

Egg, dairy, meat groups praise new diet statement

LITITZ — The National Commission on Egg Nutrition stated its approval of the National Academy of Sciences' newest statement on cholesterol, but, more specifically, the courage attendant upon media coverage of the NAS statement.

NCEN Chairman John Wallace explained that Americans had been warned of the dangers of dietary cholesterol for decades without mention of dissenting scientific opinion.

Also supporting the Academy's statement were

the National Dairy Council, United Egg Producers, and the National Livestock and Meat Board.

"NCEN has cautioned that medical advice — nutritional or otherwise — is not a matter for government edict," Wallace stated. "The cholesterol controversy is unique in that respectable scientists with opposing views have examined the body of data and have come to diametrically opposed conclusions."

"Recent research studies have shown that the relationship between dietary cholesterol and serum cholesterol — that is, cholesterol circulating in the blood — is not clearly defined. Many scientists believe, following ex-

perimentation, that dietary cholesterol does not elevate serum cholesterol.

"Frightening people about cholesterol deprives them of nutritious and wholesome foods," Wallace stated.

"Eggs, for example, are not only the best available protein in the human diet — they are also the most economical source of complete protein."

Wallace praised the media for calling the national Academy of Sciences' report to the attention of the American public in the face of government guidelines based on outdated findings.

The National Academy of Sciences' Food and Nutrition Board is the scientific body which establishes recommended dietary allowances

Pest report available

NEWARK, Del. — Delaware farmers interested in receiving information that will help them control insect and disease problems on their crops over the present growing season can receive regular mailings of the 1980 "Integrated Pest Management Report".

The weekly report is published jointly by extension specialists at the University of Delaware and the University of Maryland.

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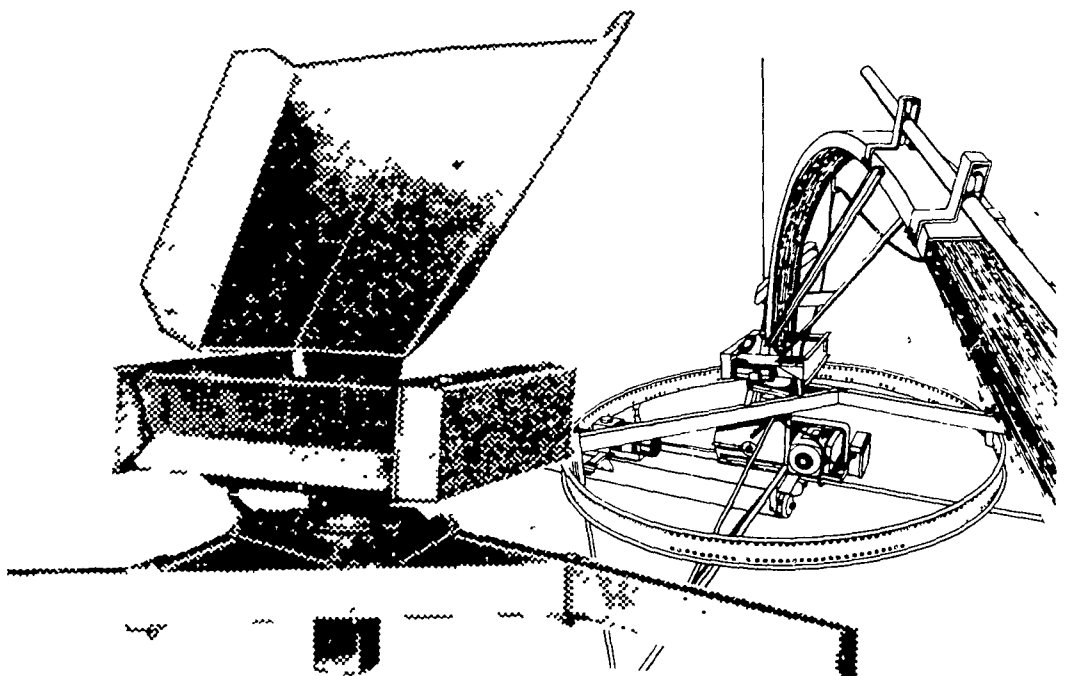
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