Vegetable recipe contest to run at Ag Progress Days

HARRISBURG Vegetables will be in the spotlight August 20 at the Pennsylvania Vegetable Recipe Contest ag Ag Progress Days at Rock Springs, Centre County, according to Pennsylvania Agriculture Secretary Penrose Hallowell.

Any vegetable recipe using Pennsylvania grown vegetables as a main ingredient in any form may be entered. Persons 18 years older, without professional food status, are invited to enter.

Twelve finalists will be chosen to prepare their

Saturday, June 14

Lancaster Co. Society 25 will

Lancaster Co. Society 19 will

be the speaker.

speaker.

disease.

Hauseman.

demonstration.

Grace Myers.

meet at the home of Helen

Mylın. Jean Pulanka will

meet at 1:30 p.m. at the

home of Lucetta Long.

Lucinda Landis, Dairy Princess will be the

Monday, June 16

Lancaster Co. Society 31 will

Tuesday, June 17 Berks Co. Society 6 will meet at the home of Sallie

Dauphin Co. Society 16 will meet at the home of

Thursday, June 19 Cumberland Co. Society 15

Cumberland Co. Society 10

will meet at the home of

Martha Hertzler. There will be a soft sculpture

meet at the home of Ann

Risser at 7:30 p.m. for a

talk on farmer's lung

recipes on August 20 with a time should be stated. top price of \$100 awarded to the first place winner. The runner-up will receive \$50, while the third and fourth place contestants will each receive \$25.

The vegetable dishes will be judged on the following basis: taste, 40 points; ease of preparation and practicality, 20 points; originality, 20 points; and appearance, 20 points.

The recipes must be specific, but brand names may not be used. The recipe must be prepared as submitted, and number of servings and preparation

Saturday, June 21

Lancaster Co. Society 18 will

meet at the home of Mrs.

James Eshelman at 1:30

p.m. Roberta Shepardson

will give a review of the

meet at the home of Vivian Stauffer for a

program of tinsel pain-

ting by Beatrice Hoff-

meet at the home of Ruth

Musser for a safety

Lancaster Co. Society 8 will

Heritage Cookbook.

Lancaster Co. Society 3 will

Recipes will be screened by a panel of judges and the top twelve entries will be notified of their selection. Finalists will be requested to bring their complete dish to Ag Progress Days on August Facilities for refrigeration and/or reheating entries will be available. The sponsors assume no responsibility for the expense of any con-

testant. The winning vegetable recipes with their proper preparation will be featured and used to promote the vegetable industry of Pennsylvania The contest is

sponsored by the Pennsylvania Vegetable sylvania Growers, the Pennsylvania Department of agriculture and the Pennsylvania State Cooperative Extension Service.

Each contestant may submit one recipe which should be typed and submitted in triplicate to: Judi Chairman, Keefer, Schuylkill County Extension Service, Box 250, Schuylkıll Haven, PA 17972, 717-385-3431. Entry deadline is July 16, 1980. In case of duplicate recipes, the one with the earliest postmark will be

Sewing seminar slated

LANCASTER - An educational day for the home sewer will be held June 18, from 12 noon to 8 p.m. at the Lancaster Farm and Home Center. Registration of \$1 is payable at the door.

This day long event will feature demonstrations and displays from eight major sewing product companies.

In addition, extension home economists, sewing teachers, and other talented

seamstresses will show how to make piping, make tote bags, sew T-shirts, apply sleeve plackets, work with plaids, sew with velour and terry, and much more.

Each person attending will receive a packet of educational materials donated by other home sewing companies. Sewing reference books will be given as door prizes.

Farm Women Societies

(Continued from Page C5)

Answer to roll call was to name our favorite museum. Devotions were in the

charge of Mary Swan. Final plans were made for the Bus trip June 3.

Mrs. Wood & Mrs. Boaz gave a report of the Spring Rally which was held in York May 1st.

Mary Swan reported on the sewing at Lancaster General Hospital.

Plans were made for a pienie in Mrs. Brabson's yard June 28.

Helen Shaub, Grace Ann Ghose & Mary Trimble were appointed to make plans for the Anniversary Luncheon in August.

Lancaster Co. Society 28

Lancaster 28 met for a mother and daughter banquet at the Hershey Farms Restaurant.

Music was provided by David and Joanne Wenger. Our speaker was Mrs. Newcomer who presented her doll collection and spoke all about dolls.

Our next meeting will be held on Thursday, June 26 at Witmer's Greenhouses. Don Deiter will speak on hous plants and foliage care.

York Co. Society 12

NEW BRIDGEVILLE -Friendly Society of Farm Women Group 12 met at the home of Mrs. Carl S. Bacon with 19 members and 2 guests attending.

A poem "Where There Is Love" was read by President Mrs. Donald Lanius. A prize was won by Mrs. Ruth Runkle.

Plans were formulated for the June meeting. The annual family picnic will be held June 24, at 12 noon at Long Level, featuring a covered dish luncheon.

The date for the annua York County Farm Womer picnic was announced, July 31, at Bair 4-H Center.

Following the meeting and refreshments served by th hostess, a plant sale wa held netting a profit of a proximately \$40.

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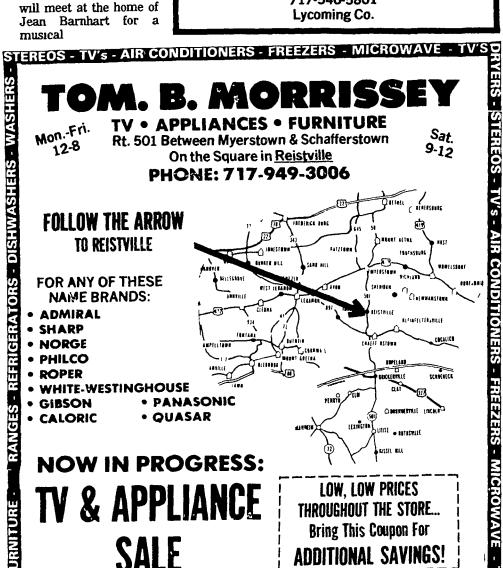
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