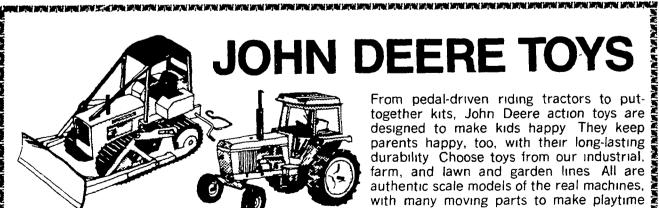
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