

Chicken cook off held in Georgia

ATLANTA, Ga. — A young career woman who is a naturalist at the Smithsonian Institution in Washington, D.C., captured the \$10,000 top prize in the 1980 National Chicken Cooking Contest.

Shelia Hoban, representing the District of Columbia, called her recipe Capital Chicken Casserole. It is a tasty combination of cut-up chicken parts cooked with fresh mushrooms and artichoke hearts, seasoned with wine.

Placing second and winning \$4000 was Hedy Penney, a Utah widow and grandmother who was taught to cook as a child by her German mother. Her Creamy Lemon Chicken is made with chicken breast halves topped with whipped cream.

Other winners in the 32nd annual chicken cook-off were:

Catherine Rita Rooker of Arkansas, who placed third and won \$3000 for her Chicken Zucchini Parmesan; Wilfred J. Caligari of North Carolina, national field director of the Miss America Pageant whose Chicken Escalope Gourmet won the \$2000 fourth prize; and Mary Lou Berndt of Kansas, who was fifth and won \$1000 for her Sunshine Chicken Pie.

The contest is sponsored each year by the National Broiler Council, trade association of the industry, to encourage the creative use of chicken. A contestant from each state and the District of Columbia cooked more than 300 pounds of chicken simultaneously in mini-kitchens.

The chicken cook-off is the nation's oldest annual chicken cooking competition, dating back to 1949. It is held each year in a different broiler-producing state and was hosted this year by Georgia, which ranks second in poultry production. Next year's contest will be in Ocean City, Maryland.

To obtain an entry blank and information about the 1981 National Chicken Cooking Contest, send a self-addressed, stamp envelope to: Chicken Contest, Box 28158 Central Station, Washington, DC 20005.

CAPITAL CHICKEN CASSEROLE

- 1 broiler-fryer chicken, cut in parts
- 4 tablespoons butter
- 1 tablespoon cooking oil
- 1 package, 8 ounces, fresh mushrooms, sliced
- 1 tablespoon flour
- 1 can, 11 ounces, cream of chicken soup
- 1 cup dry white wine
- 1 cup water
- ½ cup cream
- 1 teaspoon salt
- ¼ teaspoon tarragon leaves
- ¼ teaspoon pepper
- 1 can, 15 ounces, artichoke hearts, drained
- 6 green onions, green and white parts included, chopped
- 2 tablespoons chopped parsley

In a large frypan, place butter and oil and heat to medium temperature until butter melts. Add chicken and cook, turning, about 10 minutes or until brown on all sides. Remove chicken and place in baking pan or casserole. In same frypan, saute mushrooms about 5 minutes or until tender. Stir in flour. Add soup, wine and water; simmer, stirring, about 10 minutes or until sauce thickens. Stir in

cream, salt, tarragon and pepper; pour over chicken. Bake, uncovered, in 350°F. oven for 60 minutes. Mix in artichoke hearts, green onions and parsley. Bake about 5 more minutes or until fork can be inserted in chicken with ease. Makes 4 servings.



Michael Burgard, R1 East Berlin, is shown with his Grand Champion at the York County 4-H Swine Club show held at Sechrist Sales. Also shown is Robert Sechrist, of Hatfield Packing, who purchased the champ for \$3.10 a pound. Michael also had the Grand Champion pair, purchased by Penn Pack. Brother, Gary, followed with the Reserve Champion pair, purchased by Thomas Meats, Shrewsbury. A total of 74 participated in the show.

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